Bad Influence (壞影響) (zh)

Count: 64 **Wall:** 4 **Level:** Improver
Choreographer: Mark Furnell (UK), Jo Kinser (UK) & John Kinser (UK) - 2009年03月
Music: Bad Influence - P!nk

前奏： Start on the verse 32 counts in

第一段 Step Touch, Step Touch, Kick And Cross, Step Back, Turn ¼ Left
踏點, 踏點, 踢踏交叉, 後踏, 左轉1/4

1-2 Step right to side, touch left together
右足右踏, 左足併點

3-4 Step left to side, touch right together
左足左踏, 右足併點

5&6 Kick right low forward, step right back, cross left over right
右足略前踢, 右足後踏, 左足於右足前交叉踏

7-8 Step back right, turn ¼ left and step left to side
右足後踏, 左轉90度左足左踏

第二段 Right Shuffle Forward, Left Rock Step, Back, Swivel, Center, Swivel
右前交換, 左下沉回復, 後, 轉回轉

1&2 Step right forward, step left together, step right forward
右足前踏, 左足併踏, 右足前踏

3-4 Rock left forward, recover to right
左足前下沉, 右足回復

5-6 Step left back, swivel toes right
左足後踏, 雙足趾右轉

7-8 Swivel toes center, swivel toes right (weight left)
雙足趾轉回, 雙足趾右轉(重心在左足)

RESTART: Restart AFTER count 16 on walls 2 and 5
第二面牆及第五面牆跳至此從頭起跳

第三段 Cross, ¼ Turn, Right Rock Step, Full Turn, Right Shuffle Forward
交叉, 1/4, 右下沉回復, 轉圈, 右前交換

1-2 Cross right over left, turn ¼ right and step left back
右足於左足前交叉踏, 右轉90度左足後踏

3-4 Step right back, step left forward (toe turned out)
右足後踏, 左足前踏(足趾向外)

5-6 Turn ½ left and step right back, turn ½ left and step left forward
左轉180度右足後踏, 左轉180度左足前踏

7&8 Step right forward, step left together, step right forward
右足前踏, 左足併踏, 右足前踏

第四段 Rock Step, Left Shuffle Back, Rock Step, Full Turn
下沉回復, 左後交換, 下沉回復, 轉圈

1-2 Rock left forward, recover to right
左足前下沉, 右足回復

3&4 Step left back, step right together, step left back
左足後踏, 右足併踏, 左足後踏

5-6 Rock right back, recover to left (toe turned out)
右足後下沉, 左足回復(足趾向外)

7-8 Turn ½ left and step right back, turn ½ left and step left forward
左轉180度右足後踏, 左轉180度左足前踏

第五段　Right, Hold, Left, Hold, Cross, Cross, Butt, Butt (Macarena Style)
右, 候, 左, 候, 交叉, 交叉, 馬卡蓮那跳法

1-2　Step right to side (right hand up to right side), hold
右足右踏(右手右邊舉高), 候

3-4　Step left to side (left hand up to left side), hold
左足左踏(左手左邊舉高), 候

5-6　Step right in place (right hand on left hip), step left in place (left hand on right hip) 右足踏(右手放左臀上), 左足踏(左手放右臀)

7-8　Step right in place (right hand on right buttock), step left in place (left hand on left buttock)
右足踏(右足放右屁股), 左足踏(左手放左屁股)

第六段　Right Toe Strut, Left Toe Strut, Right Rocking Chair
右趾踵, 左趾踵, 右搖椅步

1-4　Step right toe forward, drop right heel, step left toe forward, drop left heel 右足趾前點, 右足踵踏, 左足趾前點, 左足踵踏

5-8　Rock right forward, recover to left, rock right back, recover to left 右足前下沉, 左足回復, 右足後下沉, 左足回復

第七段　Step Forward Right, Left ¼ Turn, Right Cross & Cross, Turn ½ Right, Left Cross & Cross 右前踏, 左1/4, 右交叉交換, 右1/2, 左交叉交換

1-2　Step right forward, turn ¼ left and step left to side
右足前踏, 左轉90度左足左踏

3&4　Cross right over left, step left to side, cross right over left
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

5-6　Turn ¼ right and step left back, turn ¼ right and step right to side
右轉90度左足後踏, 右轉90度右足右踏

7&8　Cross left over right, step right to side, cross left over right
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏

第八段　Monterey ½ Turn, Heel, Hitch, Turn Step
1/2蒙特瑞轉, 踵, 抬, 踏轉

1-4　Point right to side, turn ½ right and step right together, point left to left, step left together
右足右點, 右轉180度右足併踏, 左足左點, 左足併踏

5-6　Touch right heel forward, turn ¼ right and hitch right knee
右足踵前點, 右轉90度右膝抬

7-8　Step right forward, turn ¼ right and step left to side
右足前踏, 右轉90度左足左踏

ENDING: Facing front, step right to side, both hands up
結束時, 面向前面牆, 右足右踏, 雙手高舉
