Wrapped Up

Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Simon Ward (AUS) - October 2014

Music: Wrapped Up (feat. Travie McCoy) - Olly Murs : (Album: Never Been Better - iTunes)

Notes: Dance starts 32 counts from start of track, approx. 16sec.
Dance finishes on count 17-18 facing front.

[1-8]☐Walk R,L, R fwd ¼ pivot L cross/step R, ¼ turn R, ½ turn R, L shuffle

1-2	Walk forward right, left 12:00
3&4	Step right forward, Pivot ¼ turn left taking weight onto left, Cross/step right over left 9:00
5-6	Make ¼ turn right stepping left foot back 12:00, Make ½ turn right stepping right foot forward 6:00
7&8	Step left slightly forward, Step right beside left, Step left slightly forward 6:00

[9-16]☐R fwd, ¼ turn L touching L toe, ½ turn R touching R toe, R side, Cross L, ¼ L, ½ L

1-2	Step right forward, Make ¼ turn left & touch left toe to left side 3:00

(toe pointing slightly out & roll shoulders for styling)

3-4	Make ¼ turn right stepping left back 6:00, Make a further ¼ turn right & touch right toe to right 9:00

(toe pointing slightly out & roll shoulders for styling)

5-6	Step right to right side slightly, Cross/step left over right 9:00
7-8	Make ¼ turn left stepping right back 6:00, Make a further ½ turn left stepping left forward 12:00

[17-24]☐R fwd, Hip roll turning ½ L, Hips back, Hips fwd, R fwd, ½ turn R, Coaster/step cross

1-2	Step right forward (pushing hips slightly back to prepare for hip roll), Pivot ½ turn left rolling hips counter-clockwise keeping weight on right and pressing left toe slightly forward 6:00 (big sharp roll)
3-4	Push hips back taking weight onto right, Push hips forward taking weight onto left 6:00
5-6	Step right forward, Make ½ turn right stepping left back 12:00
7&8	Step right back, Step left beside right , Cross/step right over left 12:00

[25-32]☐Step L, Hold, R tog, Cross L, ¼ turn R, ½ turn R toe heel strut w/ hips, Rock R back, L fwd

1-2	Take big step left, Hold sliding right towards left 12:00
&3-4	Step right beside left, Cross/step left over right, Make ¼ turn right stepping right forward 3:00
5&6	Touch left toe forward as you bump hips forward, Start making ½ turn right as you bump hips back, Complete ½ turn right as you bump hips forward taking weight onto left 9:00

(toe heel strut bumping hips forward and back making a ½ turn right)

7-8	Rock/step right back, Recover weight forward on left 9:00

RESTART

Notes: No where near as hard as it looks on paper, was actually going to put easy intermediate as the level but decided against it.
Really step the dance out, use loads of styling (funky) and don't be afraid to use those hips. Especially in the hip roll on counts 17-18 and the hips bumps. Have fun.

Contact: bellychops@hotmail.com