

Blinding Lights

Count: 48

Wall: 2

Level: Improver

Choreographer: Ann-Kristin Sandberg (NOR) - January 2020

Music: Blinding Lights - The Weeknd : (iTunes)



Intro: 16 counts from the beat

Kicks x 2-Point-Touch-Flick-Side-Together-Side-Touch-Side-Touch-Side-Touch

- 1&2& Kick R forw, Step R next to L (bend knees), Kick L forw, Step L next to R (bend knees)
- 3&4& Point R out to R side, Touch R next to L, Point R out to R side, Flick R up behind L
- 5&6& Step R to R side, Step L next to R, Step R to R side, Touch L next to R
- 7&8& Step L to L side, Touch R next to L, Step R to R side, Touch L next to R

Side-Together-1/4 turn L-Scuff-Step-Pivot 1/4 turn L-Kick & Rock recover-Kick-Walk & Clap

- 1&2& Step L to L side, Step R next to L, 1/4 turn L stepping L forw, Scuff R forw (F 09)
- 3&4& Step R forw, Pivot 1/4 turn L, Kick R forw, Step R forw (F 06)
- 5&6& Step L to L side, Recover onto R, Kick L forw, Step L forw
- 7&8& Step R forw, Clap, Step L forw, Clap

Side-Rock recover-Side-Rock recover-Rumbabox

- 1-2& Step R to R side, Step L backw, Recover onto R
- 3-4& Step L to L side, Step R backw, Recover onto L
- 5&6 Step R to R side, Step L next to R, Step R forw
- 7&8 Step L to L side, Step R next to L, Step L backw

Lock steps-Back-Rock recover-Walk & Clap

- 1&2 Step R backw, Lock L in front of R, Step R backw
- 3&4 Step L backw, Lock R in front of L, Step L backw
- 5&6& Step R backw, Recover onto L, Step R forw, Clap
- 7&8& Step L forw, Clap, Step R forw, Step L next to R & clap at same time

Rock recover-Lock steps-Rock recover-Lock Steps

- 1&2& Step R forw, Recover onto L, Step R backw, Recover onto L
- 3&4 Step R forw, Lock L behind R, Step R forw
- 5&6& Step L forw, Recover onto R, Step L backw, Recover onto R
- 7&8 Step L forw, Lock R behind L, Step L forw

Step-Pivot 1/2 turn L-Step-Pivot 1/2 turn L-Cross-Back-Side-Forw

- 1-2 Step R forw, Pivot 1/2 turn L (F 12)
- 3-4 Step R forw, Pivot 1/2 turn L (F 06)
- 5-6 Cross R over L, Step L backw
- 7-8 Step R to R side, Step L forw

RESTART: Wall 3 after 32 Counts F 06

ENJOY DANCING & HAVE FUN!

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