A LITTLE LOVE (愛一點點) (zh)

Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Jo Thompson Szymanski (USA), Michael Barr (USA) & Michele Burton (USA) - 2010年05月

Music: Put a Little Love In Your Heart - Scooter Lee : (CD: Home To Louisiana)

前奏： Intro: 16 counts 16拍後起跳

第一段 Walk Forward R, L, R, Side Point – Walk Back L, R, L, Side Point
走 走 走 點, 後走 走 走 右點

1–2 Step Right forward; Step Left forward 右足前踏, 左足前踏

3–4 Step Right forward; Touch Left side left 右足前踏, 左足左點

5–6 Step Left back; Step Right back 左足後踏, 右足後踏

7–8 Step Left back; Touch Right side right 左足後踏, 右足右點

第二段 Step, Side Point, Step, Side Point – Jazz Box ¼ Right
交叉 左點, 交叉 右點, 爵士方塊右1/4

1–2 Step Right forward slightly across front of left; Touch Left toe side left 右足於左足前交叉踏, 左足趾左點

3–4 Step Left forward slightly across front of right; Touch Right toe side right 左足於右足前交叉踏, 右足右點

5–6 Cross Right in front of left; Step back on Left
右足於左足前交叉踏, 左足後踏

7–8 Turn ¼ right stepping Right side right; Small step forward on Left
右轉90度右足右踏, 左足前踏

第三段 Hustle Ball Changes (Moving Forward)
嘻哈交換(側下沉 回復 踏)(往前移動)

&1-2 Rock ball of Right to right side; Return weight to Left in place; Step Right forward 右足右下沉, 左足回復, 右足前踏

&3-4 Rock ball of Left to left side; Return weight to Right in place; Step Left forward 左足左下沉, 右足回復, 左足前踏

&5-6 Rock ball of Right to right side; Return weight to Left in place; Step Right forward 右足右下沉, 左足回復, 右足前踏

&7-8 Rock ball of Left to left side; Return weight to Right in place; Step Left forward 左足左下沉, 右足回復, 左足前踏

Optional Arms: For Hustle styling, reach forward with R arm as you rock R, reach forward with L arm as you rock L. At the same time, the other arm can reach to the side if you'd like or you have the option of doing a hairbrush with the hand that is not reaching forward.
手臂配合動作做嘻哈擺動
右足右下沉右手擺向前, 左足左下沉左手擺向前, 同時另一手伸向側邊, 也可以用手做梳頭動作

第四段 Rock, Return, ½ Turn Triple Right – Rock, Return, ¼ Turn Left Coaster 下沉 回復, 轉交換, 下沉回復, 1/4海岸步

1–2 Rock forward onto Right; Return weight to Left in place
右足前下沉, 左足回復

3&4 Turn ¼ right stepping Right side right; Step Left beside right; Turn ¼ right stepping Right forward
右轉90度右足右踏, 左足併踏, 右轉90度右足前踏

5–6	Rock forward onto Left; Return weight to Right in place 左足前下沉, 右足回復
7&8	(Sweep) Step Left behind Right; Turn ¼ left stepping Right beside Left; Step Left forward 左足繞至右後踏, 左轉90度右足併踏, 左足前踏
Note:	Easier option: 7&8 Turn ¼ L, triple in place L, R, L. 簡易版：左轉90度原地三步踏-左, 右, 左