Distant Shore (zh)

Count: 48 **Wall:** 4 **Level:** Improver
Choreographer: Vivienne Scott (CAN) - 2010年10月
Music: Distant Shore - Órla Fallon

前奏： intro 48 counts 48拍後起跳

第一段 Twinkle, Cross, Step Back 1/4 Turn, Step Side 1/4 Turn

1-3 Cross left over right, rock right to right side, recover on left
左足於右足前交叉踏, 右足右下沉, 左足回復

4-6 Cross right over left, turn 1/4 turn right and step left back, turn 1/4 right and step right to right side
右足於左足前交叉踏, 右轉90度左足後踏, 右轉90度右足右踏

第二段 Twinkle, Cross, Step Back 1/4 Turn, Step Side 1/2 Turn

1-3 Cross left over right, rock right to right side, recover on left
左足於右足前交叉踏, 右足右下沉, 左足回復

4-6 Cross right over left, turn 1/4 turn right and step left back, turn 1/2 right and step right forward
右足於左足前交叉踏, 右轉90度左足後踏, 右轉180度右足前踏

第三段 Step Side, Drag/Slide, Back Rock, Recover, Step 1/4 Turn

1-3 Step left long step to left side, drag/slide right towards left
左足左一大步, 右足拖併

4-6 Rock right behind left, recover on left, turn 1/4 right and step right forward 右足於左足後下沉, 左足回復, 右轉90度右足前踏

RESTART: ***On Wall 4 restart at the end of Section 13-18. You will be facing the 9 o'clock wall when you.** 第四面牆跳至此時將面向9點鐘, 從頭起跳

第四段 Step Side, Drag/Slide, Back Rock, Recover, Step 1/4 Turn

1-3 Step left long step to left side, drag/slide right towards left
左足左一大步, 右足拖併

4-6 Rock right behind left, recover on left, turn 1/4 right and step right forward 右足於左足後下沉, 左足回復, 右轉90度右足前踏

第五段 Step Forward, Sways, Coaster Step

1-3 Step left forward, step sway right to right side, sway left
左足前踏, 右足右踏右擺臀, 左擺臀

4-6 Step right back, step left beside right, step right forward
右足後踏, 左足併踏, 右足前踏

第六段 Step Forward, Point, Hold, Step Back, Point, Hold

1-3 Step left forward, point right forward to right diagonal, hold
左足前踏, 右足右斜角前點, 候

4-6 Step right back, point left back to left diagonal, hold
右足後踏, 左足左斜角後點, 候

第七段 Basic 1/2 Turn, Basic Back

1-3 Step left forward & turn 1/4 left, turn 1/4 left & step right beside left, step left beside right
左足前踏左轉90度, 左轉90度右足併踏, 左足併踏

4-6 Step right back, step left beside right, step right beside left
右足後踏, 左足併踏, 右足併踏

第八段 Basic 1/2 Turn, Basic Back

1-3 Step left forward & turn 1/4 left, turn 1/4 left & step right beside left, step left beside right
左足前踏左轉90度, 左轉90度右足併踏, 左足併踏

4-6 Step right back, step left beside right, step right beside left
右足後踏, 左足併踏, 右足併踏

At the beginning of Wall 10 towards the very end of the song it slows down, adjust the first 6 counts of the dance to the rhythm and the beat kicks in again on count 7 on the word “Shore”.
第十面牆開始時音樂會變慢, 配合音樂旋律調整前面6拍的速度, 第7拍落在唱出”Shore”那個字
