Meltdown

Count: 116 **Wall:** 2 **Level:** Phrased Advanced
Choreographer: Adriano Castagnoli (IT) - January 2016
Music: The Road Is a Friend of Mine - Weldon Henson

Description: Part A+B (64+52 count) + Tag 32 count + Final 47 count,

Sequence: A(A*B) A(A*B) AAA(Restart) A(A*B)(A*B) Tag, Final

Part A – 64 counts

A1: RIGHT SIDE, STOMP UP, LEFT SIDE, SCUFF, ROCKING CHAIR FORWARD RIGHT

1-2	Step Right To Right, Stomp Up Left Beside Right
3-4	Step Left To Left Side, Scuff Right Beside Left
5-6	Rock Forward On Right, Return On Left
7-8	Rock Back On Right, Return On Left

A2: FLICK OUTSIDE AND SLAP, HEEL FAN, POINT RIGHT, BACK, KICK, HOOK

1-2	Flick Up Back Right To Outside And Slap Right On Right Heel, Step Right Forward
3-4	Fan Right Heel Out To Right, Return Heel To Centre
5-6	Point Right Toe To Right Side, Step Right Back
7-8	Kick Left Forward, Hook Left Over Right

A3: LOCK FORWARD LEFT, HOOK, LOCK BACK RIGHT, HOLD

1-2	Step Left Forward, Lock Right Behind Left
3-4	Step Left Forward, Hook Right Behind Left
5-6	Step Right Back, Lock Left Across Right
7-8	Step Right Back, Hold

A4: JUMPING FULL TURN LEFT (KICK, JAZZ BOX RIGHT, CROSS), ROCK BACK, SCUFF

1-2	Started Full Turn Left Jumping Back On Left And Kick Right Forward, Cross Right Over Left
3-4	Step Left Back And Kick Right Forward, Kick Left Forward
5-6	Cross Left Over Right And Finished Full Turn Left, Rock Back On Right And Kick Left Forward
7-8	Return On Left, Scuff Right Beside Left

A5: GRAPEVINE RIGHT, STOMP UP, LEFT SIDE, STOMP UP, RIGHT SIDE, SCUFF

1-2	Step Right To Right Side, Cross Left Behind Right
3-4	Step Right To Right Side, Stomp Up Left Beside Right *
5-6	Step Left To Left Side, Stomp Up Right Beside Left
7-8	Step Right To Right Side, Scuff Left Beside Right

A6: GRAPEVINE LEFT, POINT RIGHT, FULL TURN RIGHT, HOLD

1-2	Step Left To Left Side, Cross Right Beside Left
3-4	Step Left To Left Side, Point Right Toe To Right Side
5-6	Turn 1/4 Right And Touch Right Heel Forward, Started Turn 3/4 Right On Right
7-8	Finished Turn 3/4 Right And Step Left Back, Hold

A7: ROCK BACK RIGHT, 2 TOUCH TOE, HOOK COMBINATION AND FLICK UP BACK

1-2	Rock Back On Right And Kick Left Forward, Return On Left Forward
3-4	Touch Right Toe Behind Left (Twice)
5-6	Kick Right Forward, Hook Right Over Left
7-8	Kick Right Forward, Flick Up Back Right

A8: TURN 1/4 LEFT, STOMP UP, TURN 1/4 LEFT, STOMP, FOOT BOOGIE

1-2	Turn 1/4 Left And Step Right To Right Side, Stomp Up Left Beside Right
3-4	Turn 1/4 Left And Step Left Forward, Stomp Right Beside Left
5-6	Swivel Right Foot To Right Side (Toe, Heel)
7-8	Swivel Right Foot To Left Side (Heel, Toe)

PART B: performed after first 36 count part A (A*B) [52 COUNTS]

B1: STOMP, HOLD (3 times)

5-6-7-8	Stomp Left To Left Side, Hold, Hold, Hold

B2: TURN 1/4 LEFT AND STOMP, HOLD (3 TIMES), TURN 1/4 LEFT AND STOMP, HOLD

1-2-3-4	Turn 1/4 Left And Stomp Right To Right Side, Hold, Hold, Hold
5-6-7-8	Turn 1/4 Left And Stomp Right Forward, Hold, Hold, Hold

B3: STOMP, HOLD, SWIVET LEFT, SPIN FULL TURN RIGHT

1-2	Stomp Left To Left Side, Hold
3-4	Taking Weight Onto Left Heel And Right Toe Swivel Both Toes To Left, Feet To Centre
5-6-7-8	Full Turn To Right Executed On Left Hitching Other Knee Over Four Beet Of Music

