Mellow Yellow (檸檬樹) (zh)

Count: 48 **Wall:** 4 **Level:** Beginner
Choreographer: Peter Metelnick (UK)
Music: Lemon Tree - Fool's Garden : (Dish of the Day / Available on iTunes)

第一段 **2 STRUTS TRAVELING LEFT, RIGHT FORWARD AND BACK ROCKS & RECOVERS**
向左趾踵步二次, 右前 後下沉 回復

1-4 Cross touch right toes over left, step right heel down, touch left toes to left, step left heel down
右足趾於左足前交叉點, 右足踵踏, 左足趾左點, 左足踵踏

5-8 Rock right forward, recover weight on left, rock right back, recover weight on lef 右足前下沉, 左足重心回復, 右足後下沉, 左足重心回復

第二段 **RIGHT CROSS STRUT, ¼ LEFT & LEFT FORWARD STRUT, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, LEFT TOGETHER**
右交叉趾踵步, 左1/4 & 左前趾踵, 右前, 左轉1/2, 右前, 左併

1-2 Cross touch right toes over left, step right heel down
右足趾於左足前交叉點, 右足踵踏

3-4 Turning ¼ left touch left toes forward, step left heel down
左轉90度左足趾前點, 左足踵踏

5-8 Step right forward, pivot ½ left, step right forward, step left together 右足前踏, 左轉180度, 右足前踏, 左足併踏

第三段 **RIGHT SIDE TOUCH, RIGHT TOUCH TOGETHER, ½ RIGHT MONTEREY TURN, LEFT SIDE TOUCH, LEFT TOUCH TOGETHER, VINE LEFT 2**
右足側點, 右足併點, 右蒙特瑞轉½, 左側點, 左併點, 左2拍華倫

1-2 Touch right toes to right side, touch right toes together
右足趾右點, 右足趾併點

3-4 Touch right toes to right side, turning ½ right step right together 右足趾右點, 右轉180度右足併踏

5-6 Touch left toes to left side, touch left toes together
左足趾左點, 左足趾併點

7-8 Step left to left side, cross step right behind left
左足左踏, 右足於左足後交叉踏

第四段 **LEFT TO LEFT SIDE, RIGHT STOMP TOGETHER, RIGHT TOE FAN, RIGHT HEEL FORWARD, HOLD, RIGHT BACK ROCK & RECOVER**
左足左踏, 右足併重踏, 右足趾扇, 右足踵前, 候, 右後下沉&回復

1-2 Step left to left side, stomp right together (keeping weight on left) 左足左踏, 右足併重踏(重心在左足)

3-4 Fan right toes out, fan right toes together (weight remains on left) 右足趾扇形轉出, 右足趾扇形轉入(重心在左足)

5-6 Touch right heel forward, hold 右足踵前點, 候

7-8 Rock right back, recover weight on left
右足後下沉, 左足重心回復

第五段 **RIGHT FORWARD ROCK & RECOVER, ½ RIGHT & RIGHT FORWARD, HOLD, LEFT FORWARD, ¼ RIGHT PIVOT TURN, LEFT TOGETHER, HOLD**
右前下沉 & 回復, 右1/2 & 右前, 候, 左前, 右1/4, 左併, 候

1-4 Rock right forward, recover weight on left, turning ½ right step right forward, hold 右足前下沉, 左足回復, 右轉180度右足前踏, 候

5-8 Step left forward, pivot ¼ right, step left together, hold
左足前踏, 右轉90度, 左足併踏, 候

第六段 RIGHT OUT, LEFT OUT, RIGHT IN, LEFT TOGETHER, RIGHT FORWARD, HOLD, ¼ LEFT PIVOT TURN, HOLD
右外, 左外, 右內, 左併, 右前, 候, 左轉1/4, 候

1-4 Step right to right, step left to left, step right in, step left together 右足右踏, 左足左踏, 右足向內踏, 左足併踏

5-8 Step right forward, hold, pivot ¼ left, hold (weight ends on left) 右足前踏, 候, 左轉90度, 候(重心在左足)
