I'm Alive (生命多美好) (zh)

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Kevin S. Ward (USA) & Rena Ward (USA)
Music: I'm Alive - Céline Dion

第一段 **STEP, SLIDE &, STEP, SLIDE &, CROSS, SIDE, ¼ TURN, STEP**
踏 滑併-踏, 踏 滑併-踏, 交叉 側踏, 後-1/4-前

1-2& Big step right to right side, drag left foot towards right, step left behind right 右足向右一大步, 左足拖向右足, 左足在右足旁踏

3-4& Big step right to right side, drag left foot towards right, step left behind right 右足向右一大步, 左足拖向右足, 左足在右足旁踏

5-6 Step right across in front of left, step left to left
右足前交叉於左足踏, 左足左踏

7&8 Step right behind left, while making ¼ turn left step left forward, step right forward 右足在左足後踏, 左足左轉90度踏, 右足前踏

第二段 **TOUCH, TOUCH, ½ TURN SAILOR, PENDULUM KICKS**
點, 點, 轉水手, 鐘擺踢

1-2 Touch left toe forward, touch left toe to left side
左足趾前點, 左側點

3&4 Step left behind right making ¼ turn left, step right in place making ¼ turn left, step left forward
小3步左後轉（左足左轉90度, 右足左轉90度, 左足前踏）

5-6 Kick right forward, kick right back 右足前踢, 右足後踢

7-8 While making ¼ turn left kick right to right side, while making ¼ turn left kick right forward 左轉90度右足右側踢, 左轉90度右足前踢

第三段 **SHUFFLE FORWARD RIGHT, LEFT, RIGHT, STEP, ½ TURN, TURN, TURN, ROCK, RECOVER 前交換-右, 左, 右, 踏, 轉, 轉, 轉, 下沉 回復**

1&2 Step forward right, step left next to right, step forward right
向前交換步-右足前踏, 左足併踏, 右足前踏

3-4 Step forward left, making ½ turn right step forward right
左足前踏, 右轉180度右足前踏

5-6 While making ½ turn right step forward left, while making ½ turn right step forward right 左後轉180度左足前踏, 左後轉180度右足前踏

7-8 Rock forward left, recover back on right 左足前下沉, 右足後下沉

第四段 **OUT, CROSS, BACK, OUT, CROSS, BACK, SIDE, TOUCH**
外, 交叉, 後, 外, 交叉, 後, 側, 點

1-2 Step left back and out to left side, cross right over left
左足後踏, 右足交叉於左足前

3-4 Step left back, step right back and out to right side
左足後踏, 右足後踏

5-6 Cross left over right, step right back
左足交叉於右足前, 右足後踏

7-8 Step left to left, touch right next to left
左足左踏, 右足在左足旁點

TAG
At the end of the 7th wall (facing 9:00) hold 4 counts. I like to step my right slightly to right and slowly raise my arms for the 4 counts
第七面牆結束, 面向9點鐘時, 右足略右踏, 雙手慢慢舉起, 停4拍