Murder Machine (無悔青春) (zh)

Count: 0 **Wall:** 4 **Level:** Intermediate/Advanced
Choreographer: Scott Blevins (USA) - 2010年05月
Music: Teenagers - My Chemical Romance : (CD: Black Parade)

前奏： Very quick intro (&8) where lyrics say “They Gonna”, start with the line “Clean up your looks..”
Part A A部份

第一段

1-2 1) Step forward on R towards left diagonal [11:00]; 2) Rock forward on L [11:00] 右足前踏面向左斜角(面向11點鐘), 左足前下沉(面向11點鐘)

3&4& 3) Recover weight back on R &) Step L behind R; 4) Step side R squaring up to [12:00]; &) Step L across R
右足回復, 左足於右足後踏, 右足右踏面轉正, 左足於右足前交叉踏

5-6 5) Press/Rock side R; 6) Turn ¼ right recovering weight back on L [3:00] 右足右下沉, 右轉90度左足回復

7&8& 7) Small step back R; &) Step side L “out”; 8) Step side R “out”; &) Step together on ball of L
右足後踏, 左足左踏, 右足右踏, 左足併踏

第二段

1-2 1) Step forward on R towards left diagonal [1:00]; 2) Rock forward on L [1:00] 右足前踏面向左斜角(面向1點鐘), 左足前下沉(面向1點鐘)

3-4 3) Recover weight back on R squaring up to [12:00]; 4) Turn ¼ left stepping forward L [9:00]
右足回復面轉正(面向12點鐘), 左轉90度左足前踏(面向9點鐘)

5-6 5) Turn ¼ left taking large step side R [6:00]; 6) Turn ¼ left stepping L next to R [3:00]
左轉90度右足右一大步(面向6點鐘), 左轉90度左足併踏(面向3點鐘)

7-8& 7) Step forward R; 8) Small step forward L; &) Step R behind L
右足前踏, 左足略踏, 右足於左足後踏

第三段

1-2 1) Small step forward L; 2) Step forward R
左足略前踏, 右足前踏

3-4& 3) Pivot ¼ turn left stepping side L [12:00]; 4) Step R across L; &) Turn ¼ right stepping back L [3:00]
左轉90度左足左踏(面向12點鐘), 右足於左足前交叉踏, 右轉90度左足後踏(面向3點鐘)

5-6 5) Turn ¼ right stepping side R; 6) Rock forward on L towards right diagonal [7:00]
右轉90度右足右踏, 左足前踏面向右斜角(面向7點鐘)

7&8& 7) Recover weight back on R [6:00]; &) Step side L; 8) Step R across L; &) Step side L
右足回復(面向6點鐘), 左足左踏, 右足於左足前交叉踏, 左足左踏

第四段

1 1) Step R behind L 右足於左足後踏

2a3 2) Turn ¼ left stepping forward L [3:00]; a) Turn ½ left on the spot, on ball of L; 3) Step forward on R [9:00]
左轉90度左足前踏(面向3點鐘), 左轉180度重心在左足, 右足前踏(面向9點鐘)

4-5 4) Turn ½ right on ball of R stepping back on L [3:00]; 5) Turn ¼ right stepping side R [6:00]
右轉180度左足後踏, 右轉90度右足右踏(面向6點鐘)

6-8 6-8) Walk forward L,R,L slightly crossing each step [towards 6:00]
前走步-左, 右, 左(都以交叉走步處理)(面向6點鐘)

Part B - Note: The wall you start this sequence on is now your [12:00] direction for the sake of following these steps.
B部份 – 一開始面向12點鐘

These steps are about dancing on the lyrics, not so much about the count, so listen, dance and enjoy.
這些舞步都照著歌詞在舞動, 沒有很準的拍子, 要專心聽音樂, 跳舞, 享受它
前面粗體字為歌詞位置, 後面為唱到該歌詞的舞步

