Something In The Water (zh)

Count: 0 **Wall:** 2 **Level:** Intermediate/Advanced

Choreographer: Margaret Warren (AUS) - 2011年02月

Music: Something In the Water - Brooke Fraser

前奏： Start on Vocals, 16 beats (after the do do do's)

Part A A部份(64拍)

第一段 R Side, Tog, Kick Ball Cross, Toe Strut, Behind, Replace

1,2,3&4 Step R to side, step L beside R, kick R fwd, step on R, cross L over R 右足右踏, 左足併踏, 右足前踏, 右足踏, 左足於右足前交叉踏

5-8 Step R toes to side, drop heel, rock L behind R, replace on R (12)
右足趾右點, 右足踵踏, 左足於右足後下沉, 右足回復(面向12點鐘)

第二段 L Side, Tog, Kick Ball Cross, Toe Strut, Behind, Replace

1,2,3&4 Step L to side, step R beside L, kick L fwd, step on R, cross R over L 左足左踏, 右足併踏, 左足前踢, 右足踏, 右足於左足前交叉踏

5-8 Step L toes to side, drop heel, rock R behind L, replace on L (12)
左足趾左點, 左足踵踏, 右足於左足後下沉, 左足回復(面向12點鐘)

第三段 Side, Back, Cross, Hold, Side, Back, Cross, Hold

1-4 Step to side on R , step back on L, cross R over L, hold
右足右踏, 左足後踏, 右足於左足前交叉踏, 候

5-8 Step to side on L, step back on R, cross L over R hold (12)
左足左踏, 右足後踏, 左足於右足前交叉踏, 候(面向12點鐘)

第四段 Side, Behind, ¼ Turn, Scuff, Fwd, ¼ Turn, Step on R, Cross, Point

1-4 Step R to side, step L behind R, turning ¼ R step fwd on R, scuff L
右足右踏, 左足於右足後踏, 右轉90度右足前踏, 左足擦踢

5-8 Step fwd on L, turn ¼ R, step on R, cross L over R, point R to side (6)
左足前踏, 右轉90度右足踏, 左足於右足前交叉踏, 右足右點(面向6點鐘)

第五段 Behind Point, Behind Point, Back, Replace, Sway, Sway

1-4 Step R behind L, point L to side, step L behind R, point R to side
右足於左足後踏, 左足左點, 左足於右足後踏, 右足右點

5-8 Rock back on R, replace on L, sway R to side, sway L to side (6)
右足後下沉, 左足回復, 右足右擺臀, 左足左擺臀(面向6點鐘)

第六段 ¼ Turn, Lift, ¼ Turn Sailor, x2

1,2,3&4 Turning ¼ L step back on R, lift L slightly & swing into a ¼ turn sailor step (12)
左轉90度右足後踏, 左足略抬擺左90度轉水手(面向12點鐘)

5,6,7&8 Turning ¼ L step back on R, lift L slightly & swing into a ¼ turn sailor step (6)
左轉90度右足後踏, 左足略抬擺左90度轉水手(面向6點鐘)

第七段 Cross, Replace, Tog, Cross, Replace, ¼ turn, Fwd, Pivot ½ turn, Fwd

1-5 Cross R over L, replace L, step R tog, cross L over R, replace R
右足於左足前交叉下沉 左足回復, 右足併踏, 左足於右足前交叉下沉, 右足回復

6-8 Turn ¼ L step fwd on L, step fwd on R, pivot ½ turn L weight on L (9)
左轉90度左足前踏, 右足前踏, 左軸轉180度重心在左足(面向9點鐘)

第八段 Fwd, Replace, Back,¼ Turn, Cross, ¼ Turn Back, ¼ Turn Side, Side, Drag, Touch

1,2,3&4 Rock fwd on R, replace on L, step back on R, turn ¼ L step L to side, cross R over L
右足前下沉, 左足回復, 右足後踏, 左轉90度左足左踏, 右足於左足前交叉踏

5-8 Turn ¼ R step back on L, turn ¼ R step R to side, big step L to side Drag R & touch beside L (12)
右轉90度左足後踏, 右轉90度右足右踏, 左足左一大步右足拖併點(面向12點鐘)

End of part A-- EACH time you do Part B it will be the CHORUS
每次A部份結束, 就緊接B部份, 剛好都是合唱部份

Part B B部份 (32拍)

第一段 R Cross, Side, Cross, Sweep, L Cross, Side, Cross, Sweep

1-4 Cross R over L, step L to side, cross R over L, sweep L to side
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏, 左足繞至前
(Lift R arm across as in swimming on steps 1&3)
1-3拍右手像在游泳姿勢於前滑過

5-8 Cross L over R, step R to side, cross L over R, sweep R to side (12)
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏, 右足繞至前(面向12點鐘)
(Lift L arm in same action as R) 左手跟右手做一樣的動作

第二段 Cross, Hold, Cross, Hold, V Step

1-4 Cross R over L, hold, cross L over R, hold
右足於左足前交叉踏, 候, 左足於右足前交叉踏, 候
(Same arm action as above) 手勢跟上段同

5-8 Step R to side, step L to side, step R back to centre, step L beside R (12) 右足右踏, 左足左踏, 右足回踏, 左足併踏(面向12點鐘)

第三段 ½ Turn Monterey, 2 Heel Struts Back

1-4 Point R toes to side, turn ½ R & step on R, point L to side, step L beside R 右足趾右點, 右轉180度右足踏, 左足左點, 左足併踏

5-8 Step back on R toes, drop heel, step back on L toes, drop heel (6) 右足趾後點, 右足踵踏, 左足趾後踏, 左足踵踏(面向6點鐘)
(with R strut bring R arm up & over shoulder, same with L)
右趾踵時右手舉高過肩, 左趾踵亦同

第四段 Back, Replace, ½ L Turn pivot, Fwd, Replace, ½ R Turn, Fwd, Tog

1-4 Rock back on R, replace on L, step fwd on R, pivot ½ turn L (weight on L) 右足後下沉, 左足回復, 右足前踏, 左軸轉180度(重心在左足)

5-8 Rock fwd on R, replace on L, turn ½ R, step fwd on R, step L beside R (6) 右足前下沉, 左足回復, 右轉180度右足前踏, 左足併踏(6點鐘)

The Chorus is done TWICE at the end of Music, you will finish at the front
最後在結束前B部份連著做兩次

To finish dance with last 8 beats:Step R over L, replace on L, step R over L, Hold Step L over R, replace on R, step L to side, drag R beside L
最後結束8拍跳法
右足於左足前交叉下沉, 左足回復, 右足於左足前交叉踏, 候
左足於右足前交叉下沉, 右足回復, 左足左踏, 右足拖併踏