Our First Love (初戀) (zh)

Count: 64 **Wall:** 4 **Level:** Improver
Choreographer: Robert Lindsay (UK), Vivienne Scott (CAN) & Fred Buckley (CAN) - 2008年03月
Music: Mi Primer Amor - Belle Perez : (CD: Gotitas De Amor)

第一段 **Sway, Sway, Kick Ball Cross, 1/4 Monterey, Side Rock & Cross**
搖擺, 搖擺, 踢交換交叉踏, 1/4蒙特瑞轉, 側下沉 & 交叉

1-2 Stepping Right To Right Side, Sway Hips Right, Left
右足右踏(右擺臀), 左擺臀

3&4 Kick Right Forward. Step Down On Ball Of Right Foot. Step Left Across In Front Of Right 右足前踢, 右足原地踏, 左足於右足前交叉踏

5-6 Point Right Toe Out To Right Side. Turn 1/4 Right On Ball Of Left. Step Right Beside Left 右足趾右點, 右轉90度右足併踏

7&8 Rock Left Out To Left. Recover Weight On Right. Cross Left Over Right
左足左下沉, 右足回復, 左足於右足前交叉踏

第二段 **1/4 Turn Shuffle Right, 1/2 Turn Shuffle Right, Back Rock/Recover, Kick Ball Change 右轉1/4交換步, 右轉1/2交換步, 後下沉/回復, 踢交換步**

1&2 Turn 1/4 Right & Step Right Forward. Step Left Beside Right. Step Forward Right 右轉90度右足前踏, 左足併踏, 右足前踏

3&4 Triple 1/2 Turn Right Stepping L, R, L 右轉180度小三步-左, 右, 左

5-6 Rock Back On Right. Recover Left 右足後下沉, 左足回復

7&8 Kick Right Forward. Step Down On Ball Of Right. Step Onto Left
右足前踢, 右足原地踏, 左足原地踏

第三段 **1/4 Pivot Left & Touch, Step Touch, Side Rock/Recover, Cross Shuffle**
左踏轉1/4 & 點, 踏點, 側下沉/回復, 交叉交換

1-2 Step Forward On Right. 1/4 Pivot Turn Left Bending Right Knee And Touch Left Toe To Left Diagonal As You Come Up (Facing Left Diagonal)
右足前踏, 左轉90度(右足膝蓋彎曲, 左足趾斜角線點, 面向左斜角線)

3-4 Step Down On Left Bending Left Knee And Touch Right Toe To Right Diagonal As You Come Up (Facing Right Diagonal)
左足原地踏(左足膝蓋彎曲), 右足趾右斜角線(面向右對角線)

5-6 Rock Right To Right Side. Recover On Left 右足右下沉, 左足回復

7&8 Right Cross Shuffle Stepping R, L, R 右交叉交換步-右, 左, 右

第四段 **1/4 Turn Right & Step Back, Side Step Right, Cross Rock/Recover, Ball Cross, Side Step, Ball Left, Cross Shuffle**
右轉1/4&後踏, 右側踏, 交叉下沉/回復, 交叉, 側踏, 左足掌, 交叉交換

1-2 Turn 1/4 Turn Right & Step Back On Left. Step Right To Right Side
右轉90度左足後踏, 右足右踏

3-4 Cross Rock Left Over Right. Recover On Right
左足於右足前交叉下沉, 右足回復

& Step Left In Place (Slightly Back) 左足略向後踏

5-6 Cross Right Over Left. Step Left To Side
右足於左足前交叉踏, 左足左踏

& Step Right In Place (Slightly Back) 右足略向後踏

Easier alternative for 5-6&:
Cross right over left, point left to left side, leave out the“&”count and go straight into 7&8 5-6&簡易版 : 右足於左足前交叉踏, 左足左點 (省略 & 拍直接跳7&8)

7&8 Left cross shuffle stepping L, R, L 左交叉交換步-左, 右, 左

第五段　1/4 Turn Left & Step Back, 1/4 Turn Left & Step Forward, Shuffle Forward, Touch Left Forward, Flick 1/2 Turn Right, Shuffle Forward
左轉1/4&後踏, 左轉1/4&前踏, 前交換步, 左前點, 抬右轉1/2, 前交換步

1-2　Turn 1/4 Left & Step Back On Right. Turn 1/4 Left & Step Forward On Left 左轉90度右足後踏, 左轉90度左足前踏

3&4　Step Right Forward. Step Left Beside Right. Step Right Forward
右足前踏, 左足併踏, 右足前踏

5-6　Touch Left Toe Forward. Flick Left Toe Turning 1/2 Right On Ball Of Right 左足趾前點, 左足趾抬起以右足右轉180度

7&8　Step Left Forward. Step Right Beside Left. Step Left Forward
左足前踏, 右足併踏, 左足前踏

Alternative: Full Turn Shuffle Right Traveling Forward
替代舞步:右前旋轉交換步

Restart:
3 Wall: At The Beginning Of This Wall The Music Will Fade, Dance Through It And On For 40 Counts And Start Again.
第三面牆:音樂漸漸變弱, 跳40拍重頭跳起

ENDING:
AFTER counts 39-40 cross right over left, unwind 3/4 turn left to the front
第五段最後二拍改右足於左足前交叉踏, 左旋繞270度面向前

第六段　Step Right Forward, Hold, Ball Step Forward, Forward Rock/Recover, 1/2 Turn Left & Step Forward, Two Count Full Turn Traveling Forward
右前踏, 候, 前踏, 前下沉/回復, 左轉1/2&前踏, 二拍旋轉

1-2　Step Right Forward. Hold 右足前踏, 候

&3　Step Left Beside Right. Step Right Forward 左足併踏, 右足前踏

4-5　Rock Forward On Left. Recover On Right 左足前下沉, 右足回復

6　Turn 1/2 Left & Step Left Forward 左轉180度左足前踏

7-8　Turn 1/2 Left & Step Right Back. Turn 1/2 Left & Step Left Forward
左轉180度右足後踏, 左轉180度左足前踏

(Easier Alternative: Walk Forward Right, Left) 簡易版:走步-右, 左

第七段　Weave Right, Side Shuffle, Back Rock/Recover
右藤步, 側交換步, 後下沉/回復

1-2　Step Right To Right Side. Step Left Behind Right
右足右踏, 左足於右足後踏

3-4　Step Right To Right Side. Cross Left Over Right
右足右踏, 左足於右足前交叉踏

5&6　Step Right To Right Side. Step Left Beside Right. Step Right To Right Side 右足右踏, 左足併踏, 右足右踏

7-8　Rock Left Behind Right. Recover On Right
左足於右足後下沉, 左足回復

第八段　Weave Left, 1/4 Turn Shuffle, Back Rock/Recover
左藤步, 1/4轉交換步, 後下沉/回復

1-2　Step Left To Left Side. Step Right Behind Left
左足左踏, 右足於左足後踏

3-4　Step Left To Left Side. Cross Right Over Left
左足左踏, 右足於左足前交叉踏

5&6　Step Left To Left Side. Step Right Beside Left. Turn 1/4 Right & Step Left Back 左足左踏, 右足併踏, 右轉90度左足後踏

7-8　Rock Right Back. Recover On Left 右足後下沉, 左足回復
