2012 (世界末日) (zh)

Count: 64 **Wall:** 2 **Level:** Intermediate
Choreographer: Shaz Walton (UK) - 2010年09月
Music: 2012 (feat. Nicki Minaj) - Jay Sean

第一段 **Rock. Recover. Full Turn, Step Back. Full Turn. Step.**
下沉 回復, 轉 轉, 後 轉, 轉 踏

1-2 Rock forward on right. Recover on left.
右足前下沉, 左足回復

3-4 Make ½ turn right stepping right forward. Make ½ turn right stepping back left. 右轉180度右足前踏, 右轉180度左足後踏

5-6 Step back right. Make ½ turn left stepping left forward.
右足後踏, 左轉180度左足前踏

7-8 make ½ turn left stepping back right. Step left forward.
左轉180度右足後踏, 左足前踏

第二段 **Step. Heel Scuff. Ball Step. Side Point. ¼ . Knee Pops X3**
踏 擦踢-併-踏 左點 左1/4, 彈膝三次

1-2 Step forward right. Scuff left heel forward.
右足前踏, 左足踵前擦踢

&3-4 Step left beside right. Step right forward. Point left to left side.
左足併踏, 右足前踏, 左足左點

5-6 Make ¼ left (keeping weight on right) drop weight to left popping right knee forward 左轉90度(重心在右足), 重心至左足右膝前彈

7-8 Take the weight on right popping left knee forward. Take the weight on left popping right knee forward.
重心至右足左膝前彈, 重心至左足右膝前彈

第三段 **Scuff. Step. Ball. Touch. Side. Touch, 1/4. Lock. Forward.**
擦踢, 踏-併-點, 右踏 併點 左1/4前鎖步

1-2 Scuff right forward. Step right forward.
右足前擦踢, 右足前踏

&3-4 Step left beside right. Touch right beside left. step right to right side. 左足併踏, 右足併點, 右足右踏

5-6 Touch left beside right. Make ¼ left stepping left forward.
左足併點, 左轉90度左足前踏

7-8 Lock right behind left. step left forward.
右足於左足後鎖踏, 左足前踏

第四段 **Step. ½ Pivot. Shuffle Forward. Rock Recover. Coaster Point.**
踏 轉, 前交換, 下沉 回復, 海岸步帶點

1-2 Step forward right. Make ½ pivot turn left.
右足前踏, 左軸轉180度

3&4 Step right forward. Step left beside right. Step right forward.
右足前踏, 左足併踏, 右足前踏

5-6 Rock forward on left. Recover on right.
左足前下沉, 右足回復

7&8 Step back left. Step back right. Point forward left.
左足後踏, 右足後踏, 左足前點

第五段 Slow ¼. Slow ¼. Rock. Recover. Step. Touch.
慢轉1/4, 慢轉1/4, 後下沉 回復, 前踏 併點

1-2 Take the weight on left and on your toes make a slow ¼ turn right. (Weight right) 重心至左足雙足趾右慢轉90度(重心在右足)

3-4 Still on your toes make a slow ¼ turn left. (Weight right)
雙足趾左慢轉90度(重心在右足)

5-6 Rock back on left. Recover on right. 左足後下沉, 右足回復

7-8 Step forward on left. Touch right beside left.
左足前踏, 右足併點

第六段 Ball Step. Hitch. Slow Coaster Step. Hitch. Coaster Step.
後-踏, 抬, 海岸步, 抬, 海岸步

&1-2 Step back on right. Step left forward. Hitch right.
右足後踏, 左足前踏, 右足抬

3-4 Step back right. Step back left 右足後踏, 左足後踏

5-6 Step forward right. Hitch left. 右足前踏, 左足抬

7&8 Step back left. step back right. Step forward left.
左足後踏, 右足後踏, 左足前踏

第七段 Ball Step. ¼ Pivot. Cross Rock. Recover. ¼ . ½. ¼ Chasse Left.
併-踏 轉, 交叉下沉 回復, 1/4 1/2 1/4左追步

&1-2 Step right beside left. Step left forward. Make ¼ pivot right.
右足併踏, 左足前踏, 右軸轉90度

3-4 Cross rock left over right. Recover on right.
左足於右足前交叉下沉, 右足回復

5-6 Make ¼ left stepping left forward. Make ½ left stepping right back.
左轉90度左足前踏, 左轉180度右足後踏

7&8 Make ¼ left stepping left to left side. Step right beside left. Step left to left. 左轉90度左足左踏, 右足併踏, 左足左踏

第八段 Hitch. Gallop Right (Extended Chasse) Back Rock. Recover. ¼. Coaster Rock. 抬-延伸追步(右飛奔), 後下沉 回復, 1/4後 後 後

&1&2 Hitch right. Step right to right. Step left beside right. Step right to right. 右足抬, 右足右踏, 左足併踏, 右足右踏

&3&4 Step left beside right. Step right to right. Step left beside right. Step right to right. 左足併踏, 右足右踏, 左足併踏, 右足右踏

5-6 Rock back on left. Recover on right.
左足後下沉, 右足回復

7-8 Make ¼ right stepping back left. step back right
右轉90度左足後踏, 右足後踏

&(1) Step back left. Rock forward right (count (1) being the first step of next wall) 左足後踏, (接續下一面牆的第1拍右足前踏)
