Ami Oh (就是要愛) (zh)

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Vivienne Scott (CAN) - 2007年01月
Music: Ami Oh - African Connection

前奏： Start 32 counts in (available on itunes)

第一段 STEP RIGHT TO RIGHT SIDE, STEP LEFT BESIDE RIGHT, TRIPLE IN PLACE STEP LEFT TO LEFT SIDE, STEP RIGHT BESIDE LEFT, TRIPLE IN PLACE
右足右踏, 左足併踏, 三次原地踏, 左足左踏, 右足併踏, 三次原地踏

**Styling: Latin hips for this section! 拉丁擺臀

1-2 Step right to right side, step left beside right
右足右踏, 左足併踏

3&4 Step right beside left, step left beside right, step right beside left
右足併踏, 左足併踏, 右足併踏 (原地踏三次)

5-6 Step left to left side, step right beside left
左足左踏, 右足併踏

7&8 Step left beside right, step right beside left, step left beside right
左足併踏, 右足併踏, 左足併踏(原地踏三次)

第二段 ROCK RIGHT BACK, TRIPLE IN PLACE, ROCK LEFT BACK, TRIPLE IN PLACE
右後下沉, 三次原地踏, 左後下沉, 三次原地踏

1-2 Rock right back on a diagonal behind left bending right knee, recover on left 右足彎曲於左足後斜角線下沉, 左足回復

3&4 Step right beside left, step left beside right, step right beside left (use your hips!) 右足併踏, 左足併踏, 右足併踏(擺臀)

5-6 Rock left back on a diagonal behind right bending left knee, recover on right 左足彎曲於右足後斜角線下沉, 右足回復

7&8 Step left beside right, step right beside left, step left beside right (use your hips!) 左足併踏, 右足併踏, 左足併踏(擺臀)

第三段 SIDE ROCK RIGHT & STEP FORWARD, SIDE ROCK LEFT & STEP FORWARD, ROCK FORWARD RIGHT, 1/4 TURN SHUFFLE
右側下沉 & 前踏, 左側下沉 & 前踏, 右前下沉, 轉1/4交換步

1&2 Rock right to right side, recover on left, step right forward
右足右下沉, 左足回復, 右足前踏

3&4 Rock left to left side, recover on right, step left forward
左足左下沉, 右足回復, 左足前踏

5-6 Rock forward on right, recover on left
右足前下沉, 左足回復

7&8 Step right to right side turning 1/4 right, close left beside right, step right to right side
右足右踏右轉90度, 左足併踏, 右足右踏

第四段 WEAVE TO RIGHT WITH 1/4 TURN, ROCK FORWARD 1/4 TURN, COASTER STEP
右藤步轉1/4, 前下沉轉1/4, 海岸步

1-2 Cross left over right, step right to right side
左足於右足前交叉踏, 右足右踏

3-4 Step left behind right, step right to right side turning 1/4 right
右足於右足後踏, 右足右踏右轉90度

5-6	On ball of right foot turn 1/4 right rocking left forward, recover on right 右轉90度左足前下沉, 右足回復
Styling option:	Hitch left knee up as you go into the turn 準備右轉時抬左足
7&8	Step left back, step right beside left, step left forward 左足後踏, 右足併踏, 左足前踏
Alternative for 7&8 – 進階版	triple full turn over left shoulder 小三步轉圈
