Moonlight Lady (月光仙子) (zh)

Count: 64 **Wall:** 4 **Level:** Improver
Choreographer: Maria Tao (USA) - 2008年04月
Music: Moonlight Lady - Julio Iglesias

前奏： Start dance on main vocals 唱歌時起跳

第一段 TRAVELING SWAY(RIGHT/LEFT), DIAGONAL SHUFFLE FORWARD (LEFT/RIGHT)
移動擺臀(右/左), 斜前交換(左/右)

1 - 2 Step and sway forward diagonally to right, sway back onto left (Traveling slightly forward)
右足斜前踏擺臀, 左足後擺臀(略向前移)

3 & 4 Right shuffle forward into left diagonal, stepping - right, left, right 向左斜前交換步-右, 左, 右

5 - 6 Step and sway forward diagonally to left, sway back onto right (Traveling slightly forward)
左足斜前踏擺臀, 右足後擺臀(略向前移)

7 & 8 Left shuffle forward into right diagonal, stepping - left, right, left 向右斜前交換步-左, 右, 左

第二段 ROCK, ROCOVER, 1/2 RIGHT TURN SHUFFLE; 3/4 RIGHT SPIRAL TURN, CHASSE
下沉回復, 右轉1/2交換步, 右轉3/4螺旋轉, 追步

1 - 2 Rock forward on right, recover onto left
右足前下沉, 左足回復

3 & 4 1/2 turn right shuffle, stepping - right, left, right
右轉180度交換步-右, 左, 右

5 - 6 Step left forward, make a 3/4 spiral turn right (keep weight on left)
左足前踏, 右轉270度螺旋轉(重心在左足)

7 & 8 Step right to right, step left beside right, step right to right
右足右踏, 左足併踏, 右足右踏

第三段 1/4 RIGHT TURN, ROCK, RECOVER,CROSS SHUFFLE; 1/2 HINGE TURN LEFT, CROSS SHUFFLE 右轉1/4, 下沉回復, 交叉交換, 左轉1/2, 交叉交換

1 - 2 Step left forward, 1/4 turn right & rock left to left, recover onto right 左足前踏右轉90度左足左下沉,□右足回復

3 & 4 Cross left over right, step right to right, cross left over right
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏

5 - 6 1/4 turn left (step back on right), 1/4 turn left (step left to left)
左轉90度右足後踏, 左轉90度左足左踏

7 & 8 Cross right over left, step left to left, cross right over left
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

第四段 POINT, PRESS LEFT FT, FULL TURN RIGHT INTO RIGHT CHASSE, BACK ROCK
點, 踏, 右轉圈, 右追步, 後下沉

1 - 2 & Point left to left side, hold (2), press left foot down, shift weight to left (&) 左足左點, 候, 左足踏(重心在左足)

3 - 4 Make a full turn right, stepping - right, left
右轉圈-右, 左

5 & 6 Step right to right, step left beside right, step right to right
右足右踏, 左足併踏, 右足右踏

7 - 8 Cross rock left behind right, recover forward on right
左足於右足後交叉下沉, 右足前回復

第五段　RUMBA BOX 倫巴方塊

1 - 4　Step left to left, step right beside left, step forward on left, draw right together 左足左踏, 右足併踏, 左足前踏, 右足拖併

5 - 8　Step right to right, step left beside right, step back on right, draw left together 右足右踏, 左足併踏, 右足後踏, 左足拖併

第六段　LEFT CHASSE , 1/4 TURN RIGHT, LOCK STEPS
左追步, 右轉1/4, 鎖步

1 & 2　Step left to left, step right beside left, step left to left
左足左踏, 右足併踏, 左足左踏

3 - 4　Turn 1/4 right and step right back, step left in place
右轉90度右足後踏, 左足踏

5 - 6　Step right forward, lock left behind right
右足前踏, 左足於右足後鎖踏

7 & 8　Step right forward, lock left behind right, step right forward
右足前踏, 左足於右足後鎖踏, 右足前踏

第七段　STEP FORWARD, LEFT SCISSOR CROSS WITH 1/4 TURN RIGHT, SIDE ROCK, 1/4 TURN LEFT, STEP RIGHT FORWARD; FULL TURN RIGHT
前踏, 左剪刀交叉右轉1/4, 側下沉, 左轉1/4, 右前踏, 右轉圈

1 - 2　Step left forward & 1/4 turn right on ball of left, step right next to left 左足前踏右轉90度, 右足併踏

3 - 4　Cross left over right, rock right out to right
左足於右足前交叉踏, 右足右下沉

5 - 6　Recover onto left while turning 1/4 turn left, step right forward
左轉90度左足回復, 右足前踏

7 - 8　1/2 turn right stepping back on left, 1/2 turn right stepping forward on right 右轉180度左足後踏, 右轉180度右足前踏

第八段　1/2 TURN RIGHT, LEFT LOCK STEPS; STEP/SWAY FORWARD, LIFT KNEE UP; STEP/SWAY BACK, DRAG, TOUCH
右轉1/2, 左鎖步, 踏前擺臀, 左膝抬, 踏後擺臀, 拖, 點

1 - 2　Step left forward, 1/2 turn right on ball of left
左足前踏, 右轉180度左足踏

3 & 4　Step left forward, lock right behind left, step left forward
左足前踏, 右足於左足後鎖步, 左足前踏

5 - 6　Step & sway forward diagonally to right, lift left knee up slightly
右斜前踏擺臀, 左膝略抬

7 - 8　Step & sway back onto left, drag and touch right toe beside left
左後踏擺臀, 右足趾拖併點