Shut Up and Dance

Count: 48 **Wall:** 0 **Level:** Intermediate
Choreographer: Cody Flowers (USA) - February 2015
Music: Shut Up and Dance - WALK THE MOON

Awards: USLDCC 2nd Place Intermediate/Advanced at The Big Bang Dance Classic 2015

***2 Restarts (wall 3 & 5)**

(1-8) Scuff, Touch Back, ¾ Turn L, Sailor Step, Sailor Step

1 2	Scuff R, Touch R back
3 4	Twist body R (to look back at 6:00), ¾ Turn left stepping R to R side (9:00)
5&6	Step L behind R, Step R to R side, Step L to L side
7&8	Step R behind L, Step L to L side, Step R to R side

(9-16) Hitch, Toe Touch, Knee Pops, & Rock Recover, & Rock Recover

1 2	Hitch L knee across body, STEP L back to L
3 4	Pop R knee toward L, Pop L knee toward R Thank you! Cody
&56	Step R beside L, Rock L to L side, Recover weight on R
&78	Step L beside R, Rock R to R side, Recover weight on L

(17-24) & Rock Recover, Back Lock Back, ¾ Turn R, Behind Side Cross

&12	Step R beside L, Step L forward rocking onto L, Recover weight on R
3&4	Step back on L foot, Lock R over L, Step back on L foot
5 6	¼ Turn R stepping R to R side (12:00), ½ Turn R stepping L to L side (6:00)
7&8	Step R behind L, Step L to L side, Cross R over L

(25-32) Rock Recover, Behind Side Cross, Big Slide, Together, ¼ Coaster Step

1 2	Rock L to L side, Recover weight on R
3&4	Step L behind R, Step R to R side, Cross L over R
5 6	Large step R to R side, Drag L to R foot
7&8	¼ Turn L stepping back on L foot (3:00), Step R beside L, Step L forward

(33-40) Kick and Touch, Kick and Touch, Cross in Front, Cross in Front

1&2	Kick R foot forward, Step R beside L, Touch L to L side
3&4	Kick L foot forward, Step L beside R, Touch R to R side
5&6	Cross R over L, Step L to L side, Step R forward
7&8	Cross L over R, Step R to R side, Step L forward

****Restart here on Walls 3 & 5.**

(41-48) ¼ Box Turn, ¼ Box Turn

1 2	Cross R over L, ¼ Turn R stepping back on L (6:00)
3 4	Step R forward, Step L beside R
5 6	Cross R over L, ¼ Turn R stepping back on L (9:00)
7 8	Step R forward, Step L beside R

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Last Update : Sept 14th, 2015