One Day You Will (有一天你會) (zh)

Count: 48 **Wall:** 2 **Level:** Advanced
Choreographer: Dee Musk (UK) - 2010年02月
Music: One Day You Will - Lady A

前奏： Track length approx 4 mins 30 secs - 68 bpm (approx) 32 Count Intro - Approx 28 secs.

第一段 Step Rock Recover, Step Full Turn R, Sway Back Forward Back, Step ½ Turn L. 踏 下沉 回復, 後踏 右轉圈, 擺臀-後, 前, 後, 踏轉

1,2& Step forward on R, rock forward on L, recover weight to R.
右足前踏, 左足前下沉, 右足回復

3,4& Step back on L, make a ½ turn R stepping forward on R, make another ½ turn R stepping back on L.
左足後踏, 右轉180度右足前踏, 右轉180度左足後踏

5-7 Rock back on R, rock forward on L, rock back on R.
右足後下沉, 左足前下沉, 右足後下沉

8& Step forward on L, make a ½ turn L stepping back on R. (6 o'clock).
左足前踏, 左轉180度右足後踏(面向6點鐘)

第二段 Back Rock Step, R Step ¾ Turn Side R, Back Rock Side Close, Forward, Full Turn 後下沉 回復, 右3/4, 後下沉 回復 側 併, 前, 轉圈

1, 2 Rock back on L, step forward on R.
左足後下沉, 右足前踏

**TAG: 1 count tag DURING wall 5 – then restart facing 6 o'clock.
**TAG: 1 Count, DURING Wall 5 dance up to and including count 10 then add
加拍:1拍, 第五面牆面向6點鐘時跳至此時加1拍後從頭起跳

3&4 Step forward on L, make a ¾ turn R, step L to L side.
左足前踏, 右轉270度, 左足左踏

5&6& Cross rock R behind L, recover weight to L, step R to R side, close L beside R 右足於左足後交叉下沉, 左足回復, 右足右踏, 左足併踏

7 Step forward on R. 右足前踏

8& Make a ½ turn R stepping back on L, make another ½ turn R stepping forward on R. (3 o'clock).
右轉180度左足後踏, 右轉180度右足前踏(面向3點鐘)

第三段 Forward Rock Recover Together, Forward Rock Recover Together, Step ½ Turn R, Cross Side Behind Side. 前曼波, 前曼波, 踏 轉, 藤步

1,2& Rock forward on L, recover weight to R, step L beside R.
左足前下沉, 右足回復, 左足併踏

3,4& Rock forward on R, recover weight to L, step R beside L.
右足前下沉, 左足回復, 右足併踏

5-6 Step forward on L, make a ½ turn R (weight on R).
左足前踏, 右轉180度(重心在右足)

7&8& Cross step L over R, step R to R side, cross step L behind R, step R to R side. (9 o'clock).
左足於右足前交叉踏, 右足右踏, 左足於右足後交叉踏, 右足右踏(面向9點鐘)

**第四段 Cross Rock Recover Side, Cross Rock Recover Side, Cross Unwind A Full Turn R With Sweep, Cross L Over R, Cross R Over L.
交叉曼波, 交叉曼波, 交叉 轉圈帶繞, 交叉, 交叉**

1,2& Cross rock L over R, recover weight to R, step L to L side.
左足於右足前交叉下沉, 右足回復, 左足左踏

3,4& Cross rock R over L, recover weight to L, step R to R side.
右足於左足前交叉下沉, 左足回復, 右足右踏

5-7 Cross step L over R, unwind a full turn R over 2 counts sweeping L in front of R. (weight remains on R).
左足於右足前交叉踏, 以2拍右繞圈左足繞至右足前(重心在右足)

8,1 Cross step L over R, cross step R over L (moving forwards). (9 o'clock).
左足於右足前交叉踏, 右足於左足前交叉踏(向前移動)(面向9點鐘)

第五段 Back Side Cross, L ¼ Turn Side Step, Step, L Mambo Forward, R Coaster Step. 後旁前, 1/4海岸步, 前曼波, 海岸步

2&3 Step back on L, step R to R side, cross step L over R.
左足後踏, 右足右踏, 左足於右足前交叉踏

4&5 Making a ¼ turn L step back on R, step L to L side, step forward on R. 左轉90度右足後踏, 左足左踏, 右足前踏

6&7 Rock forward on L, recover weight to R, step back on L.
左足前下沉, 右足回復, 左足後踏

8&1 Step back on R, close L beside R, step forward on R. (6 o'clock)
右足後踏, 左足併踏, 右足前踏(面向6點鐘)

第六段 Step Full Turn R With Sweep, Behind Side, Travelling Forward Step Spiral Full Turn L, Step, Full Turn L. 右轉圈帶繞, 後 旁 前轉圈帶螺旋轉, 踏 轉圈

2&3 Step forward on L, pivot ½ turn R (weight on R), make another ½ turn R stepping back on L sweeping R behind L.
左足前踏, 右軸轉180度(重心在右足), 右轉180度左足後踏右足繞至後

4& Cross step R behind L, step L to L side.
右足於左足後交叉踏, 左足左踏

*** RESTART from here DURING wall 3, begin again facing 6 o'clock.**
第三面牆面向跳至此面向6點鐘從頭起跳

5 Step forward on R. 右足前踏

6 Unwind a full turn L spiralling on R hooking left in front of right.
左轉圈帶螺旋轉左足於右足前勾

7 Step forward on L. 左足前踏

8& Make a ½ turn L stepping back on R, make another ½ turn L stepping forward on L (6 o'clock).
左轉180度右足後踏, 左轉180度左足前踏(面向6點鐘)

ENDING: The dance finishes on Section 2 after the full turn R facing 3 o'clock wall - simply walk a ¾ turn R slowly to face the front wall.
結束：第二段右轉圈後面向3點鐘, 加做右轉270度面向前面牆結束