Listen

Count: 100 **Wall:** 2 **Level:** Phrased Advanced
Choreographer: Guyton Mundy (USA) & Fred Whitehouse (IRE) - January 2016
Music: Listen (feat. John Legend) - David Guetta

Sequence A, B, B, tag, A, B, B, Ending

Section A1:☐Side Coaster-Rock, Recover, Half, Three-quarter, Run Run Push, Recover back, Quarter sway

1 2&3	Right to right side, step back on left, step right next to left, rock forward on left
4&5	Recover on right, turn a half left and step forward on left, step diagonally forward to right on right and make a three-quarter turn to left (9 o'clock)
6&7	Run forward on left and right, rock forward on left and push both hands forward with palms facing forward
8&1	Step back on right, step back on left, turn a quarter right and step right to right side (12 o'clock) as you reach across body to right with left hand and looking to the right.

Section A2:☐Sway Sway Quarter, Step turn step, hitch turn side, rock back recover, rock forward

2&3	Sway left, sway right, turn a quarter left and step forward on left (9 o'clock)
4&5	Step forward on right, turn half to left and step forward on left, step forward on right (3 o'clock)
6 7	Keep weight on right, hitch left and turn a little more than three quarters to right on count 6, step left to left side on count 7 (1:30 o'clock)
8&1	Step back on right, step together with left, rock forward on right (1:30 o'clock)

Section A3:☐Recover, Back, Back, Rock back, Sway, Sway, Sway, Step sweep, Step sweep, Rolling wine

&2&3	Recover on left, step back on right, step back on left, rock back on right foot and cross your hands over your heart
4&5	Sway forward on left, sway back on right, sway forward on left as you start to sweep right forward (keep hands on your heart)
6 7	Release your hands and step forward on right as you start sweeping left around, step forward on left
8&1	Turn 3/8 left and step back on right, turn a half left and step forward on left, turn 1/4 left and step right to right side (12 o'clock)

Section A4:☐Behind side rock, Recover, Side, Push, Push, Push, Coaster step

2&3	Cross left behind right, step righ to right side, cross left over right
4&5	Recover on right, turn 1/8 left and step left to left side, press forward on right (10:30 o'clock)as you bring hands up, passing the sides of your head and continuing up (for the second verse snake hands up and forward)
6 7	Hold, recover weight back to left.
8&1	Step back on right, step together with left, step forward on right as you sweep left around in front

Section A5:☐Step, Sweep cross, Back, Sweep behind, Turn 1/4, Full spiral turn, Run, Run, Rock, Arms forward

2&3	cross left over right, step right to right, make 1/8 turn to left as you step left to left and sweep right around (9 o'clock)
4&5	step right behind left, make a ¼ turn to left stepping forward on left, step forward on right as you make a full spiral turn to left on right foot (6 o'clock)
6&7	Run forward on left and right, rock forward on left as you bring hands forward and up with palms up and open
8&1	Run backward on right, left, step back on right and sweep left around

Section A6:☐Back sweep, Back sweep, Coaster step, 1/2 turn step, Out, Out, Raise arms to side

2 3	step back on left and sweep right around, step back on right ad sweep left around
4&5	Step back on left, step right next to left, step forward on left as you make a ½ turn to right (12 o'clock)
6&7	run forward right, step left to left, step right out to right as you raise arms out to either side (12 o'clock)
8	hold as you continue raising arms

Section A7:☐Right basic, left basic, Right arm cross, arm tick back, Listen right, Listen left

1 2&	Step right to right side, close left behind right, step right over left.
3 4&	Step left to left side, cross right behind left, step left over right
5	Step right to right as you Look to left and reach right hand across body to left with palm open
&6&7	pull right hand back across body stopping on each count until hand is to the right side of body
8&	Put right hand at right ear as if to hear better, put left hand to left ear as if to hear better

Section A8:☐Left basic, Right basic, 1/4 , 1/2, 1/4, arm around

1 2&	Step left to left side, cross right behind left, step left over right
3 4&	Step right to right side, close left behind right, step right over left.
5 6	Turn 1/4 left and step forward on left, turn 1/2 left and step back on right, as you bring left hand into body
7 8	turn 1/4 left and step left to left side as you take left hand out form body and let continue out and to the left as you continue looking to the left, ending with left arm extended out to left

Section A9:☐Left arm wave, point right index finger (the counts on this part speed up)

1 2 3	Let a wave (or roll) start in the left hand and continue moving up your left arm to your shoulder as you drag left foot in
4	Point right index finger up in the air with bent elbow as left foot touches next to right

Section B1:☐Left basic, Right basic, Kick ball lock, Bounce half turn, Bounce half turn

1 2&	Step left to left side, cross right behind left, step left over right
3 4&	Step right to right side, close left behind right, step right over left.
5&6	Kick left foot forward, step down on left, lock right behind left
7 8	Bounce and turn half right, Bounce and turn half turn right end with weight on right (12 o'clock)

Section B2:☐Left back, Right back, Sailor quarter step, Side, Extended weave

1 2	Step back on left and sweep right, step back on right and sweep left
3&4	Cross left behind right and turn a quarter to left, step right to right side, step left to side (9 o'clock)
5	Step right to right side
6&7&8	Cross left behind right, step right to right side, cross left over right, step right to right side, cross left infront right

Section B3:☐Chug 4 times turning 1/2, Back, Coaster turn 3/8, Push forward

1 2 3 4	Stomp right to side, turn 1/8 left and stomp right to side, turn 1/8 left and stomp right to side, turn 1/8 left and stomp right to side (keep weight on right) (3 o'clock)
5 6&7	Step back on left, make a 1/4 turn to left as you step right behind left, step left to left, cross right over left (12 o'clock)
8	Step diagonally forward to left on left (10:30 o'clock)

Section B4:☐Roll, Roll, Rock and turn, Side, Cross

1 2 3 4	Roll forward and then back on 1,2, Roll forward and back on 3,4..(Keep weight forward on left on count 4)
5&6	Cross rock right over left, recover on left, make a little more than a 1/4 turn to right and step forward on right
7 8	Turn 1/4 right and step left to left side, cross right over left

Tag:☐Sway, Sway, Sway

1 2&	Step left to left as you sway left, sway right, sway left

Ending :☐Left basic, quarter step, step turn 1/2, step, step turn 3/4, Right basic

1 2&	Step left to left side, cross right behind left, step left over right
3 4&	Turn 1/4 right and step forward on right, step forward on left and turn 1/2 to right, step forward on right (9 o'clock)
5 6&	Step forward on left, step forward on right and turn a 1/2 to left, step forward on left (3 o'clock)
7 8&	Turn 1/4 left and step right to right side, close left behind right, step right over left (12 o'clock)

Ending :☐Left basic, quarter step, step turn 1/2, step, step turn 3/4, Right basic

1 2&	Step left to left side, cross right behind left, step left over right
3 4&	Turn 1/4 right and step forward on right, step forward on left and turn 1/2 to right, step forward on right (9 o'clock)
5 6&	Step forward on left, step forward on right and turn a 1/2 to left, step forward on left (3 o'clock)
7 8&	Turn 1/4 left and step right to right side, close left behind right, step right over left (12 o'clock)

Ending :☐Side, arm reach, arm movement as clock hand

1	Step left to left side, reach right hand across body to left with open palm
&2&....&7&8	Look at the right hand and move the right arm up and over the head and down to right side as if you hand was the hand of a clock. Big circular motion

Last Update – 18th Feb. 2016