Jumpin' The Gun (偷跑) (zh)

Count: 48 **Wall:** 2 **Level:** Intermediate

Choreographer: Judy McDonald (CAN), Jackie Miranda (USA) & Jo Thompson Szymanski (USA) - 2010年10月

Music: Jumpin' the Gun - Ronnie Barnes

第一段 **Right Syncopated Weave, Sailor 3/4 Turn, Hold, and Cross**
右, 後 旁 前, 右, 3/4轉水手交叉, 候-右-交叉

1,2 Step R to R side, cross step L behind R
右足右踏, 左足於右足後交叉踏

&3,4 Step R to R side, cross L over R, step R to R side
右足右踏, 左足於右足前交叉踏, 右足右踏

5&6 Make a 3/4 turn L sailor step by stepping L behind R into 1/4 L, 1/4 turn L stepping R, 1/4 turn L crossing L over R (3:00 wall)
左270度轉水手交叉-左轉90度左足於右足後踏, 左轉90度右足踏, 左轉90度左足於右足前交叉踏(面向3點鐘)

7&8 Hold, step R to R side, cross L over R (weight on L)
候, 右足右踏, 左足於右足前交叉踏(重心在左足)

第二段 **Syncopated Scissors with Hip Bump, 1/2 Turn Triple Step, Boogie Walk Forward x4 變奏剪刀步帶推臀, 三步轉, 搖滾走步**

&1,2 Step R to R, step L next to R face slightly L straighten legs pushing hips back, cross R over L
右足右踏, 左足併踏後推臀, 右足於左足前交叉踏

3-4 ~~Turn 3/4 turn over R shoulder~~ stepping L to L side, make 1/2 turn R stepping R next to L, step forward on L
左足左踏, 右轉180度右足併踏, 左足前踏

5-8 Boogie walk forward R, L, R, L 搖滾走步-右, 左, 右, 左

第三段 **Diagonal Step Side Touches, Return to Starting Wall**
斜角右踏 併點, 轉 併點, 右踏 併點, 左踏 併點

1-4 Angle body left (face 7 o'clock) and step R side, touch L next to R, step side L making 1/2 turn and touch R next to L (face 1 o'clock)
右足右踏身體面向7點鐘方向, 左足併點, 左轉180度左足踏, 右足併點(面向1點鐘)

5-8 Step side R, touch L next to R, step L to side square up to front wall, touch R next to L 右足右踏, 左足併點, 左足左踏(轉正), 右足併點

第四段 **Step Forward Sweep Around, Cross, Step Back, Step Together, Out-Out, In-In, Out-Out, In-In 踏繞, 交叉, 後, 併, 大 大 小 小, 大 大 小 小**

1-4 Step fwd on R as you sweep L over R, cross L over R taking weight on L, step back on R, step L next to R
右足前踏左足繞至前, 左足於右足前交叉踏, 右足後踏, 左足併踏

&5 Step R out to R side, step L out to L side (feet are shoulder width apart) 右足右踏, 左足左踏(與肩同寬)

&6 Step R to center, step L next to R
右足回踏, 左足併踏

&7 Step R out to R side, step L out to L side (feet are shoulder width apart) 右足右踏, 左足左踏(與肩同寬)

&8 Step R to center, step L next to R (weight on L)
右足回踏, 左足併踏(重心在左足)

*** RESTART will OCCUR here DURING** 5th repetition **of the dance at the front wall;** 第五面牆跳至此, 面向前面牆, 從頭起跳

BEFORE the restart you have the option to hold on counts &6&7 and then continue with counts &8 bringing your feet back in to center.
跳到&6&7後加一個候拍, 跳&8後從頭起跳

第五段　Cross Rock, Recover, Side Step, Cross Rock, 1/4 Turn Sweep, Back Coaster Step, Kick Ball Change
交叉下沉 回復, 右, 交叉下沉, 1/4回復繞, 海岸步, 踢 併 踏

1-2　Cross rock R over L, recover on L
右足於左足前交叉下沉, 左足回復

&3,4　Step R to R side, cross rock L over R, as you recover on R sweep L into 1/4 turn L 右足右踏, 左足於右足前交叉下沉, 右足回復左足繞左轉90度

5&6　Back coaster stepping back on L, step R next to L, step forward on L 海岸步-左足後踏, 右足併踏, 左足前踏

7&8　Kick R forward, step down on R, step forward on L (kick ball change traveling forward) 右足前踢, 右足踏, 左足前踏(踢 併 前踏)

第六段　Rock Forward, Recover, 1/2 Turn Triple Forward, 1/4 Turn Hip Bumps, Drag 下沉 回復, 轉交換, 1/4左推臀, 右推臀, 左大步, 拖併

1-2　Rock forward on R, recover on L 右足前下沉, 左足回復

3&4　Make a 1/2 turn R and triple step forward R, L, R
右180度轉交換-右, 左, 右

5-8　Turn 1/4 R stepping L to L side as you bump L hip to L side, bump R hip to R side as you bring L next to R (but do not take weight on L), take a long step L to L side, drag R next to L (weight remains on L)
右轉90度左足左踏左推臀, 右推臀左足併(重心仍在右足), 左足左大步,右足拖併(重心在左足)

ENDING: For the end of the dance, you will eliminate the last 4 counts of the dance (counts 5-8) and make a 1/4 turn L stepping your L to L side with your feet apart and HOLD with a pose!
結束 : 最後4拍省略, 加跳左轉90度左足左踏, 雙腳分開, 候拍擺個姿勢結束
