Genetics

Count: 96 **Wall:** 1 **Level:** Phrased Advanced
Choreographer: Rebecca Lee (MY) - October 2019
Music: Genetics - Meghan Trainor : (2:58)

Intro : Start after 16 counts (app. 8 sec. into track)
Sequence: AA B C , AA B C C(16 counts) AA C C(16 counts)

Part A: 16 counts
[1 – 8] Step Hold, Ball Step Touch, ¼ Turn L Heel Grind

1-2	Step R to R side (1) Hold (2) 12:00
&3,4	Step L next to R (&) Step R to R side (3) Touch L behind R (4) 12:00
5-6	¼ turn R step L back and grind R heel from L to R (5), Step R back while grind L heel from R to L (6) 3:00
7-8	Step L back while grind R heel from L to R (7) Step R back while sweep L from front to back (8) 3:00

[9 – 16] Behind Side Cross, Slide ,Drag , Cross ,Back, ¼ Turn R Ball Cross, Knee Pop

1&2	Step L behind R (1), Step R to R side (&) Cross L over R (2) 12:00
3-4	Big Step R to R side (3) Drag L slowly to R (4) 12:00
&5-6	Step L beside R (&) Cross R over L (5), Step L to L side (6) 6:00
&7&8	¼ turn R step R to R side (&), Cross L over R (7) Lift both heel up as you pop both knee forward (&) Recover both heel down (8) 6:00

Part B: 32 counts
[1 – 8] Diagonal Rock , Behind Side, ½ Turn Step Touch

1- 2	Rock R to R diagonal (1), Recover L (2) 1:30
3- 4	Rock R to R diagonal (3), Step L back with weight transfer to L (4), 1:30
5- 6	Step R back (5) 3/8 turn L step L forward (6) 9:00
7- 8	¼ turn L Step R to R side (7), Touch L in place (8) 6:00

[9 – 16] Step Touch, Side Rock , Jazz Box

1- 2	Step L in place (1) Touch R in place (2) 12:00
3- 4	Rock R to R side (3) Recover L (4) 10:30
5- 8	Cross R over L (5) Step L back (6) Step R to R side (7) Cross L over R (8) 10:30

[17 – 24] Diagonal Rock , Behind Side, ½ Turn Step Touch

1- 2	Rock R to R diagonal (1), Recover L (2) 9:00
3- 4	Rock R to R diagonal (3), Step L back with weight transfer to L (4), 9:00
5- 6	Step R back (5) 3/8 turn L step L forward (6) 9:00
7- 8	¼ turn L Step R to R side (7), Touch L in place (8) 9:00

[25 – 32] Step Touch, Side Rock , ¾ Turn Box

1- 2	Step L in place (1) Touch R in place (2) 12:00
3- 4	Rock R to R side (3) Recover L (4) 12:00
5- 6	Slide R to R side (5) ¼ turn L Step L to L side 9:00
7- 8	¼ turn L Step R to R side, ¼ turn L step L to L side 3:00

Part C: 48 counts
[1 – 8] ¼ Turn L Slide R, Ball Cross , Rock Recover , Ball Step, ChaseTurn

1 – 3	¼ turn L Big Step R to R side (1) Drag Left to R (2,3) 12:00
&4	Step L next to R (&) Cross R over L (4) 10:30

5- 6	Rock L forward (5) Recover R (6) 10:30
&78	Step L next to R (&) Step R forward (7) ½ turn L weight transfer to L (8) 4:30

[9 – 16] 3/8 Turn L Ball Cross, Hold, Sailor R, Sailor L

&12	Step R forward (&) 3/8 turn L Cross L over R (1) Hold (2) 12:00
3– 4	Rock R to R side (3) Recover L (4) 12:00
5&6	Step R behind L (5) Step L to L side (&) Step R to R side (6) 12:00
&7&8	Step L behind R (&) Step R to R side (7) Step L to L side (&) Step R slightly behind L while sweep L from front to back slowly (8,) 12:00

[17 – 24] Sweep, Behind Side Forward, Hitch,

1,2&3	Sweep (1) Step L behind R (2) Step R to R side (&) Step L forward to 1.30 (3) 1:30
4&5	Hitch R knee (4) ¼ turn R Step R back (&) Point L to L (5) 4:30
6 - 7	½ turn L Step L forward as you sweep R front to side 10:30 (6) ½ turn L Step R back as you sweep L back to side (7) 4:30
8 3	/8 turn L Step L forward as you sweep R from back to front (8) 12:00

[25 – 32] Cross Shuffle , Out Out, Hold , Arm Movement

1&2	Cross R over L (1) Step L to L side (&) Cross R over L (2) 12:00
&34	Step L back to L side (&), Step R back to R side (3) Hold (4) 12:00
5&6&	Bring up R arm in front of R shoulder as your palm facing L while bring L arm to L waistline with palm facing R (5) Flip R arm down to R waistline while L arm flip up to place in front of L shoulder (&) Push R arm to L side of the waist as Push L arm to R shoulder (6) Bring R arm back to R waist and bring L arm back to L shoulder (&) 12:00
7&8&	Flip R arm up to R shoulder and Flip L arm down to L waist (7) Push R arm across to L shoulder while L arm stay at L waist, remain unmoved (&) Flip R arm down to meet L arm (&) Push both arm across the waist to R waist while transfer weight to R ready to shake (8) 12:00

[33- 40] Hip Bump R, Ball Cross , Hip Bump L, Ball Cross

1&2&	Bump R hip to R side (1) Recover L (&) Bump R hip to R (2) Recover L (&) 12:00
3&4	Bump R hip to R side (3) Step L next to R (&) Cross R over L (4) 12:00
5&6&	Bump L hip to L side (5) Recover R (&) Bump L hip to L (6) Recover R (&) 12:00
7&8	Bump L hip to L side (7) Step R next to L (&) Cross L over R (8) 12:00

[41- 48] Side Rock, Ball Step,Hold, Arm Movement

1- 2	Rock R to R side (1) Recover L (2) 12:00
&34	Step R to L (&) Step L to L (3) Hold (4) 12:00
5&6&	Bring up R arm in front of R shoulder as your palm facing L while bring L arm to L waistline with palm facing R (5) Flip R arm down to R waistline while L arm flip up to place in front of L shoulder (&) Push R arm to L side of the waist as Push L arm to R shoulder (6) Bring R arm back to R waist and bring L arm back to L shoulder (&) 12:00
7&8&	Flip R arm up to R shoulder and Flip L arm down to L waist (7) Push R arm across to L shoulder while L arm stay at L waist remain unmoved (&) Flip R arm down to meet L arm (&) Push both arm across the waist to R waist while transfer weight to R ready to shake (8) 12:00

*** On 2nd & 3rd wall, after you done with the 48counts repeat counts 32-48 and Step R with weight to restart Part A.**

****At wall 3, at the end of Part A you will be finishing at 12:00, drop of the ¼ turn to L of Part C, make a big slide to R on count 1.**

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