Paint My Love! (彩繪吾愛) (zh)

Count: 32 **Wall:** 0 **Level:** Beginner
Choreographer: Elke Weinberger (NL) & Illona Klockner - 2010年03月
Music: Paint My Love - Michael Learns to Rock

前奏： Start dance after 32 counts on 2nd verse when the heavy beats start to kick in at time track 00:28.

第一段 **Full Left Spiral Turn, Ball Cross, ½ Left Sweep Turn, Back Rock, Recover, Sweep, Full Right Spiral Turn, Ball Cross, Side Slide, Drag**
左轉圈 併 交叉, 轉繞, 後下沉 回復 繞, 右轉圈 併 交叉, 大步拖併 併踏

1&2 Cross right over left and then spiral a full turn left, step left to left, cross right over left (12 O'Clock)
右足於左足前交叉踏左螺旋轉圈, 左足左踏, 右足於左足前交叉踏(面向12點鐘)

3 Execute ½ turn left as you sweep left around (6 O'Clock)
左轉180度左足繞至後(面向6點鐘)

4&5 Rock left back, recover weight onto right, sweep left around from back to front 左足後下沉, 右足回復, 左足由後繞至前

6&7 Cross left over right and then spiral a full turn right, step right to right, cross left over right (6 O'Clock)
左足於右足前交叉螺旋右轉圈, 右足右踏, 左足於右足前交叉踏(面向6點鐘)

8& Taking a long step - slide right to right and drag left toes towards right, step left beside right 右足右一大步左足趾拖併, 左足併踏

第二段 **Forward Rock, Recover, ¼ Right Forward Rock, ½ Right Forward, ¾ Left Triple Turn, Sway, Sway, ½ Right Sweep Turn**
下沉 回復, 1/4下沉, 回復, 轉, 小三步轉3/4, 擺臀, 擺臀, 繞轉1/2

1-2 Rock right forward, recover weight onto left
右足前下沉, 左足回復

3-4 Execute ¼ turn right and then rock right forward, recover weight onto left (9 O'Clock) 右轉90度右足前下沉, 左足回復(面向9點鐘)

5 Execute ½ turn right and then step right forward (3 O'Clock)
右轉180度右足前踏(面向3點鐘)

6&7 Step left forward, execute ½ turn left and then step right back, execute another ¼ turn left and then step left to left (6 O'Clock)
左足前踏, 左轉180度右足後踏, 左轉90度左足左踏(面向6點鐘)

8&1 Sway hips right, sway hips left, execute ½ right and then sweep right around (12 O'Clock)
右擺臀, 左擺臀, 右轉180度右足繞(面向12點鐘)

第三段 **½ Left Sailor Turn, Recover, Behind, Figure '4' Hitch, Sailor Cross, Pivot ½ Right Turn, ½ Right Together, Back Slide**
1/2轉水手, 回復, 後, 4狀抬, 水手交叉, 1/2, 1/2併, 後滑併

2&3 Cross right behind left, execute ¼ turn left and then step left fwd, execute another ¼ turn left and then rock right to right (6 O'Clock)
右足於左足後交叉踏, 左轉90度左足前踏, 左轉90度右足右下沉(面向6點鐘)

4&5 Recover weight onto left, step right behind left, hitch left knee beside right in a figure '4'
左足回復, 右足於左足後踏, 左膝於右足後抬呈數字4狀

6&7 Cross left behind right, step right to right, cross left over right
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏

8&1 Pivot ½ turn right, execute another ½ turn right and then step left beside right, taking a long step – slide right back and drag left toes towards right (6 O'Clock)
右軸轉180度, 右轉180度左足併踏, 右足後一大步左足拖併(面向6點鐘)

第四段 **Twinkle Pattern, ¼ Right Turning Twinkle Pattern, Forward, Pivot ¼ Left Turn, Toe Slide Into Gracious Pose!**
華士步, 右1/4華士步, 踏 轉1/4, 優雅趾滑步

2&3 Cross left over right, step right to right, step left to left
左足於右足前交叉踏, 右足右踏, 左足左踏

4&5 Cross right over left, ¼ turn right step left to left, step right to right (9 O'Clock)
右足於左足前交叉踏, 右轉90度左足左踏, 右足右踏(面向9點鐘)

6&7 Step left forward, step right forward, pivot ¼ turn left ending with left close beside right (6 O'Clock)
左足前踏, 右足前踏, 左轉90度左足併踏(面向6點鐘)

8 Dip down slightly into your most gracious as you gradually slide right toes to right 很優雅地略蹲右足趾滑向右
Note:Keep your right leg fully straighten throughout when you slide right toes to right. Your pose should end with left knee slight bent (into a dip) and right leg straightened with right toes pointed to right
注意:當右足趾滑向右時, 右足趾右點右腿要完全伸直, 左膝要略彎以蹲的姿勢呈現

EXTRA BEAT: There is an extra beat at the end of the 5th rotation. Just remain in that gracious pose for this extra beat and begin dancing the 6th rotation facing 6 o' Clock.
第五面牆結束時, 音樂會多出一拍, 擺個優美的姿勢, 面向6點鐘繼續跳第六面牆
