Latin Express (Sophia) 拉丁舞曲 (zh)

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Michele Perron (CAN)
Music: Sofia - Four

前奏： 48 Counts 48拍後起跳

第一段 Weave Left, Back/Break, Recover/Forward, Cha Cha
左藤步, 後下沉, 回復, 恰恰

1,2 LEFT Step To L Side; RIGHT Step Crossed Behind L
左足左踏, 右足於左足後交叉踏

3,4 LEFT Step To L Side; RIGHT Step Across Front Of L
左足左踏, 右足於左足前交叉踏

5,6 LEFT Step To L Side; RIGHT Break/Step Back
左足左踏, 右足後下沉

7 LEFT Recover/Step Forward左足回復

8&1 RIGHT Cha Cha Side R [R Step Side, L Step Beside, R Step Side]
右足右踏, 左足併踏, 右足右踏(右恰恰)

第二段 Forward/Break, Rock/Back, Cha Cha With 1/4 Turn Right, Back/Break, Rock/Forward
前下沉回復, 恰恰右轉1/4, 後下沉回復

2,3 LEFT Break/Step Forward; RIGHT Recover/Step Back
左足前下沉, 右足回復

4&5 LEFT Cha Cha With 1/4 Turn R [L Step Side, R Step Beside, L Step Back With 1/4 Turn R] 左足左踏, 右足併踏, 右轉90度左足後踏

6,7 RIGHT Break/Step Back; LEFT Recover/Step Forward
右足後下沉, 左足回復

第三段 Three Cha Cha Forwards, Forward/Break, R0ck/Back
三個前恰恰, 前下沉回復

8&1 RIGHT Cha Cha Forward [R Step Forward, L Step Beside, R Step Forward] 右足前踏, 左足併踏, 右足前踏

2&3 LEFT Cha Cha Forward [L Step Forward, R Step Beside, L Step Forward] 左足前踏, 右足併踏, 左足前踏

4&5 RIGHT Cha Cha Forward [R Step Forward, L Step Beside, R Step Forward] 右足前踏, 左足併踏, 右足前踏

6,7 LEFT Break/Step Forward; RIGHT Recover/Step Back
左足前下沉, 右足回復

第四段 Cha Cha Turn, Walk, Walk, Stutter Taps *: R, L, Stomp
恰恰轉, 走, 走, 斷斷續續點踏-右, 左
Styling Note: Stutter Taps:
'Hit' Toe/Ball Of Foot Against Floor With Force, As In Flamenco Dance. Stutter Taps是以足趾碰觸地板

8&1 LEFT Cha Cha With 1/2 Turn L [L Step Side With 1/4 Turn L, R Step Beside L, L Step Forward With 1/4 Turn L]
左轉90度左足左踏, 右足併踏, 左轉90度左足前踏

2,3 RIGHT Step Forward; LEFT Step Forward 右足前踏, 左足前踏

4&5	‘HIT’ RIGHT Toe/Ball Beside L, ‘HIT’ RIGHT Toe/Ball Slightly Diagonal R Forward, RIGHT Stomp (Down) Slightly Diagonal R Forward 右足趾併點, 右足趾略向右斜角前點, 右足略向右斜角重踏
6&7	‘HIT’ LEFT Toe/Ball Beside R, ‘HIT’ LEFT Toe/Ball Slightly Diagonal L Forward, LEFT Stomp (Down) Slightly Diagonal L Forward 左足趾併點, 左足趾略向左斜角前點, 左足略向右斜角重踏
8	RIGHT Stomp (Down) Beside L 右足併重踏
