Cocoo Jamboo (可可強波) (zh)

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Sebastiaan Holtland (NL) - 2010年10月
Music: Coco Jambo - Mr President

前奏： Intro: 32 count (21 sec), Start on the words “Put Me Up” 32拍(約21秒)唱”Put Me UP”時起跳

第一段 Walk Fwd, 1/2 Turn R, Back, Back, Down Up, Back Hip Bumps, Lock Step Fwd 踏 轉 後, 蹲 後推臀, 前鎖步

1-2 Stepping forward on Rf, making a 1/2 turn to right (6) step back on Lf 右足前踏, 右轉180度左足後踏(面向6點鐘)

3-4& Step back on Rf, dip body down, coming up weight onto Rf
右足後踏, 身體蹲下, 重心在右足

5&6 Bump hips back, center, bump hips back holding weight onto Rf
後推臀, 回原位, 後推臀重心在右足

7&8 Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf (6:00) 左足前踏, 右足於左足後鎖踏, 左足前踏(面向6點鐘)

第二段 Rock / Recover, 1/4 Turn R, Side, & Cross, Hold, & Cross, Lock, Step (½ Turn L Arc)
下沉, 回復 右1/4右 交叉, 候 右 交叉, 鎖 踏(1/2弧形轉)

1-2 Rock forward on Rf, recover on Lf 右足前下沉, 左足回復

&3-4 Making a 1/4 turn to right (9) step Rf to the right, cross Lf over Rf, HOLD 右轉90度右足右踏(面向9點鐘), 左足於右足前交叉踏, 候

&5 Step Rf slightly to the right, cross Lf over Rf
右足略右踏, 左足於右足前交叉踏

&6&7&8 Lock Rf behind, step Lf forward, lock Rf behind, step Lf forward (3:00) 右足於左足後鎖踏, 左足前踏, 右足於左足後鎖踏, 左足前踏

(Making a ½ Turn arc to the left with the above steps)
上面的舞步做左180度的弧形轉

RESTART ## Here WALL 5 after 16 count (Facing 3 o’clock)
第五面牆跳至此, 面向3點鐘, 從頭起跳

第三段 R Wizard Step, L Wizard Step, 1/2 Pivot L, 3/4 Turn L, Side
桃樂蒂步 二次, 踏 轉, 轉 1/4

1-2& Step Rf diagonal forward on heel, lock Lf behind Rf, small step Rf forward to right diagonal
右足踵右斜前踏, 左足於右足後鎖踏, 右足右斜前踏

3-4& Step Lf diagonally forward on heel, lock Rf behind Lf, small step Lf forward to left diagonal, ending weight onto Lf
左足踵斜前踏, 右足於左足後鎖步, 左足左斜前踏重心在左足

5-6 Step forward on Rf, making a 1/2 turn to left (9) take weight onto Lf 右足前踏, 左轉180度重心在左足

7-8 Making a 1/2 turn to left (3) step back on Rf, continue a 1/4 turn to left (12) step Lf to the left
左轉180度右足後踏(面向3點鐘), 左轉90度左足左踏(面向12點鐘)

第四段 Cross, Side, Sailor Kick, Heel Grind 1/2 Turn L, Recover, Coaster Step 交叉 左, 水手步帶踢, 後 踵轉 左轉, 海岸步

1-2 Cross Rf over Lf, step Lf to the left weight onto Lf (12:00)
右足於左足前交叉踏, 左足左踏(面向12點鐘)

3&4 Step Rf behind Lf, step Lf to the left, kick diagonal forward on Rf weight onto Lf 右足於左足後踏, 左足左踏, 右足斜前踢重心在左足

&5-6 Step Rf back in place, heel grind with Lf (toes from right to left) 1/2 turn to left (9), Step Rf back weight onto Rf
右足後踏, 左足踵轉(右足趾由右轉至左), 左轉180度右足後踏(面向9點鐘)

7&8 Step Lf back, step Rf beside Lf, step forward on Lf weight onto Lf (Coaster) (9:00)
左足後踏, 右足併踏, 左足前踏重心在左足(海岸歩)(面向9點鐘)