I Dance (我愛排舞) (zh)

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Susan Puruleski (USA) - 2008年09月
Music: Let's Dance - Miley Cyrus : (CD: Meet Miley Cyrus)

前奏： Start dancing on lyrics 唱歌起跳

第一段	**Walk, Walk, Step-Lock-Step, Chase ½ Turn Right, ½ Turn Left, ¼ Turn Left 走, 走, 踏-鎖-踏, 右轉1/2追步, 左轉1/2, 左轉1/4**
1-2	Walk forward right, walk forward left 右足向前走, 左足向前走
3&4	Step forward right, lock left behind right, step forward right 右足前踏, 左足於右足後鎖踏, 右足前踏
5&6	Step forward left, ½ turn to right stepping on right, step left forward 左足前踏, 右轉180度右足踏, 左足前踏
7-8	½ turn left stepping right back, ¼ turn left stepping left forward 左轉180度右足後踏, 左轉90度左足前踏
第二段	**¼ Turn Left Slide Step Right, Hold, Rock & Side, Behind Side Cross, Sway Recover 左轉1/4右滑踏, 候, 下沉 & 側, 後側交叉, 擺臀 回復**
1-2	¼ turn to left as you slide step with right, hold count 2 左轉90度右足滑併, 候
&3-4	Rock left behind right, step right, step left to side 左足於右足後下沉, 右足踏, 左足左踏
5&6	Right behind left, left out to side, cross right in front of left 右足於左足後踏, 左足左踏, 右足於左足前交叉踏
7-8	Step left out to side while swaying hips left and back to right 左足左踏左擺臀, 右足後回復
第三段	**Cross Behind Unwind ¾ Left, Right Mambo Cross, Left Mambo Cross, Coaster Step 交叉後左轉3/4, 右曼波交叉, 左曼波交叉, 海岸步**
1-2	Cross left behind right, unwinding ¾ to left 左足於右足後交叉踏, 向左繞轉270度
&3-4	Step right out to right side, step left, cross right in front of left 右足右踏, 左足踏, 右足於左足前交叉踏
&5-6	Step left to side, step right, cross left in front of right 左足左踏, 右足踏, 左足於右足交叉踏
7&8	Step right back, bring left together, step right forward 右足後踏, 左足併踏, 右足前踏
第四段	**Step ½ Turn Right, Kick & Touch, Point & Point, Body Roll 踏右轉1/2, 踢 & 點, 點 & 點, 身體擺動**
1-2	Step left forward, ½ turn to right stepping on right 左足前踏, 右轉180度右足踏
3&4	Kick left, step left, touch right popping knee out 左足前踢, 左足踏, 右足點
5&6&	Point right to side, step right, point left to side, step left 右足右點, 右足踏, 左足左點, 左足踏
7-8	Body roll from lower body to upper body 身體由下往上擺動

TAG: After 2nd wall cross left over right turn full 4 count turn to right, then restart 第二面牆結束時, 左足於右足前交叉右轉圈共4拍, 從頭起跳