Pot Of Gold (最終寶藏) (zh)

Count: 64 **Wall:** 4 **Level:** Intermediate
Choreographer: Liam Hrycan (UK) - 1999年07月
Music: Dance Above the Rainbow - Ronan Hardiman : (CD: Feet Of Flames)

前奏： INTRO: 16C 16拍起跳

第一段 R Sailor Step, L Sailor Step, R Behind/Unwind (Full-R), L Side Rock/Recover 右水手, 左水手, 後交叉 繞轉圈, 左下沉 回復

1&2 Step right foot behind left, step left foot to left side, step right foot to right side 右足於左足後交叉踏, 左足左踏, 右足右踏

3&4 Step left foot behind right, step right foot to right side, step left foot to left side 左足於右足後交叉踏, 右足右踏, 左足左踏

5-6 Cross right foot behind left, unwind a full turn right in place over right shoulder (weight ending on R foot)
右足於左足後交叉踏, 右繞轉圈(重心在右足)

7-8 Rock left foot to left side, recover weight onto right foot
左足左下沉, 右足回復

第二段 L Sailor Step, R Sailor Step, L Behind/Unwind (Full-L), R Side Rock/Recover 左水手, 右水手, 後交叉 繞轉圈, 右下沉 回復

1&2 Step left foot behind right, step right foot to right side, step left foot to left side 左足於右足後交叉踏, 右足右踏, 左足左踏

3&4 Step right foot behind left, step left foot to left side, step right foot to right side 右足於左足後交叉踏, 左足左踏, 右足右踏

5-6 Cross left foot behind right, unwind a full turn left in place over left shoulder (weight ending on L foot)
左足於右足後交叉踏, 左繞轉圈(重心在左足)

7-8 Rock right foot to right side, recover weight onto left foot
右足右下沉, 左足回復

第三段 R Chasse, L Cross Rock/Recover, L Chasse, R Cross Rock/Recover
右追步, 交叉下沉 回復, 左追步, 交叉下沉 回復

1&2 Step right foot to right side, step left foot to place beside right, step right foot to right side 右足右踏, 左足併踏, 右足右踏

3-4 Cross rock left foot over right, recover weight back onto right foot
左足於右足前交叉下沉, 右足回復

5&6 Step left foot to left side, step right foot to place beside left, step left foot to left side 左足左踏, 右足併踏, 左足左踏

7-8 Cross rock right foot over left, recover weight back onto left foot
右足於左足前交叉下沉, 左足回復

第四段 R Chasse (¼-R), L Step/½ Pivot R, Forward Full Rolling Turn R (L,R), L Shuffle Fwd 右追步轉, 踏 轉, 踏 轉, 轉 轉, 前交換

1&2 Step right foot to right side, step left foot to place beside right, step right foot to right side a ¼ turn right
右足右踏, 左足併踏, 右轉90度右足前踏

3-4 Step left foot forward, pivot a ½ turn right
左足前踏, 右轉180度(重心在右足)

5-6 Step left foot forward a ½ turn right, step right foot back a ½ turn right 右轉180度左足前踏, 右轉180度右足後踏

7&8 Step left foot forward, step right foot to place beside left, step left foot forward 左足前踏, 右足併踏, 左足前踏

第五段 R Mambo Rock Back, L Mambo Rock Fwd, R Step/½ Pivot L, R Stomp Fwd, L Stomp Fwd
第六段 (REPEATED)
前曼波, 後曼波, 踏 轉, 右重踏, 左重踏(重覆)

1&2 Rock right foot forward, recover weight back onto left foot, step right foot back 右足前下沉, 左足回復, 右足後踏

3&4 Rock left foot back, recover weight onto right foot, step left foot forward 左足後下沉, 右足回復, 左足前踏

5-6 Step right foot forward, pivot a ½ turn left
右足前踏, 左轉180度(重心在左足)

7& Stomp right foot forward, clap hands (every wall apart from the 1st Wall) 右足前重踏, 拍手(第一面牆除外)

8& Stomp left foot forward, clap hands (every wall apart from the 1st Wall)
左足前重踏, 拍手(第一面牆除外)

1&2 Rock right foot forward, recover weight back onto left foot, step right foot back 右足前下沉, 左足回復, 右足後踏

3&4 Rock left foot back, recover weight onto right foot, step left foot forward 左足後下沉, 右足回復, 左足前踏

5-6 Step right foot forward, pivot a ½ turn left
右足前踏, 左轉180度(重心在左足)

7& Stomp right foot forward, clap hands (every wall apart from the 1st Wall) 右足前重踏, 拍手(第一面牆除外)

8& Stomp left foot forward, clap hands (every wall apart from the 1st Wall)
左足前重踏, 拍手(第一面牆除外)

第七段 L Weave With Syncopated R Heel Touch, (&) R Replace, R Weave With Syncopated L Heel Touch, (&) L Replace
藤步帶踵點, 併, 藤步帶踵點, 併

1-3 Step right foot over left, step left foot to left side, step right foot behind left 右足於左足前交叉踏, 左足左踏, 右足於左足後踏

&4& Step left foot beside right, touch right heel forward to right diagonal, step right foot to place beside left
左足併踏, 右足踵右斜角前點, 右足併踏

5-7 Step left foot over right, step right foot to right side, step left foot behind right 左足於右足前交叉踏, 右足右踏, 左足於右足後踏

&8& Step right foot beside left, touch left heel forward to left diagonal, step left foot to place beside right
右足併踏, 左足踵左斜角前點, 左足併踏

第八段 Jazzbox (½-R) With L Stomp Beside R, L Chasse, R Stomp/Kick
右轉1/2爵士方塊帶併重踏, 左追步, 後重踏/踢

1-2 Step right foot over left, step left foot back a ¼ turn right
右足於左足前交叉踏, 右轉90度左足後踏

3-4 Step right foot to right side a ¼ turn right, stomp left foot to place beside right (no weight transfer)
右轉90度右足右踏, 左足併重踏(重心不移轉, 仍在右足)

5&6 Step left foot to left side, step right foot to place beside left, step left foot to left side 左足左踏, 右足併踏, 左足左踏

7-8	Stomp right foot to place beside left, kick right foot forward to right diagonal 右足於左足後重踏, 右足右斜角前踢