The Walk

Count: 32 **Wall:** 4 **Level:** Easy Beginner
Choreographer: Gerard Murphy (CAN) - June 2019
Music: Walk of Shame - Eight to the Bar : (Album: Calling All Ickeroos!)

Begin after 32 counts.

Music available on iTunes and Amazon (3:39 mins)

Note: Works well as a floor-split when other more improver or intermediate level dances are played to this fantastic track!

Rock Recover Coaster Step x 2

1,2	Rock forward on R, recover onto L
3&4	Step back onto R, step back onto L next to R, step forward onto R
5,6	Rock forward on L, recover onto R
7&8	Step back onto L, step back onto R next to L, step forward onto L

Walk Walk, Cha Cha Forward, Step ½ Pivot R, Cha Cha Forward

1,2	Step forward onto R, step forward onto L
3&4	Step forward onto R, close L behind R, step forward onto R
5,6	Step L forward, pivot ½ turn R shifting weight to R (6 o'clock)
7&8	Step forward onto L, close R behind L, step forward onto L

Kick Ball Change x 2, Step Diagonal R, Touch, Step Diagonal Left, Touch

1&2	Kick R forward, step onto ball of R in place, step onto L next to R
3&4	Kick R forward, step onto ball of R in place, step onto L next to R
5,6	Step R forward to R diagonal, touch L next to R
7,8	Step L forward to L diagonal, touch R next to L

Kick Ball Change x 2, Walk ¾ Turn R

1&2	Kick R forward, step onto ball of R in place, step onto L next to R
3&4	Kick R forward, step onto ball of R in place, step onto L next to R
5,6,7,8	Walk around stepping R, L, R, L while making a ¾ turn over R shoulder (3 o'clock)

REPEAT

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