One of Those

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Hana Ries (USA) - February 2018
Music: One of Those - Canaan Smith
or: How Long - Charlie Puth

Intro: 4 counts (Start dancing on the words “ball cap”) CW rotation
(Read R=right foot, L=left foot)

TOE STRUTS WITH HIP BUMPS, WALK IN PLACE WITH HIP ROLLS

1-2	Touch R toe forward and bump hips right, Step R heel down
3-4	Touch L toe forward and bump hips left, Step L heel down

During counts 1-4 travel slightly forward

5-8	Walk in place (R, L, R, L) and roll hips twice counter clockwise

Restart here on wall 4 (facing 9:00)

CROSS/RECOVER, CHASSE RIGHT, CROSS/RECOVER, ¼ TURN LEFT SHUFFLE FORWARD

1-2	Cross rock R over L, Recover to L
3&4	Step R to right, Step L next to R, Step R to right
5-6	Cross rock L over R, Recover to R
7&8	Turn ¼ left stepping L forward, Step R next to L, Step L forward

CROSS, POINT, CROSS, POINT, ROCK/RECOVER, SHUFFLE BACK

1-2-3-4	Cross R over L, Point L to left, Cross L over R, Point R to right

Option: Replace Cross/Points with Samba steps:

1&2	Cross R over L, Rock L to left, Recover to R
3&4	Cross L over R, Rock R to right, Recover to L
5-6	Rock R forward, Recover to L
7&8	Step R back, Step L next to R, Step R back

ROCK BACK/RECOVER, ½ TURN SHUFFLE BACK, ROCK BACK/RECOVER, KICK-BALL-CHANGE

1-2	Rock L back, Recover to R
3&4	¼ Turn right stepping L to left, Step R next to L, ¼ Turn right stepping L back
5-6	Rock R back, Recover to L
7&8	Kick R forward, Step ball of R slightly back, Step L in place

REPEAT

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