My Angel (我的天使) (zh)

Count: 32 **Wall:** 4 **Level:** Advanced
Choreographer: Kim Ray (UK) - 2009年08月
Music: You - Belle Perez

前奏： Start dancing on lyrics 唱歌起跳

第一段 **Right Step Forward, Pivot Full Turn, ¼ Turn, Side Cross Side, Rock/Recover, ¼ Turn, ¼ Turn Side Cross Side**
右前踏, 轉圈, 轉1/4, 側交叉側, 下沉回復, 轉1/4, 轉1/4側交叉側

1 Step forward on right 右足前踏

2&3 Step forward on left, ½ turn right, ½ turn right stepping back on left 左足前踏, 右轉180度, 右轉180度左足後踏

4&5 ¼ turn right stepping right to right side, cross step left over right, step right to right side
右轉90度右足右踏, 左足於右足前交叉踏, 右足右踏

6&7 Rock back on left, cross right over left, ¼ turn right stepping back on left 左足後下沉, 右足於左足前交叉踏, 右轉90度左足後踏

&8& ¼ turn right stepping right to right side, cross left over right, step right to right side
右轉90度右足右踏, 左足於右足前交叉踏, 右足右踏

第二段 **Cross Rock/Recover, Cross & Step Backs, ½ Turn, ½ Pivot Turn, Side Rock/Recover & ½ Pivot Turn, ¼ Pivot Turn**
交叉下沉回復, 交叉 & 後踏, 1/2, 1/2, 側下沉回復 & 1/2, 1/2

1-2 Cross rock/lean left over right, bring weight back on to right
左足於右足前交叉下沉, 右足回復

&3-4 Step left slightly back of right, cross right over left, step back on left 左足於右足略後踏, 右足於左足前交叉踏, 左足後踏

&5-6 Step right slightly back of left, cross left over right, step back on right 右足於左足略後踏, 左足於右足前交叉踏, 右足後踏

&7& ½ turn left stepping forward on left, step forward on right, ½ pivot turn left 左轉180度左足前踏, 右足前踏, 左軸轉180度

8& Step forward on right, ¼ pivot turn left 右足前踏, 左軸轉90度

第三段 **Right Step Forward, Mambo Steps, ½ Turn, ¾ Turn, Cross Rock/Recover**
右前踏, 曼波, 1/2, 3/4, 交叉下沉回復

1 Step forward on right 右足前踏

2&3 Rock forward on left, recover back on right, step back on left
左足前下沉, 右足回復, 左足後踏

4&5 Rock back on right, recover forward on left, **(RESTART** wall 4**)**, step forward on right 右足後下沉, 左足回復, 右足前踏

RESTART: Wall 4 facing 9 o/c - dance up to counts 4& of 3rd section then restart the dance (you will be facing 3 o/c).
第四面牆面向9點鐘, 跳至第三段4&面向3點鐘時, 從頭起跳

6 ½ pivot turn left 左軸轉180度

&7 ½ turn left stepping back on right, ¼ left stepping left to left side
左轉180度右足後踏, 左轉90度左足左踏

&8 Cross rock right over left, recover back on left
右足於左足前交叉下沉, 左足回復

第四段 **Ball Cross Left Over Right, Rumba Box, Back Together & Cross Rock, Recover, Ball Step Forward**
踏交叉, 倫巴方塊, 後併 交叉下沉, 回復, 踏前踏

&1 Step right slight back of left, cross left over right
右足於左足略後踏, 左足於右足前交叉踏

2&3 Step right to right side, step left next to right, step forward on right 右足右踏, 左足併踏, 右足前踏

4&5 Step left to left side, step right next to left, step back on left
左足左踏, 右足併踏, 左足後踏

6& Step back on right, step back on left
右足後踏, 左足後踏

7& Cross rock right over left, bring weight back on left
右足於左足前交叉下沉, 左足回復

8& Step right to right side, step forward on left
右足右踏, 左足前踏

FINISH: You will be facing 9 o/c dance up to counts 1-2 of 2nd section and ball cross right over left and unwind ¾ turn to face front.
面向9點鐘跳至第二段1-2拍後, 左足踏, 右足於左足前交叉踏, 轉270
