You're My Baby Girl (你是我的寶貝女孩) (zh)

Count: 64 **Wall:** 4 **Level:** Improver
Choreographer: Emily Woo (CAN) - 2010年01月
Music: Super Girl - SUPER JUNIOR-M

前奏： Intro: 56 Counts (Start on vocals)

第一段 **Side, Together, Side, Sit, Hand Pose**
側, 併, 側, 坐, 手勢

1-3 Step R to R, Step L together, Step R to R
右足右踏, 左足併踏, 右足右踏

4 Sit on R (body angle to L, slightly bend your R with L in a touch position) 重心在右足呈坐姿(身體面向左, 右足略彎, 左足點)

5-6 Stretch R hands forward, fingers pointing down, flick fingers forward twice (右手向前伸手指向下)手指向前輕彈二次

7-8 Stretch the fingers, rotate clockwise in the wrist and crench a fist
伸直指頭, 手腕順時針旋轉後握緊拳頭

第二段 **Side, Together, Side, Sit, Hand Pose**
側, 併, 側, 坐, 手勢

1-3 Step L to L, Step R together, Step L to L
左足左踏, 右足併踏, 左足左踏

4 Sit on L (body angle to R, slightly bend your L with R in a touch position) 重心在左足呈坐姿(身體面向右, 左足略彎, 右足點)

5-6 Strech L hands forward, fingers pointing down, flick fingers forward twice (左手向前伸手指向下)手指向前輕彈二次

7-8 Stretch the fingers, rotate anti-clockwise in the wrist and clench a fist 伸直指頭, 手腕逆時針旋轉後握緊拳頭

第三段 **Back, 1/2 L, Touch, Forward, Forward 1/4 R, Cross Touch**
後, 1/2, 併點, 前踏, 踏 轉1/4, 交叉 併點

1-2 Step back R, 1/2 turn L and step L forward
右足後踏, 左轉180度左足前踏

3-4 Touch R next to L, Step R forward 右足併點, 右足前踏

5-6 Step L forward, turn 1/4 to R step R to side
左足前踏, 右轉90度右足右踏

7-8 Cross L over R, touch R next to L 左足於右足前交叉踏, 右足併點

第四段 **Side Touch, Side Touch, 1/4 R Step, Touch, Side Touch**
側踏 併點, 側踏 併點, 1/4踏, 併點, 側踏 併點

1-2 Step R to side, Touch L next to R 右足右踏, 左足併點

3-4 Step L to side, Touch R next to L 左足左踏, 右足併點

5-6 Turn 1/4 R and Step, Touch L next to R 右轉90度右足踏, 左足併點

7-8 Step L to L side, Touch R next to L 左足左踏, 右足併點

RESTART: At wall 5 (facing 12' o clock) dance the 32 counts then restart
第五面牆(面向12點鐘), 跳至此從頭起跳

第五段 **Side, Together, Side, Flick, 1/4 R, 1/4 R Heel, Hold. 3/4 L Step**
側 併 側, 抬, 1/4 1/4踵, 候, 3/4踏

1&2 Step R to R side, Step L together, Step R to R Side
右足右踏, 左足併踏, 右足右踏

3 Flick L behind R (35 counts)***
左足於右足後抬(第七面牆跳至此加拍後結束)

4-5 On ball of R turn 1/4 R and step on L, On ball of L turn 1/4 with R toe up and heel on floor 右轉90度左足踏, 右轉90度右足踵點

6-8 Hold, turn 3/4 L with R heel and step, step L next to R
候, 以右足踵左轉270度, 右足踏, 左足併踏

第六段 Shuffle Forward, Forward 1/4 R, Cross Shuffle, 1/4 L, 1/4 L
前交換, 踏 轉1/4, 交叉交換, 1/4 1/4

1&2 Shuffle forward R, L, R 前交換-右足前踏, 左足併踏, 右足前踏

3-4 Step forward L, turn 1/4 R and Step 左足前踏, 右轉90度右足踏

5&6 Cross Shuffle with L cross, R side, L Cross
交叉交換-左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏

7-8 Turn 1/4 L, step back R, turn 1/4 L and step to side
左轉90度右足後踏, 左轉90度左足左踏

第七段 Cross shuffle, 1/4 R, 1/4 R, Cross shuffle, 1/4 L, Step Together
交叉交換, 1/4 1/4, 交叉交換, 1/4踏 併

1&2 Cross shuffle with R cross, L side, R Cross
交叉交換-右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

3-4 Turn 1/4 R, step back L, turn 1/4 R and step to side
右轉90度左足後踏, 右轉90度右足右踏

5&6 Cross Shuffle with L cross, R side, L Cross
交叉交換-左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏

7-8 Turn 1/4 L, step back R, step L next to R
左轉90度右足後踏, 左足併踏

第八段 Walk, Walk, Walk, Walk, Step, Step, Step, Step
走, 走, 走, 走, 踏, 踏, 踏, 踏

1-2 R big step forward, L big step forward (with attitude)
右足前一大步, 左足前一大步(大步昂首)

3-4 R big step forward, L big step forward (with attitude)
右足前一大步, 左足前一大步(大步昂首)

5-8 Step to R, shift weight to L, shift weight to R, shift weight to L
右足踏, 重心移至左足, 重心移至右足, 重心移至左足

ENDING: Pose At Wall 7, after 35 counts *** (flick L behind R facing 9'o clock)
結束在第七面牆跳至35拍面向9點鐘時, 舞序中有***註記的地方(左足於右足後抬), 加跳下面舞步結束舞曲

4 On ball of R, turn 1/4 R and step L 右轉90度左足踏

5 Turn 1/2 R and step R forward 右轉180度右足前踏

6 Turn 1/2 R and step back L, sit position, R touch in the Front (face 12'o clock) 右轉180度左足後踏右足前點呈坐姿(面向12點鐘)

7-8 Stretch R hands forward, fingers pointing down, flick finger forward twice (右手向前伸手指向下)手指向前輕彈二次

9-10 Stretch the fingers, rotate clockwise in the wrist and clench a fist
伸直指頭, 手腕順時針旋轉後握緊拳頭