Feel Good

Count: 64 **Wall:** 4 **Level:** Country
Choreographer: Shane McKeever (N.IRE) - April 2016
Music: Don't It Feel Good - Home Free

Restart: on Wall 2

#16 Count Intro (approx. 8 secs from start of track)

[1-8] ☐Step Scuff, Jazz Box, Step Scuff, Jazz Box

1,2	Step Rf Fwd, Scuff Lf Fwd
3&4	Cross Lf in front of Rf, Step Rf to R side, Step Lf to L Side
5,6	Step Rf Fwd, Scuff Lf Fwd
7&8	Cross Lf in front of Rf, Step Rf to R side, Step Lf to L Side

[9-16] ☐Cross, Side Rock, Cross, ¼ Turn, Paddle ½ Turn

1,2	Cross Rf in front of Lf, Rock Lf to L side
3,4	Recover, Cross Lf behind Rf
5	Step Rf Fwd as you ¼ Turn R (facing 3.00)
6,7,8	1/8 Turn R as you touch Lf to L Side Pivoting of Rf (facing 4.30), ¼ Turn R as you touch Lf to L Side Pivoting of Rf (facing 7.30), 1/8 Turn R as you touch Lf to L Side Pivoting of Rf (facing 9.00)

[&17-24] ☐Together, Side Rock, Cross, Full Turn Hitch, Slide, Hold, Cross Rock, Side

&1,2	Step Lf next to Rf, Rock Rf to R Side, Recover
3,4	Cross Rf in front of Lf, Full Turn as you Hitch L Knee
5,6	Slide Lf to L, Hold
7&8	Cross Rock Rf in front of Lf, Recover, Step Rf to R Side

[25-32] ☐Cross, ¼ Turn, Touch x2, Step Sweep ½ Turn, Shimmy

1	Cross Lf in front of Rf,
2&3	¼ Turn R (facing 12.00) as you Touch Rf Fwd, Step Rf next to Lf, Touch Lf Fwd
&4	Step Lf next to Rf, Step Rf Fwd
5,6	Sweep Lf from Back to Front as you ½ Turn R (facing 6.00), Hold
7&8	Push R Shoulder Fwd, Push L Shoulder Fwd, Push R Shoulder Fwd

[33-40] ☐Cross Touch L, Cross Touch R, Step RF Diagonally, ½ Turn, ½ Turn Sweep☐

1,2	Cross Rf in front of Lf, Touch Lf to L Side
3,4	Cross Lf in front of Rf, Touch Rf to R Side
5,6	Cross Rf to L diagonal (facing 4.30), 1/2 Turn L finishing with weight on Lf
7,8	½ Turn L as you Step Rf back sweeping Lf Front to Back, Hold

[41-48] ☐Cross Behind, Step Diagonal, Heel Heel, Step Back, Together, Walk x3, Step Kick on Relevé

1,2	Cross Lf behind Rf, Step Rf Fwd as you 1/4 Turn R (facing 7.30)
&3&4	Step L Heel Fwd, Step R Heel Fwd (splitting weight between both Heels), Step Lf Back, Step Rf next to Lf
5,6	Step Lf Fwd, Step Rf Fwd
7,8	Step Lf Fwd, Rise on to the ball of Lf as you Kick Rf Fwd

Restart: happens after count 48 on wall 2, - 1/8th turn square up to wall 3
Bridge: happens after count 48 on wall 5 then after the Bridge you continue with count 49-64

[49-56] ☐Rock, Recover, Step Back, ½ Turn Step, Hitch, Side Shuffle

1,2	Rock Rf to R Fwd, Recover

3,4	Step Rf Back, Step Lf Fwd as you ½ Turn L (facing 1.30)
5,6	Hitch R knee as you square up to 12.00
7,8	Step Rf to R Side, Step Lf beside Rf, Step Rf to R Side

[57-64] ☐Jazz Box ¼ Turn, Side Touch, Elvis Walks

1,2	Cross Lf In front of Rf, Step Rf back as you ¼ Turn L (facing 9.00)
3&4	Step Lf to L Side, Touch Rf next to Rf
5,6,7,8	Step Rf to R Side as you invert R knee in, Step Lf to L Side as you invert L Knee in, Step Rf to R Side as you invert R knee in, Step Lf to L Side as you invert L Knee in

Begin Again

Bridge : on Wall 5 after count 48☐

1,2	Step Rf Fwd, Hold
3&4	Push R Shoulder Fwd, Push L Shoulder Fwd, Push R Shoulder Fwd as you drag Lf into Rf finishing with weight on Lf

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