Go Guetta (加油．庫塔) (zh)

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Paul McAdam (UK) - 2010年07月
Music: Commander (feat. David Guetta) - Kelly Rowlands

前奏： Count in: Start 32 Counts into track

第一段 Side, Jazz Box, ¼ Side Behind X2
左踏, 三步爵士方塊右1/4, 左 後共二次

1-4 Step Left Foot To Left Side, Cross Right Foot Over Left, Step Back On Left Foot, Make A ¼ Turn Right And Step Forward On Right Foot
左足左踏, 右足於左足前交叉踏, 左足後踏, 右轉90度右足前踏

5-8 Step Left Foot To Left Side, Cross Right Foot Behind Left, Step Left Foot To Left Side, Cross Right Foot Behind Left
左足左踏, 右足於左足後交叉踏, 左足左踏, 右足於左足後交叉踏

第二段 Side Rock, Cross Shuffle, ½ Turn Right Shuffle
左下沉 回復, 交叉交換, 左1/4 1/4, 前交換

1,2 Rock Left Foot To Left Side, Recover On Right
左足左下沉, 右足回復

3&4 Left Cross Shuffle 左交叉交換

5,6 Make A ¼ Turn Left And Step Back On Right Foot, Make A ¼ Turn Left And Step Left Foot To Left Side
左轉90度右足後踏, 左轉90度左足左踏

7&8 Right Shuffle Forward 前交換-右, 左, 右

第三段 Press-Slide, ½ Turn, Together, Twist ½ Turn, Side, Behind-Side-Cross
壓-滑, 右轉, 併, 右旋轉, 左踏, 後 旁 前

1,2 Press Ball Of Left Foot Slightly Forward Of Right Foot, Push Left Heel Down As You Slide Right Toe Back (Weight Stays On Left)
左足略於右足前壓踏, 左足踵後踏右足趾後滑(重心在左足)

3,4 Pivot A ½ Turn Right (Keeping Weight On Left Foot And Leave Right Toe Pointing Forward), Bring Right Foot Next To Left (Take Weight Back On Both Heels
右轉180度(重心在左足, 右足趾前點), 右足併踏(重心在雙足踵)

5,6 Swivel A ½ Turn Right (Weight Ends Up On Right Foot), Step Left Foot To Left Side 右旋轉180度(結束在右足), 左足左踏

7&8 Cross Right Foot Behind Left, Step Left Foot To Left Side, Cross Right Foot Over Left 右足於左足後交叉踏, 左足左踏, 右足於左足交叉踏

第四段 Hip Bumps, Rolling Vine, Touch 推臀, 轉華倫, 併點

1,2 Step Left Foot To Left Side And Bump Left Hip Twice
左足左踏左推臀二次

3,4 Bump Right Hip To Right Side, Bump Left Hip To Left Side
右推臀, 左推臀

5,6 Make A ¼ Turn Right And Step Right Foot Forward, Make A ½ Turn Right And Step Left Foot Back
右轉90度右足前踏, 右轉180度左足後踏

7,8 Make A ¼ Turn Right And Step Right Foot To Right Side, Touch Left Toe Next To Right 右轉90度右足右踏, 左足趾併點