Run Sue, Run! (落跑女孩) (zh)

Count: 32 **Wall:** 2 **Level:** Beginner
Choreographer: Cato Larsen (NOR) - 2008年12月
Music: Runaround Sue - Dion

前奏： Intro: Start the dance at vocal after 64 counts with heavy beat (47 seconds).

第一段 Step, Touch & Clap, Back, Touch & Clap, Shuffle Forward, Hold.
踏, 點&拍手, 後, 點&拍手, 前交換, 候

1,2 Step forward on right (1), Touch left toe next to right and Clap your hands (2). 右足前踏, 左足趾併點拍手

3,4 Step back on left (3), Touch right toe next to left and Clap your hands (4). 左足後踏, 右足趾併點拍手

5-8 Step forward on right (5), Step left next to right (6), Step forward on right (7), Hold (8) [12:00]
右足前踏, 左足併踏, 右足前踏, 候(面向12點鐘)

第二段 Step, Touch & Clap, Back, Touch & Clap, Shuffle Forward, Hold.
踏, 點&拍手, 後, 點&拍手, 前交換步, 候

1,2 Step forward on left (1), Touch right toe next to left and Clap your hands (2). 左足前踏, 右足趾併點拍手

3,4 Step back on right (3), Touch left toe next to right and Clap our hands (4). 右足後踏, 左足趾併點拍手

5-8 Step forward on left (5), Step right next to left (6), Step forward on left (7), Hold (8). 左足前踏, 右足併踏, 左足前踏, 候

第三段 Slow Diagonal Steps Forward, Mambo Step. 慢拍斜前踏, 曼波

1,2 Step right diagonally forward right (1), Hold (2). [1:30]
右足右斜角線前踏, 候(面向1:30)

3,4 Step left diagonally forward right (3), Hold (4). [1:30]
左足右斜角線前踏, 候(面向1:30)

5,6 Step right diagonally forward right (5), Rock (recover) back again onto left (6). [1:30] 右足右斜角線前踏, 左足後下沉(面向1:30)

7,8 Step right slightly back on a left diagonal (7), Hold (8).
右足左斜角線後踏, 候

第四段 Slow Diagonal Steps Back, Run Around To The Back Wall.
慢拍斜角線後踏, 繞向後牆

1,2 Step left diagonally back left (1), Hold (2). [1:30]
左足右角線後踏, 候(面向1:30)

3,4 Step right diagonally back left (3), Hold (4). [1:30]
右足右角線後踏, 候(面向1:30)

5-8 “Run around” to the back wall Stepping left, right, left turning to the left (5,6,7), Hold (8). [6:00]
以小三步左轉到後面牆-左, 右, 左(面向6點鐘)

Note: Run either 3/8 turn or 1 3/8 turn left.
也可改成小三步轉一圈又3/8