Only Love

Count: 144 **Wall:** 0 **Level:** Phrased Advanced Funky
Choreographer: Guyton Mundy (USA) - September 2015
Music: Only Love (feat. Pitbull & Gene Noble) - Shaggy

Pattern of dance -: AA BC BC BA

A Pattern -16 counts
A[1-9]☐Step with sweep, cross side behind with sweep, behind, side, cross, full turn, coaster into rock

1-2&3	Step forward on left as you sweep right around in front of left, cross right over left, step left to left, step right behind left as you sweep left around behind right.
4&5	step left behind right, step right to right, cross, cross left over right while prepping body to right
6&7	make a 1/4 turn to left stepping back on right, make a 1/2 turn to left stepping forward on left, make a 1/4 turn to right stepping right to right side
8&1	step back on left, step together with right, rock forward on left

A[10-16]☐Recover, back lock back, 1/2, 1/4, 1/4 sailor, 1/2 chase turn

2-3&4	recover on right, step back on left, lock right over left, step back on left
&5	make a 1/2 turn to right stepping forward on right, make a 1/4 turn to right stepping left to left side
6&7	step right behind left, step together with left, step forward on right as you make a 1/4 turn to the right
8&	step forward on left, make a 1/2 turn over right stepping down on right

B pattern – 64 counts
[1-8]☐step, sailor, sailor into rock, recover, 1/2, 1/2.

1-2&3	step forward on left, step right behind left, step together with left, step forward on right
4&5	step left behind right, step together with right, rock forward on left
6-7-8	recover on right, make a 1/2 turn over left stepping forward on left, make a 1/2 turn to left stepping back on right.

[9-16]☐Back, cross, back, 1/4, 1/2, 1/2, triple forward

1-2-3-4	Step back on left, cross right over left, step back on left, make a 1/4 turn to right stepping forward on right
5-6	make a 1/4 turn to right stepping back on left, make a 1/2 turn to right stepping forward on right.
7&8	Step forward on left, step together with right, step forward on left

[17-24]☐Walks X4 with arm snakes up, rock, recover, touch back, hold with arm styling

1-4	walk forward right, left, right, left as your hands snake in and out of each other going upwards
5-6	rock forward on right as you extend arms forward, recover on left
7-8	touch right foot back as you bring hands to chest, Hold…

[24-33]☐1/4, 1/2, 1/2, sweep for 2 counts, cross back side, behind side cross

1-2	make a 1/4 turn to right stepping down on right as you touch left toe out to left, make a 1/4 turn back to left as you step down on left….. Dropping hands…
3-4-5	make a 1/2 turn to left stepping back on right, make a 1/2 turn to left stepping forward on left as you start to sweep your right foot forward, continue sweeping right foot in front of left
6&7	cross right over left, step left to left side, step diagonally back to right on right
8&1	step left behind right, step right to right side. Cross left over right

[34-41]☐press, step, cross side behind with sweep, behind side cross, side together side

2-3	press right out to right, step right to right side

4&5 cross left over right, step right to right, step left behind right as you sweep right out and behind left
6&7 step right behind left, step left to left side, cross right over left
8&1 step left to left, step together with right, step left to left side

[42-48]☐walk, rock recover, 1/2, 1/2, 1/2 triple
2-3-4 Walk forward on right, rock forward on left, recover on right
5-6 make a 1/2 turn to left stepping forward on left, make a 1/2 turn to right stepping back on right
7&8 make a 1/2 turn to left stepping left right left

[49-56]☐Walks X4 with arm snakes up, rock, recover, touch back, hold with arm styling
1-4 walk forward right, left, right, left as your hands snake in and out of each other going upwards
5-6 rock forward on right as you extend arms forward, recover on left
7-8 touch right foot back as you bring hands to chest, Hold…

[57-64]☐1/4, 1/2, 1/2, sweep for 2 counts, cross back side, coaster
1-2 make a 1/4 turn to right stepping down on right as you touch left toe out to left, make a 1/4 turn back to left as you step down on left….. Dropping hands…
3-4-5 make a 1/2 turn to left stepping back on right, make a 1/2 turn to left stepping forward on left as you start to sweep your right foot forward, continue sweeping right foot in front of left
6&7 cross right over left, step left to left side, step diagonally back to right on right
8& step back on left, step together with right

C Pattern – 64 counts
[1-9]☐Walk X2, side rock & cross X2, side, behind side cross
1-2 walk forward left, right,
3&4 rock left to eft, recover right, cross left over right
5&6 rock right to right, recover on left, cross right over left
7-8&1 step left to left, step right behind left, step left to left side, cross right over left

[10-16]☐side rock recover, ball, side rock recover, ball forward rock recover, step back on left
2-3&4 rock left to left, recover right, step on ball of left next to right, rock right to right
5&6 recover left, step on ball of right next to left, rock forward on left
7-8 recover on right, step back on left

[17-25]☐back, 1/4 1/4, 1/2, 1/2, kick ball touch X2
1-2-3 step back on right as you bring hands up into chest with fist touching. Make a 1/4 turn to right as you pop left knee up and drop right elbow and raise left elbow keeping fist together. Make a 1/4 turn back to left stepping down on left bringing arms back to beginning position
4-5 make a 1/2 turn to left stepping back on right, make a 1/2 turn to left stepping forward on left
6&7 kick right foot forward, step on ball of right next to left, touch left toe diagonally back to left
8&1 kick left foot forward, step on ball of left next to right, touch right tow diagonally back to right

[26-32]☐Cross, back, side, cross and cross, side, behind
2-3-4 cross right over left, step back on left, step right to right
5&6 cross left over right, step right to right, cross left over right
7-8 step right to right, step left behind right

[33-40]☐side rock/recover, behind side cross X2
1-2 rock right to right, recover on left
3&4 step right behind left, step left to left side, cross right over left
5-6 rock left to left, recover on right
7&8 step left behind right, step right to right side, cross left over right

[41-48]☐1/2 chug, step, sailor, out
1 step right to right

2-3-4-5	make a 1/2 turn to left as you step right, right, right ,right in a chugging motion
6&7	step left behind right, step together with right, step forward on left
8	step right out to right side as you slightly hit thighs

[49-56]☐body turn, roll, ball, rock, recover, ball step, hook

1-2	bring hands to chest, make a 1/4 turn pivot to the left
3-4	drop hands and roll hips forward and down and back up to neutral
&5-6	step on ball of right behind left, rock forward on left, recover on right
&7-8	step on ball of left in front of right, step back on right, hook left behind right

[57-64]☐3/4 unwind, back with sweep, sweep, sweep, coaster, shuffle

1-2	unwind a 3/4 turn with weight ending on left, step back on right as your sweep left back
3-4	step back on left as you sweep right back, step back on right as you sweep left back
5&6	step back on left, step together with right, step forward on left
7&8	shuffle forward right left right…

Have fun

Note>>> There is a 4:30 second version of the song. If you get this version the pattern is AABCBCBA 1/2 B 4 count hold B