B4: JUMPING KICKS (LEFT, RIGHT), FULL TURN RIGHT WITH JAZZ BOX (RIGHT, LEFT)

1-2	Jumping Back On Right And Kick Left Forward, Kick Right Forward
3-4	Started Full Turn Right And Cross Right Over Left, Step Left Back And Kick Right Forward
5-6	Kick Left Forward, Cross Left Over Right
7-8	Step Right Back And Kick Left Forward, Kick Right Forward

B5: JUMPING CROSS, ROCK BACK LEFT, STOMP (TWICE), HOLD

1-2	Jumping Cross Right Over Left, Rock Back On Left And Kick Right Forward
3-4	Return On Right, Stomp Up Left Beside Right
5-6-7-8	Stomp Left To Left Side, Hold, Hold, Hold

B6: APPLE JACK (RIGHT, LEFT), PIGEON TOED RIGHT, SWIVET RIGHT

1-2	Swivel Right Toe And Left Heel To Right Side, Return Feet To Centre
3-4	Swivel Left Toe And Right Heel To Left Side, Return Feet To Centre
5-6	Swivel Right Toe And Left Heel To Right Side, Swivel Right Heel And Left Toe To Right Side
7-8	Taking Weight Onto Right Heel And Left Toe Swivel Both Toes To Right, Return Feet To Centre

B7: APPLE JACK (LEFT, RIGHT), PIGEON TOED LEFT, SWIVET LEFT

1-2	Swivel Left Toe And Right Heel To Left Side, Return Feet To Centre
3-4	Swivel Right Toe And Left Heel To Right Side, Return Feet To Centre
5-6	Swivel Left Toe And Right Heel To Left Side, Swivel Left Heel And Right Toe To Left Side
7-8	Taking Weight Onto Left Heel And Right Toe Swivel Both Toes To Left, Return Feet To Centre

RESTART: after first 24 count of the 7th repetition, restart dance from the beginning
(last 4 count 21-24 to make Rock Back Right, 2 Stomp Right Beside Left)

Last repetition (A*B) start in first wall and during 2nd sequence, the Turns are 1/2 to Left and not 1/4 to Left

TAG: after 10th repetition, to make the 5th and 6th sequence of Part A but last 4 count to make Spin Full Turn Right on place on right foot in two beet of music, after Stomp left beside right, Hold).
To end Tag to make last two sequence of Part B

FINAL: performed after Tag

F1: RIGHT SIDE, STOMP UP, LEFT SIDE, STOMP UP, (REPEAT ALL 2 TIMES) & SCUFF

1-2	Step Right To Right Side, Stomp Up Left Beside Right

3-4 Step Left To Left Side, Stomp Up Right Beside Left
5-6 Repeat 1-2
7-8 Step Left To Left Side, Scuff Right Beside Left

F2: ROCKING CHAIR FORWARD RIGHT, PIVOT 1/2 RIGHT (TWICE)
1-2 Rock Right Forward, Return On Left
3-4 Rock Right Back, Return On Left
5-6 Step Right Forward, Pivot 1/2 Turn Left
7-8 Repeat 5-6

F3: RIGHT SIDE, STOMP UP, LEFT SIDE, STOMP UP, (REPEAT ALL 2 TIMES) & SCUFF
1-2 Step Right To Right Side, Stomp Up Left Beside Right
3-4 Step Left To Left Side, Stomp Up Right Beside Left
5-6 Repeat 1-2
7-8 Step Left To Left Side, Scuff Right Beside Left

F4: ROCKING CHAIR FORWARD RIGHT, STEP, SPIN FULL TURN LEFT, STOMP, HOLD
1-2 Rock Right Forward, Return On Left
3-4 Rock Right Back, Return On Left
5-6 Step Right Forward, Spin Full Turn Left Executed On Left Over One Beet Of Music
7-8 Stomp Right Forward, Hold

F5: SWIVEL RIGHT FOOT, STOMP, HOLD
1-2 Swivel Right Foot To Right Side (Toe, Heel)
3-4 Swivel Right Toe To Right Side, Swivel Right Toe To Left Side
5-6 Swivel Right Heel To Left Side, Flick Up Back Right
7-8 Stomp Right Forward, Hold

F6: KICK, CORKSCREW, SCUFF, SCOOT, STOMP
1-2 Kick Left Forward, Cross Left Over Right
3-4 Full Turn To Right Onto The Balls Of Both Feet in Two Beet
5-6-7 Scuff Left Beside Right, Jump Forward On Right Hitching Other Knee, Stomp Left Forward

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