Night Work (夜班的) (zh)

Count: 64 **Wall:** 4 **Level:** Intermediate
Choreographer: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - 2010年06月
Music: Night Work - Scissor Sisters

前奏： Start 48 counts after the Guitar Rift (0:30)

第一段 Stomp, Step, Rock Step, Rock 1/4 Turn, Shuffle 1/2 Turn Lt
重踏, 踏, 後下沉 踏, 右下沉 左1/4, 轉交換

1,2 Stomp Rt to Rt, Replace weight Lt 右足右重踏, 左足踏

3,4 Rock Rt behind Lt, Step Lt in place 右足於左足後下沉, 左足踏

5,6 Rock Rt to Rt, Step Lt fwd 1/4 turn Lt
右足右下沉, 左轉90度左足前踏

7&8 Make 1/4 turn Lt stepping Rt to Rt, Step Lt next to Rt, Make 1/4 turn Lt stepping Rt back (3:00)
左轉90度右足右踏, 左足併踏, 左轉90度右足後踏(面向3點鐘)

第二段 Rock Step, Walk Fwd, Kick & Touch, Heel & Heel
後下沉 回復, 走 走, 踢 併 點, 踵 收 踵

1,2 Rock Lt back, Replace weight Rt 左足後下沉, 右足回復

3,4 Walk fwd Lt, Rt 左足前走, 右足前走

5&6 Kick Lt fwd, Step Lt next to Rt, Touch Rt to Rt
左足前踢, 左足併踏, 右足右點

7&8 Touch Rt heel fwd, Step Rt next to Lt, Touch Lt heel fwd
右足踵前點, 右足併踏, 左足踵前點

第三段 And Rock 1/4 Turn, Rt Crossing Shuffle, 1/2 Hinge Turn, Rt Crossing Shuffle 併-踏 左1/4, 交叉交換, 1/4 1/4, 交叉交換

&1,2 Step Lt next to Rt, Step Rt fwd, Make a 1/4 turn Lt (weight Lt) (12:00)
左足併踏, 右足前踏, 左轉90度重心在左足(面向12點鐘)

3&4 Cross Rt in front of Lt, Step Lt to Lt, Cross Rt in front of Lt
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

5,6 Make 1/4 turn Rt stepping back Lt, Make 1/4 turn Rt stepping Rt to Rt 右轉90度左足後踏, 右轉90度右足右踏

7&8 Cross Lt in front of Rt, Step Rt to Rt, Cross Rt in front of Lt (6:00)
左足於右足前交叉踏, 右足右踏, 右足於左足前交叉踏(面向6點鐘)

RESTART 1 第二面牆24拍從頭起跳

第四段 Rock Step, Behind & Cross, Lt Chasse, Rt Cross Rock
右下沉 回復, 後 旁 前, 左追步, 交叉下沉 回復

1,2 Rock Rt to Rt, Replace weight Lt 右足右下沉, 左足回復

3&4 Step Rt behind Lt, Step Lt to Lt, Cross Rt in front of Lt
右足於左足後踏, 左足左踏, 右足於左足前交叉踏

5&6 Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt
左足左踏, 右足併踏, 左足左踏

7,8 Rock Rt fwd in front of Lt, Replace weight Lt
右足於左足前交叉下沉, 左足回復

第五段 Step, Hold, And Step, Hold, And Rock Step, Sailor Step
踏, 候, 併-踏, 候, 併-右下沉 回復, 水手步

1,2 Step Rt to Rt, Hold-Clap 右足右踏, 候-拍手

&34 Step Lt next to Rt, Step Rt to Rt, Hold-Clap
左足併踏, 右足右踏, 候-拍手

&56 Step Lt next to Rt, Rock Rt to Rt, Replace weight Lt
左足併踏, 右足右下沉, 左足回復

7&8 Step Rt behind Lt, Step Lt to Lt, Step Rt fwd
右足於左足後踏, 左足左踏, 右足前踏

第六段 Stomp, Hold, And Cross Back, 1/2 Turn, Run Fwd Lt, Rt, Lt
重踏, 候, 後-交叉 後, 1/4 1/4, 跑 跑 跑

1,2 Stomp Lt fwd, Hold 左足前重踏, 候

&34 Step Rt back, Cross Lt in front of Rt, Step Rt back
右足後踏, 左足於右足前交叉踏, 右足後踏

5,6 Make 1/4 turn Lt stepping Lt to Lt, Make 1/4 turn Lt stepping Rt fwd (12:00) 左轉90度左足左踏, 左轉90度右足前踏(面向12點鐘)

7&8 Step Lt fwd, Step Rt fwd, Step Lt fwd
左足前踏, 右足前踏, 左足前踏

RESTART 2 第三面牆48拍從頭起跳

第七段 Rocking Chair, Step 1/2 Turn, Step 1/4 Turn
搖椅步, 踏 轉, 踏 1/4

1,2 Rock Rt fwd, Replace weight Lt 右足前下沉, 左足回復

3,4 Rock Rt back, Replace weight Lt 右足後下沉, 左足回復

5,6 Step Rt fwd, Make 1/2 turn Lt (weight Lt) (6:00)
右足前踏, 左轉180度重心在左足(面向6點鐘)

7,8 Step Rt fwd, Make 1/4 turn Lt (weight Lt) (3:00)
右足前踏, 左轉90度重心在左足(面向3點鐘)

RESTART 3 第四面牆56拍從頭起跳

第八段 Jazz Box with a Cross, Side, Hold, Behind, Side, Cross
爵士方塊帶交叉, 右, 候, 後, 右, 交叉

1,2 Cross Rt in front of Lt, Step back Lt
右足於左足前交叉踏, 左足後踏

3,4 Step Rt to Rt, Cross Lt in front of Rt
右足右踏, 左足於右足前交叉踏

5,6 Step Rt to Rt (Extend Rt hand to Rt side (Palm facing out), Hold
右足右踏(右手伸向右邊, 手掌向外), 候

&78 Step Lt behind Rt, Step Rt to Rt, Cross Lt in front of Rt
左足於右足後踏, 右足右踏, 左足於右足前交叉踏