Cay Cha Cha (浪漫沙灘情) (zh)

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Rafel Corbí (ES) - 2008年07月
Music: Laid Back 'n Low Key (Cay) - Alan Jackson : (CD: Good Time)

第一段 **Hip Bumps, Triple Hip Bumbps, Step, Together, Coaster Step**
擺臀, 踏併, 海岸步

1-2 Bump hips to left, bump hips to right 左擺臀, 右擺臀

3&4 Bump hips to left, bump hips to right, bump hips to left
左擺臀, 右擺臀, 左擺臀

5-6 Step right foot to right side, step left foot together
右足右踏, 左足併踏

7&8 Step right foot back, step left foot together, step right forward 右足後踏, 左足併踏, 右足前踏

第二段 **Step Forward, Pivot Turn, ¼ Turn Right Mambo Cross, Rock & Recover, ½ Turn Right & Cha Cha Forward**
前踏轉, 右轉1/4曼波交叉, 下沉回復, 右轉1/2前恰恰

1-2 Step left foot forward, pivot ½ turn right (weight on right) [6:00] 左足前踏, 右轉180度(重心在右足)(面向6點鐘)

3&4 Doing a ¼ turn right, rock left foot to left side, recover to right, cross-step left foot across right
右轉90度左足左下沉, 右足回復, 左足於右足前交叉踏

5-6 Rock right foot forward, recover on left and do a ½ turn to right
右足前下沉, 左足回復右轉180度

7&8 Step right forward, bring left next to right, step right forward
右足前踏, 左足併踏, 右足前踏

第三段 **Full Turn Forward, Cha Cha Forward, Rock & Recover With ½ Turn Right, Cha Cha Forward**
前轉圈, 前恰恰, 下沉回復右轉1/2, 前恰恰

1-2 Do a full turn forward to right stepping left, right
右前轉圈-左, 右

3&4 Step left forward, bring right next to left, step left forward
左足前踏, 右足併踏, 左足前踏

5-6 Rock right foot forward, recover on left and do a ½ turn to right
右足前下沉, 左足回復右轉180度

7&8 Step right forward, bring left next to right, step right forward
右足前踏, 左足併踏, 右足前踏

第四段 **Step Forward, Pivot Turn, Cha Cha Forward, 4 Steps Forward**
前踏轉, 前恰恰, 4步向前

1-2 Step left foot forward, pivot ½ turn right (weight on right)
左足前踏, 右轉180度(重心在右足)

3&4 Step left forward, bring right next to left, step left forward
左足前踏, 右足併踏, 左足前踏

5-6 Step forward with right, step forward with left
右足前踏, 左足前踏

7-8 Step forward with right, step forward with left
右足前踏, 左足前踏

These four steps must be done with cha cha latin attitude, moving hips.
這4拍以拉丁恰恰擺臀方式處理