It's All About You (全都是你) (zh)

Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Andrew Palmer (UK) & Sheila Palmer (UK) - 2010年06月

Music: It's All About You - Juliana Pasha : (CD: Eurovision Song Contest Oslo 2010 Albania)

前奏： (20 count intro. Start on vocals) Dance rotates in a clockwise direction

第一段	**Cross-Rock. Side-Rock. Cross. (Quarter Turn L) Step Back. Chasse' (Quarter Turn L) 交叉下沉 回復, 左下沉 回復, 交叉, 1/4後, 追步轉**
1-4	Cross-rock left over right. Recover. Rock left to side. recover 左足於右足前交叉下沉, 右足回復, 左足左下沉, 右足回復
5-6	Cross left over right. Quarter turn left step back on right (9:00) 左足於右足前交叉踏, 左轉90度右足後踏(面向9點鐘)
7&8	Step left to side. Step right beside left. Quarter turn left step forward on left (6:00) 左足左踏, 右足併踏, 左轉90度左足前踏(面向6點鐘)
第二段	**(Quarter Turn L) Step Back. Sweep (Quarter Turn L). Sailor (Quarter Turn L). Kick-Ball-Step. Rock. Recover 左1/4後, 1/4繞, 1/4水手, 踢 併 踏, 下沉 回復**
1-2	Quarter turn left step back on right (3:00). Sweep left quarter turn left (12:00) 左轉90度右足後踏(面向3點鐘), 左轉90度繞(12點鐘)
3&4	Sailor-step quarter turn left (9:00) 左轉90度水手步(面向9點鐘)
5&6	Right kick-ball-change 右足前踢, 右足踏, 左足踏
7-8	Rock forward on right. Recover 右足前下沉, 左足回復
第三段	**Step Back. Step Back. Shuffle (Half Turn R). (Quarter Turn R) Side. Touch. Side. Touch 後踏, 後踏, 轉交換, 右1/4側, 點, 側, 點**
1-2	Step back right. Step back left 右足後踏, 左足後踏
3&4	Shuffle half turn right (3:00) 右轉交換(面向3點鐘)
	*****RESTART here DURING wall 7 (facing 9:00)** 第七面牆(面向9點鐘)跳至此, 從頭起跳
5-6	Quarter turn right step left to side (6:00). Touch right in front of left 右轉90度左足左踏(面向6點鐘), 右足於左足前點
7-8	Step right to side. Touch left in front of right 右足右踏, 左足於右足前點
第四段	**Rock. Recover. Together. Rock. Hold. Together. Cross. (Quarter Turn R) Step Back On The Spot Triple Turn (Half Turn L)** **左曼波, 右下沉 候 併 交叉, 右1/4, 原地三步轉1/2**
1-2&	Rock left to side. Recover. Step left beside right 左足左下沉, 右足回復, 左足併踏
3-4	Rock right to side. Hold 右足右下沉, 候
&5-6	Step left beside right. Cross right over left. Quarter turn right step back on left (9:00) 左足併踏, 右足於左足前交叉踏, 右轉90度左足後踏(面向9點鐘)
7&8	Triple step on the spot half turn right (3:00) 原地三步右轉180度(面向3點鐘)

TAG: Repeat (the first 4 counts of the dance) counts 1–4 on END of wall 2 & 10 (facing 6:00) 加拍:在第二面牆及第十面牆(面向6點鐘時), 重覆最前面4拍