Some Broken Hearts (破碎的心) (zh)

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Maria Tao (USA) - 2010年03月
Music: Some Broken Hearts - The Dean Brothers : (CD: A Chance To Dance 4)

前奏： Intro: 16 counts 16拍後起跳

第一段 Step R Fwd, ½ Turn R, Coaster Step, Step L Fwd, ½ Turn L, Coaster Step 右前踏, 1/2, 海岸步, 左前踏, 1/2, 海岸步

1-2 Step right forward, ½ turn right stepping left back
右足前踏, 右轉180度左足後踏

3&4 Step right back, step left beside right, step right forward
右足後踏, 左足併踏, 右足前踏

5-6 Step left forward, ½ turn left stepping right back
左足前踏, 左轉180度右足後踏

7&8 Step left back, step right beside left, step left forward (12:00)
左足後踏, 右足併踏, 左足前踏(面向12點鐘)

第二段 Skate (R&L), Rock, Recover, ¼ Turn R, Cross Shuffle, ½ Turn R, Cross Shuffle 右滑冰, 左滑冰, 下沉 回復, 1/4交叉交換, 1/2, 交叉交換

1-2 Skate right forward, skate left forward
右足前滑冰, 左足前滑冰

3&4 Rock right forward, recover onto left, ¼ turn right stepping right to right (3:00) 右足前下沉, 左足回復, 右轉90度右足右踏(面向3點鐘)

5&6 Cross left over right, step right to right, cross left over right
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏

7&8 ½ turn right on ball of left & cross right over left, step left to left, cross right over left (9:00)
右轉180度右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏(面向9點鐘)

第三段 Side Rock, Recover, ¼ Turn L, Sailor Step, Rock Fwd, Recover, ¾ Triple Step Turn R 側下沉 回復, 1/4水手步, 下沉回復, 三步轉3/4

1-2 Rock left to left, recover onto right 左足左下沉, 右足回復

3&4 ¼ turn left & cross step left behind right, step right to right, step left forward (6:00)
左轉90度左足於右足後交叉踏, 右足右踏, 左足前踏(面向6點鐘)

5-6 Rock right forward, recover onto left 右足前下沉, 左足回復

7&8 ¾ triple step turn right stepping – right, left, right (3:00)
小三步右轉270度-右, 左, 右(面向3點鐘)

第四段 Side Rock, Recover, Hitch, Scissor Cross, Side Rock, Recover, Back Rock, Recover, Kick Ball Step
側下沉 回復, 抬, 剪刀步, 側下沉 回復, 後下沉 回復, 踢 併 踏

1-2& Rock left to left, recover onto right, hitch left knee across right
左足左下沉, 右足回復, 左膝於右足前交叉抬

3&4 Step left to left, step right beside left, cross left over right
左足左踏, 右足併踏, 左足於右足前交叉踏

5&6& Rock right to right, recover onto left, rock right back, recover onto left 右足右下沉, 左足回復, 右足後下沉, 左足回復

7&8 Kick right forward, step right beside left, step left forward (3:00)
右足前踢, 右足併踏, 左足前踏(面向3點鐘)