# Painted Windows (上色的窗) (zh)

**Count:** 64 **Wall:** 2 **Level:** Intermediate
**Choreographer:** Neville Fitzgerald (UK) & Julie Harris (UK) - 2009年05月
**Music:** Painted Windows - The Pussycat Dolls : (CD: Doll Domination The Mini Collection)

前奏： Starts on Vocal (32 Counts) 32拍後唱歌起跳

**第一段** **Back, Coaster Step, Step, Rock Step, 1/2, 1/4.**
**後, 海岸步, 踏, 下沉回復, 1/2, 1/4**

1 Step back on Left. 左足後踏

2&3 Step back on Right, step Left next to Right, step forward on Right.
右足後踏, 左足併踏, 右足前踏

4 Step forward on Left. 左足前踏

5-6 Rock forward on Right, recover on Left. 右足前下沉, 左足回復

7-8 Make 1/2 turn to Right stepping forward Right, 1/4 turn to Right stepping Left to Left side.
右轉180度右足前踏, 右轉90度左足左踏

**第二段** **Bounce, Bounce, Heel Swivel x2, Sailor Step, Sailor 1/4.**
**膝彈, 膝彈, 轉踵二次, 水手步, 1/4轉水手**

&1&2 Lift both heels as knees pop forward, heels down, lift both heels as knees pop forward, heels down.
雙足踵前彈膝, 雙踵踏, 雙踵彈, 雙踵踏

&3&4 Swivel Right heel in, Right heel out, swivel Left heel in, Left heel out. 右足踵向內旋轉, 右足踵轉向外, 左足踵轉向內, 左足踵轉向外

5&6 Cross step Right behind Left, step Left to Left side, step Right to Right side. 右足於左足後交叉踏, 左足左踏, 右足右踏

7&8 Cross step Left behind Right, make 1/4 turn to Left Right next to Left, step forward Left. 左足於右足後交叉踏, 左轉90度右足併踏, 左足前踏

**第三段** **Kick & Slide, 1/4 Turn, Together. Rock Step, Back, Touch.**
**踢 併 滑, 1/4, 併, 下沉回復, 後, 點**

1&2 Kick Right forward, step Right next to Left, slide Left toe back. (Rt knee bends & body dips forward)
右足前踢, 右足併踏, 左足後滑(右彎膝略蹲)

3-4 Make 1/4 turn to Left taking weight on Left, step Right next to Left.
左轉90度重心在左足, 右足併踏

5-6 Rock forward on Left, recover on Right. 左足前下沉, 右足回復

7-8 Step back on Left, touch Right next to Left. (touching flat sole)
左足後踏, 右足併點

**第四段** **Side, Behind, 1/4, Side, 1/4 Hinge, Cross, Side, Cross.**
**側, 後, 1/4, 側, 1/4, 交叉, 側, 交叉**

1-2 Step Right to Right side, cross step Left behind Right.
右足右踏, 左足於右足後交叉踏

3-4 Make 1/4 turn to Right stepping forward Right, step Left to Left side.
右轉90度右足前踏, 左足左踏

5-6 Make 1/4 turn to Right stepping Right to Right side, cross step Left over Right. 右轉90度右足右踏, 左足於右足前交叉踏

7-8 Step Right to Right side, cross step Left over Right.
右足右踏, 左足於右足前交叉踏

**第五段 Brush, Step, Brush, Step, 1/2, 1/2, 1/2, Step.**
**刷, 踏, 刷, 踏, 1/2, 1/2, 1/2, 踏**

1-2 Brush Right foot forward & across Left, step forward on Right. (slightly across.. not tight)
右足於左足前交叉刷, 右足略於左足前交叉踏

3-4 Brush Left foot forward & across Right, step forward on Left. (slightly across.. not tight) 左足於右足前交叉刷, 左足略於右足前交叉踏

5-6 Pivot 1/2 turn to Right, make 1/2 turn to Right stepping back on Left.
右軸轉180度, 右轉180度左足後踏

7-8 Make 1/2 turn to Right stepping forward on Right, step Left next to Right. 右轉180度右足前踏, 左足併踏

**第六段 Back, Touch, Back, Touch, Back, Back & Walk, Walk.**
**後, 點, 後, 點, 後, 後 併 走, 走**

1-2 Turning body to face Right diagonal step back on Right ( Knees bent & body dipping). Touch Left next to Right as you straighten up to 3:00 wall. 面向右斜角右足後踏(彎膝略蹲), 站直左足併點面向3點鐘

3-4 Turning body to face Left diagonal step back on Left (Knees bent & body dipping). Touch Right next to Left as you straighten up to 3:00 wall. 面向左斜角左足後踏(彎膝略蹲), 站直右足併點面向3點鐘

5-6 Step back on Right turning to Right diagonal, step back on Left turning to Left diagonal. 右足右斜角後踏, 左足左斜角後踏

&7-8 Step Right next to Left, Walk forward Left-Right to 3:00 wall.
右足併踏, 前走步-左, 右(面向3點鐘)

**第七段 Rock, Step, Back, Rock, Step, Step, Step, 1/2 Pivot.**
**下沉 回復 後踏, 下沉 回復 踏, 踏 踏 1/2**

1-3 Rock forward on Left, recover on Right, step back on Left.
左足前下沉, 右足回復, 左足後踏

4-6 Rock back on Right, recover on Left, step forward on Right.
右足後下沉, 左足回復, 右足前踏

7-8 Step forward on Left, pivot 1/2 turn to Right.
左足前踏, 右軸轉180度

**第八段 Side Rock Step & Rock Step, Sailor 3/4 Turn, Rock Step.**
**側下沉回復, 併下沉回復, 3/4轉水手, 下沉回復**

1-2 Rock to Left side on Left, recover on Right.
左足左下沉, 右足回復

&3-4 Step Left next to Right, rock to Right side on Right, recover on Left.
左足併踏, 右足右下沉, 左足回復

5&6 Make 1/4 turn Right as you cross step Right behind Left, 1/4 turn Right stepping Left next to Right, 1/4 turn Right stepping forward on Right.
右轉90度右足於左足後交叉踏, 右轉90度左足併踏, 右轉90度右足前踏

7-8 Rock forward on Left, recover on Right.
左足前下沉, 右足回復