I'll take you there (心曠神怡) (zh)

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Kevin S. Ward (USA) & Rena Ward (USA)
Music: I'll Take You There - BeBe & CeCe Winans : (CD: Greatest Hits / CD: Gospel Blockbusters)

第一段 POINT, TOUCH, KICK-BALL-DROP, UP, KICK, VAUDEVILLE, TOUCH
點, 點, 踢交換踏, 直立, 踢, 踏, 點

1-2 Point right toes to right side, touch right toes next to left
右足趾右點, 右足趾併點

3&4 Kick right to right side, step ball of right next to left, cross step left over right
右足右踢, 右足掌併踏, 左足於右足前交叉踏
During this section keep your knees relaxed so that you will actually drop on the ball-cross 膝蓋放輕鬆

5-6 Step right to right side standing back up straight, kick left to the left diagonal 右足右踏伸直站好, 左足踢左斜角線

&7&8 Step left next to right, cross step right over left, step left to left, touch right toes to right diagonal
左足併踏, 右足於左足前交叉踏, 左足左踏, 右足趾於右對角線點

第二段 ¼ TURN LEFT (WITH SMALL FLICK), STEP, STEP ½, STEP, OUT, OUT, BOUNCING HIP ROLL 左轉1/4(小勾), 踏, 踏轉1/2, 踏, 外, 外, 彈跳轉臀

1-2 While making a ¼ turn left slightly flick right, step forward on right 左轉90度右足勾起, 右足前踏

3&4 Step left forward, while making ½ turn right step right in place, step forward on left
左足前踏, 右轉180度右足原地踏, 左足前踏

&5 Step right forward at shoulder width apart, step left even with right at shoulder width apart
右足前踏與肩同寬（右手肘彎曲手掌向上）
左足前踏與肩同寬（左手肘彎曲手掌向上）
At the same time on the & count place your right arm to the right side elbow bent and palm facing up, on the 5 count do the same with the left

&6&7&8 make a full hip roll around to the left while slightly bouncing on each count with weight ending on the left foot
臀部由左向右旋繞一圈, 最後重心在左足

第三段 POINT/PUNCH, POINT/PUNCH, LEFT SAILOR WITH ¼ TURN LEFT, RIGHT SAILOR WITH ¼ TURN RIGHT, WALK, WALK
點/向下按, 點/向下按, 左轉1/4水手步, 右轉1/4水手步, 走, 走

1 With body angled to the left corner point right toes to right side
At the same time punch right arm across body towards the floor
身體彎向左側，右足趾右側點(右臂用力向下按)

& Center your body and step right next to left
身體回復，右足併踏

2 With body angled to the right corner point left toes to left side
At the same time punch left arm across body towards the floor
身體彎向右側，左足趾左側點(左臂用力向下按)

3&4 Step left behind right, while making a ¼ turn left step right next to left, step left to left side
左足於右足後踏, 左轉90度右足併踏, 左足左踏（左轉水手步）

5&6 Step right behind left, while making a ¼ turn right step left next to right, step right to right side
右足於左足後踏, 右轉90度左足併踏, 右足右踏（右轉水手步）

7-8 Walk forward left, walk forward right 左足前踏, 右足前踏

第四段　ROCK AND BACK, ½ TURN RIGHT, ¼ TURN, SWEEP, RIGHT COASTER STEP, MAMBO STEP 下沉 & 後, 右轉1/2, 轉1/4, 旋繞, 右海岸步, 曼波

1&2　Rock forward on left, recover on right, step left back
左足前下沉, 右足回復, 右足後踏

3&4　While making a ½ turn to the right step right forward, step left to left while making a ¼ turn right, while making a ¼ turn right sweep your right leg out and around to the right (this is going to push you right into the coaster step that comes next.)
右後轉180度右足前踏, 右轉90度左足左踏, 右轉90度右足旋繞

5&6　Step right back, step left next to right, step right forward
右足後踏, 左足併踏, 右足前踏

7&8　Rock forward on left, recover on right, step left next to right
左足前下沉, 右足回復, 左足併踏
