Poison (zh)

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Craig Bennett (UK) - 2011年01月
Music: Poison - Nicole Scherzinger

第一段 Touch Turn, Cross Side, Cross Side, Behind Side Cross

1-2 Touch right toe back, unwind ¼ turn right (3.00)
右足趾後點, 右繞轉90度(面向3點鐘)

&3-4 Step left next to right, Cross right over left, Step left to left side 左足併踏, 右足於左足前交叉踏, 左足左踏

&5-6 Step right next to left, Cross left over right, Step right to right side 右足併踏, 左足於右足前交叉踏, 右足右踏

7&8 Step left behind right, Step right to right side, Step left across right 左足於右足後踏, 右足右踏, 左足於右足前交叉踏

第二段 Side Rock, Sailor ¼, ½ Turn, ½ Turn, Shuffle ½ Turn

1-2 Rock right to right side, Recover onto left
右足右下沉, 左足回復

3&4 Step right behind left, Make ¼ turn right stepping left to left side, Step right forward (6.00)
右足於左足後踏, 右轉90度左足左踏, 右足前踏(面向6點鐘)

5-6 ½ turn left stepping forward onto left, (12:00) ½ turn left stepping back onto right (6.00)
左轉180度左足前踏(面向12點鐘), 左轉180度右足後踏(面向6點鐘)

7&8 ½ turn left stepping forward onto left, Step right next to left, Step forward onto left (12.00)
左轉180度左足前踏, 右足併踏, 左足前踏(面向12點鐘)

第三段 Jazz Box ¼ Turn, ½ Turn Monetary

1-2 Cross right over left, Step back onto left
右足於左足前交叉踏, 左足後踏

3-4 ¼ turn right stepping forward onto right, Step forward onto left
右轉90度右足前踏, 左足前踏

5-6 Touch right to right side, Make ½ turn right stepping right next to left 右足右點, 右轉180度右足併踏

7-8 Touch left to left side, Touch left next to right
左足左點, 左足併點

第四段 Kick And Cross, Back Side, Cross Kick, Slide Touch

1&2 Kick left to left side, Step left next to right, Cross right over left 左足左踢, 左足併踏, 右足於左足前交叉踏

3-4 Step back onto left, Step right to right side
左足後踏, 右足右踏

5-6 Cross left over right, Kick right to right side
左足於右足前交叉踏, 右足右踢

&7-8 Step right next to left, Step left to left side, Touch right next to left 右足併踏, 左足左踏, 右足併點

TAG: AFTER walls 1, 3, 4, 10 (after wall 10 do tag up to 12 counts restart)
加拍:第一, 三, 四面牆結束後, 做下面16拍後從頭起跳
第十面牆結束後, 做下面12拍後從頭起跳

Full Turn Roll Right, Kick And Point And Point Touch

1-2 ¼ turn right stepping right forward, ½ turn right stepping back onto left 右轉90度右足前咱, 右轉180度左足後踏

3-4	¼ turn right stepping right to right side, Touch left next to right 右轉90度右足右踏, 左足併點
5&6	Kick left forward, Step left next to right, Touch right to right side 左足前踢, 左足併踏, 右足右點
&7-8	Step right next to left, Touch left to left side, Touch left next to right 右足併踏, 左足左點, 左足併點

Full Turn Roll Right, Kick And Point And Point Touch

1-2	¼ turn left stepping left forward, ½ turn left, stepping back onto right 左轉90度左足前踏, 左轉180度右足後踏
3-4	¼ turn left stepping left to left side, touch right next to left 左轉90度左足左踏, 右足併點
5&6	Kick right forward, Step right next to left, Touch left to left side 右足前踢, 右足併踏, 左足左點
&7-8	Step left next to right, Touch right to right side, Touch right next to left 左足併踏, 右足右點, 右足併點
