Simply Mambo (簡單曼波) (zh)

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Val Myers (UK) & Deana Randle (UK) - 2007年02月
Music: Tequila - The Champs : (CD: Greatest Hits The Champs)

前奏： 32 count intro 32拍後起跳

第一段 **Right Side Mambo, Hold. Left Side Mambo, Hold**
右側曼波, 候, 左側曼波, 候

1-4 Rock Right To Right Side, Recover Onto Left, Step Right Beside Left, Hold 右足右下沉, 左足回復, 右足併踏, 候

5-8 Rock Left To Left Side, Recover Onto Right, Step Left Beside Right, Hold 左足左下沉, 右足回復, 左足併踏, 候

第二段 **Right Mambo Back, Hold. Step Together Step, Hold**
右後曼波, 候, 踏併踏, 候

1-4 Rock Back Onto Right, Recover Onto Left, Step Right Beside Left, Hold 右足後下沉, 左足回復, 右足併踏, 候

5-8 Step Forward Left, Step Right Beside Left, Step Forward Left, Hold
左足前踏, 右足併踏, 左足前踏, 候

第三段 **Step Together Step, Hold. Left Mambo Forward, Hold**
踏併踏, 候, 左前曼波, 候

1-4 Step Forward Right, Step Left Beside Right, Step Forward Right, Hold
右足前踏, 左足併踏, 右足前踏, 候

5-8 Rock Forward Onto Left, Recover Onto Right, Step Left Beside Right, Hold 左足前踏, 右足回復, 左足併踏, 候

第四段 **Walk Back, Hold X 3**
後走步, 候 三次

1-2 Step Back Right, Hold
右足後踏, 候

3-4 Step Back Left, Hold
左足後踏, 候

5-6 Step Back Right, Hold
右足後踏, 候

7-8 Making ¼ Turn Left Step Left To Left Side, Hold
左轉90度左足左踏, 候

If danced to Tequila at the END of the 4th and 8th walls, as you turn to the front (12:00) the Champs will sing "Tequila." At this point spread both arms out to the side for styling
第四面牆及第八面牆結束面向12點鐘, 音樂會有"Tequila"的喊聲, 這時雙手向外伸展