It's A Replay (一直重播) (zh)

Count: 32 **Wall:** 2 **Level:** Improver
Choreographer: Joyce Plaskett (UK) - 2010年04月
Music: Replay - Iyaz

前奏： Intro: 16 counts 16拍後起跳

第一段 Forward Rumba Box, Left Hip Bumps X3, Right Hip Bumps X3
倫巴方塊, 左推臀三次, 右推臀三次

1&2 Left to side, step right together, step left forward
左足左踏, 右足併踏, 左足前踏

3&4 Right to side, step left together, step right back
右足右踏, 左足併踏, 右足後踏

5&6 Step left back bumping hips left (back), bump hips right (forward), bump hips left (back) 左足後踏後推臀, 右前推臀, 左後推臀

7&8 Step right back bumping hips right (back), bump hips left (forward), bump hips right (back) 右後推臀, 左前推臀, 右後推臀

第二段 Left Shuffle Forward, Right Step Turn Step, Full Turn Right, Right Kick Ball Change 前交換, 踏 轉踏, 轉 轉 踏, 踢 併 踏

1&2 Chassé forward left, right, left
前交換-左, 右, 左

3&4 Step right forward, turn ½ left, step right forward
右足前踏, 左轉180度, 右足前踏

5&6 Turn ½ right and step left back, turn ½ right and step right forward, step left forward 右轉180度左足後踏, 右轉180度右足前踏, 左足前踏

7&8 Kick right forward, step to ball of right, step left forward
右足前踢, 右足踏, 左足前踏

第三段 Right Rocking Chair, Right Side Rock Cross, Left Lock Step Back, Sailor ¼ Turn 搖椅步, 曼波交叉, 後鎖步, 1/4轉水手

1& Rock right forward, rock left back, rock right back, rock left forward 右足前下沉, 左足後下沉, 右足後下沉, 左足前下沉

3&4 Rock right to side, recover to left, cross right over left
右足右下沉, 左足回復, 右足於左足前交叉踏

5&6 Step left back, cross right over left, step left back
左足後踏, 右足於左足前交叉踏, 左足後踏

7&8 Cross right behind left, turn ¼ right and step left together, step right in place 右足於左足後交叉踏, 右轉90度左足併踏, 右足踏

第四段 Left Cross, Right Side, Sailor ¼ Turn, Walk Twice, Mambo Step
交叉, 右, 1/4轉水手, 走 走, 前曼波

1-2 Left over right, right to side
左足於右足前交叉踏, 右足右踏

3&4 Cross left behind right, turn ¼ left and step right together, step left in place 左足於右足後交叉踏, 左轉90度右足併踏, 左足踏

5-6 Step right forward, step left forward
右足前踏, 左足前踏

7&8 Rock right forward, recover to left, step right together
右足前下沉, 左足回復, 右足併踏