第一段

1&2-a 1”teen”) Step R foot forward and side right toward [1:00] body facing towards [11:00]; &”age”) Step on ball of L slightly behind R; 2”ers”) Step on ball of R across L; a”scare”) Squaring up to 12:00, take larger step back L, dragging R toe [12:00]
teen 右足右前踏向1點鐘身體面向11點鐘
age 左足略後踏
ers 右足於左足前交叉踏
scare 轉正面向12點鐘左足後一大步, 右足趾拖併(面向12點鐘)

a4& (no 3 count); a”the”) Small step back turning body to face right diagonal [1:00] ; 4”liv-”) Step on ball of L slightly behind R; &”-ing”) Step R across L to face [3:00]
沒有第3拍
the 右足略後踏身體面向右斜角1點鐘
liv- 左足於右足後踏
-ing 右足於左足前交叉踏面向3點鐘

5&6& 5”sh#*”) Step side L: &”out”) Step ball of R next to heel of L; 6”of”) Step L across R; &”me”) Step side R
sh… 左足左踏
out 右足併左踵
of 左足於右足前交叉踏
me 右足右踏

&8 (no 7 count); &) Step together L; 8) Turn ¼ right stepping forward R [6:00]
沒有第7拍
左足併踏, 右轉90度右足前踏(面向6點鐘)

第二段

1&2-a 1”they”) Rock forward L; &”could”) Recover weight back on R; 2”care”) Step side L “out”; a”less”) Step side R “out”;
they 左足前下沉
could 右足回復
care 左足左踏
less 右足右踏

a-4& (no 3 count); a”as”) Turn ¼ right stepping forward L [9:00]; 4”long”) Pivot ½ right recovering weight forward on R [3:00]; &”as”) Turn ¼ right on the spot, on ball of R [6:00]
as 右轉90度左足前踏(面向9點鐘)
long 右軸轉180度重心在右足(面向3點鐘)
as 以右足原地右轉90度(面向6點鐘)

5&6& 5”some”) Rock side L; &”one”) Recover weight on R; 6”-'ll”) Step together L; &”bleed”) Step R across L
some 左足左下沉
one 右足回復
’ll 左足併踏
Bleed 右足於左足前交叉踏

&8 (no 7 count); &) Step side on ball of L; 8) Recover weight on R
(沒有第7拍) &)左足左下沉, 8)右足回復

第三段

1-2 1”darken”) Step forward on L towards right diagonal [7:00]; 2”your”) Turn 1/8 right stepping R across L [9:00]
darken 左足前踏面向右斜角(面向7點鐘)
your 右轉45度右足於左足前交叉踏(面向9點鐘)

3-4& 3”clothes”) Step slightly back L; 4”strike”) Small step side R; &”a”) Step together L
clothes 左足略後踏
strike 右足右踏
a 左足併踏

5-6& 5”vio-”) Turn ¼ right stepping forward R [12:00]; 6”-lent”) Turn ¼ right stepping side L “out” [3:00]; &”pose”) Step side R “out”
vio- 右轉90度右足前踏(面向12點鐘)
-lent 右轉90度左足左踏
pose 右足右踏

&8 (no 7 count); &”may”) Small hip bump left; 8”be”) Small hip bump right
(沒有第7拍)
may 略左推臀
be 略右推臀

第四段

1-2a 1 ”leave”) Step forward L; 2”a”) Step R across L; a”lone”) Step back L
leave 左足前踏
a- 右足於左足前交叉踏
lone 左足後踏

a-4& (no 3 count); a”but”) Step side R; 4”not”) Step ball of L across R; &) Start to unwind ½ right
(沒有第3拍) a) 右足右踏
not 左足於右足前交叉踏
&) 右繞轉180度

5-8 5”me”) Finish unwind with hip bump to right [9:00]; 6-7-8) Bump hips left, right, left - ending with weight on L
me 結束繞轉動作右推臀(面向9點鐘), 推臀-左, 右, 左(重心在左足)
