Nothin' Better (超幸運) (zh)

Count: 64 **Wall:** 2 **Level:** Intermediate
Choreographer: Neville Fitzgerald (UK) & Julie Harris (UK) - 2010年09月
Music: One In a Million - Ne-Yo

前奏： Starts After 32 Counts. 32拍後起跳

第一段 **Back, Back, 1/2, Right Lock Step, Rock Step, Sailor 1/2 Cross.**
後 後 轉, 前鎖步, 下沉 回復, 轉水手

1-3 Step back on Left, step back on Right, make 1/2 turn to Left stepping forward Left. 左足後踏, 右足後踏, 左轉180度左足前踏

4&5 Step forward on Right, lock Left behind Right, step forward on Right.
右足前踏, 左足於右足後鎖踏, 右足前踏

6-7 Rock forward on Left, recover on Right. 左足前下沉, 右足回復

8&1 Make 1/4 turn Left cross stepping Left behind Right, 1/4 Left stepping Right next to Left, cross step Left over Right.
左轉90度左足於右足後交叉踏, 左轉90度右足併踏, 左足於右足前交叉踏

第二段 **Full Turn Unwind, Right Shuffle, Cross, Side, Behind, 1/8, 1/8.**
繞轉圈, 前交換, 交叉, 右, 後 1/8 1/8

2-3 Unwind full turn to the Right. (over 2 counts) 右繞轉圈

4&5 Step forward on Right, step Left next to Right, step Forward on Right.
右足前踏, 左足併踏, 右足前踏

6-7 Cross step Left over Right, step Right to Right side.
左足於右足前交叉踏, 右足右踏

8&1 Preparing to turn cross step Left behind Right, making 1/8 turn to Left step back on Right, making 1/8 turn to Left step Left to Left side. (9:00)
左足於右足後交叉踏, 左轉45度右足後踏, 左轉45度左足左踏(面向9點鐘)

****R** RESTART With Step Change Wall 5, Dance up to and including Count 5 Section 2… Then…**第五面牆跳至第5拍後, 6-8換成下列動作後, 從頭起跳

6-8 Rock forward on Left, recover on Right, drag Left back next to Right... Then Restart dance from beginning
左足前下沉, 右足回復, 左足拖併, 從頭起跳

第三段 **Together, Step, Right Lock Step, Step, 3/4 Spiral, Chasse Right.**
併, 踏, 前鎖步, 踏, 3/4, 右追步

2-3 Step Right next to Left, step forward on Left.
右足併踏, 左足前踏

4&5 Step forward on Right, lock Left behind, step forward on Right.
右足前踏, 左足於右足後鎖踏, 右足前踏

6-7 Step forward Left, on ball of Left make 3/4 turn to Right. (Right will be slightly raised & slightly hooked across Left)
左足前踏, 重心在左足右轉270度(右足略於左足前勾)

8&1 Step Right to Right side, step Left next to Right, step Right to Right side. 右足右踏, 左足併踏, 右足右踏

第四段 **Cross Rock, Chasse 1/4, Step, 1/2, 3/4 Triple Cross.**
交叉下沉, 追步轉, 踏 轉, 1/2 1/4 交叉

2-3 Cross rock Left over Right, recover on Right.
左足於右足前交叉下沉, 右足回復

4&5 Step Left to Left side, step Right next to left, make 1/4 turn Left stepping forward Left.
左足左踏, 右足併踏, 左轉90度左足前踏

6-7 Step forward on Right, make 1/2 turn to Right stepping back on Left.
右足前踏, 右轉180度左足後踏

8&1 Make 1/2 turn to Right stepping forward on Right, 1/4 turn Right stepping Left to Left side, cross step Right over Left.
右轉180度右足前踏, 右轉90度左足左踏, 右足於左足前交叉踏

***R* RESTART With Step Change** Wall 2**, Dance up to and including Count 6 (30) Section 4.. Then..** 第二面牆跳至第6拍後, 7-8改跳下列動作後, 從頭起跳

7-8 Pivot 1/2 turn to Left, make 1/4 Left stepping Right to Right side... Then Restart dance from beginning…
左軸轉180度, 左轉90度右足右踏, 從頭起跳

第五段 Side, Touch, Touch & Side/Sway, Sway, Sway, Drag & Cross.
左, 點, 點 併點 右擺臀, 左擺臀, 右擺臀, 拖 併 交叉

2-3 Step Left to Left side, touch Right next to Left.
左足左踏, 右足併點

4&5 Touch Right to Right side. Touch Right next to Left, step Right to Right side swaying hips Right. 右足右點, 右足併點, 右足右踏右擺臀

6-7 Sway hips Left-Right. 左擺臀, 右擺臀

8&1 Drag Left in toward Right, step Left to Right, cross step Right over Left. 左足拖併, 左足併踏, 右足於左足前交叉踏

第六段 1/4 Rock, Recover, Lock Step Back, Out, Out, Rock & Side.
1/4下沉, 回復, 後鎖步, 大, 大, 交叉曼波

2-3 Make 1/4 turn Left rocking forward on Left, recover on Right.
左轉90度左足前下沉, 右足回復

4&5 Step back on Left, lock Right over Left, step back on Left.
左足後踏, 右足於左足前鎖踏, 左足後踏

6-7 Step Right to Right side, step Left to Left side.
右足右踏, 左足左踏

8&1 Cross rock Right over Left, recover on Left, step Right to Right side.
右足於左足前交叉下沉, 左足回復, 右足右踏

第七段 Rock & Side & Rock, Back Together Back, Back, 1/2, Step 1/2 Point.
交叉下沉 回復 左 下沉, 後交換, 後 1/2, 踏 轉 點

&2&3 Cross rock Left over Right, recover on Right, step Left to Left side, rock forward on Right.
左足於右足前交叉下沉, 右足回復, 左足左踏, 右足前下沉

4&5 Step back on Left, step Right next to Left, step back on Left.
左足後踏, 右足併踏, 左足後踏

6-7 Step back on Right, make 1/2 turn to Left stepping forward on Left.
右足後踏, 左轉180度左足前踏

8&1 Step forward on Right, pivot 1/2 turn to Left, point Right to Right side. 右足前踏, 左軸轉180度, 右足右點

第八段 Sailor Full Turn & Cross, Rock, Recover, Cross, 1/4.
水手轉圈, 交叉, 左下沉 回復, 交叉, 1/4

2&3 Make 1/4 turn to Right cross stepping Right behind Left, 1/4 Right stepping Left next to Right, 1/4 Right stepping Right across Left.
右轉90度右足於左足後交叉踏, 右轉90度左足併踏, 右轉90度右足於左足前交叉踏

&4 1/4 Right stepping Left next to Right, cross step Right over Left.
右轉90度左足併踏, 右足於左足前交叉踏

5-8 Rock to Left side on Left, recover on Right stepping slightly back, cross step Left over Right, Make 1/4 turn Right stepping forward on Right.
左足左下沉, 右足回復, 左足於右足前交叉踏, 右轉90度右足前踏
