Roll With Me

Count: 80 **Wall:** 1 **Level:** Phrased Intermediate

Choreographer: José Miguel Belloque Vane (NL), Jean-Pierre Madge (CH), Tim Johnson (UK), Rebecca Lee (MY) & Daniel Trepat (NL) - June 2019

Music: Roll With Me (feat. Shungudzo & ZieZie) - Bantu & Jonas Blue

Sequence – AAB CC AAB CA B

A 16

A1: Step Sweep, Rock Forward/Recover, Back, no no, Cross, Back, Side, Cross, Side, brush Clap Clap

1,2&	(1) Step L forward sweeping R from back to front; (2) Rock R forward; (&) Recover weight back into L;
3,&4	(3) Step R back, bring left arm up to chest height with index finger pointing up; (&) swivel left heel out, as you move index finger to left side (4) swivel left heel in, as you move index finger to right side
5,&6	(5) Cross L over R (&) Step R back; (6) Step L to left
&7,&8	(&) Cross R over L; (7) Step L to left; (&) brush R foot though & Clap; (8) Clap

Step, Rock Forward/Recover, Coaster Step, Out Out, Back, Together, Body Roll

1,2&	(1) Turn 1⁄8 R as you Step down on R ; (2) Rock L forward; (&) Recover weight back into R;
3&4	(3) Step L back; (&) Step R next to L, (4) Step L forward
5&6&	(5) Step R out to right with heel; (&) Step L out to left with heel; (6) Step R back; (&) Step L beside R
7,8	(7)Turn 1⁄8 L as you body roll, (8)finish weight on R.

Optional for section B : if you floor split half front, half back, the « front » need to do 5/8 when they roll back the 2nd time on count 7,8 to face to face 6'. Now they start B fcing the half back who did a 1/8 they are facing 12' … it's like a battle

B 32

Side body rolls x3, Rock, Cross Back

1,2	(1) point R to R starting a Body Roll, (2) finish the body roll and put the weight on R
&3,4	(&) Step L beside R (3) point R to R starting a Body Roll,(4) finish the body roll and put the weight on R
&5,6	(&) Step L beside R (5) point R to R starting a Body Roll,(6) finish the body roll and put the weight on R
&7&8	(&) Step L beside R; (7) Rock R to R; (&) Recover weight back into L; (8) Cross R behind L

Side body rolls x3, Step Together Step

1,2	(1) point L to L starting a Body Roll, (2) finish the body roll and put the weight on L
&3,4	(&) Step R beside L (3) point L to L starting a Body Roll,(4) finish the body roll and put the weight on L
&5,6	(&) Step R beside L (5) point L to L starting a Body Roll, (6) finish the body roll and put the weight on L
&7&8	(&) Step L beside R; (7) Step L to L (&) Step R next L (8) Step L forward

Turning Hip Rolls x3, Mambo Forward

1,2	(1) Step R forward; (2) Turn 1⁄4, left put your weight on L as you push your hip back and to right
3,4	(3) Step R forward; (4) Turn 1⁄4, left put your weight on L as you push your hip back and to right
5,6	(5) Step R forward; (6) Turn 1⁄4 left, put your weight on L as you push your hip back and to right
7&8	(7) Step R forward; (&) Recover weight back into L; (8) Step R beside L

Shuffle Left, Right, Forward, Walk x2

1&2	(1) Step L to left; (&) Step R beside L; (2) Step L to left. Roll your hands forward as you do the shuffle
3&4	(3) Step R to right; (&) Step L beside R; (4) Step R to right.Roll your hands forward as you do the shuffle
5&6	(5) Step L forward; (&) Step R beside L: (6) Step left forward. Roll your hands forward as you do the shuffle
7,8	(7) Turn 1⁄8 Step R forward, (8) Turn 1⁄8 Step L forward

Optional : if you want to have more fun, you can do the shuffles in any direction, as long as you keep the right counts and with the two walks you face the front to start C

C 32

Diamond, Walk x2, Shuffle forward

1&2	(1) Cross R over L; (&) Step L to left, (2) Turn 1⁄8 right as you step R back
3&4	(3) Step L back; (&) Turn 1⁄8 as you step R to right, (4) Turn 1⁄8 as you step left forward
5,6	(5) Step R forward, (6) Step L forward
7&8	(7) Step R forward, (&) Step L beside R, (8) Step R forward

Diamond, Walk x2, Shuffle forward

1&2	(1) Turn 1⁄8 left as you cross L over R; (&) Step R to right; (2) Turn 1⁄8 left as you step L back
3&4	(3) Step R back, (&) Turn 1⁄8 left as you step L to left, (4) Turn 1⁄8 left as you step R forward
5,6	(5) Step L forward, (6) Step R forward
7&8	(7) Step L forward, (&) Step R beside L, (8) Step L forward

Mambo, Back, Behind Side Cross, Paddle Turn

1&2	(1) Step R forward, (&) Recover weight back into L, (2) Step R back
3&4	(3) Step L back, (&) Turn 1⁄8 right as you step R to right, (4) Cross L over R
5,6,7,8	(5) paddle turn with R foot turning 1/8 to your R (5) paddle turn with R foot turning 1/8 to your R (6) paddle turn with R foot turning 1/8 to your R (7) paddle turn with R foot turning 1/8 to your R (8)

Back, Ball Step, Back Ball Step, Step Turn, Walk, Jump

1&2	(1) Step R back, (&) Step L to left, (2) Recover weight back into R
3&4	(3) Step L back, (&) Step R to right, (4) Recover weight back into L
5,6	(5) Step R forward (6) Turn 1⁄2 to left as you step L forward Point your L finger forward
7,8	(7) Step R forward and roll your hands, (8) Jump forward feet together and point yourself with your thumb

Smile and Start again !
