Consider Me Gone (zh)

Count: 48 **Wall:** 2 **Level:** Intermediate/Advanced
Choreographer: Shaz Walton (UK) & Dave Morgan (UK) - 2011年01月
Music: Consider Me Gone - Reba McEntire

前奏： 16 Count Intro. 16拍後起跳

第一段 Rock, Recover, ½ Turn ½ Shuffle, Sweep, Cross Back, Chasse

1,2,3 Rock Back On Left. Recover On Right. Make ½ Turn Right Stepping Back On Left. 左足後下沉, 右足回復, 右轉180度左足後踏

4&5 Making ½ Turn Right Shuffle Forward On Right. On Count 5 Sweep Left Out Into ¼ Turn Right. 右轉180度前交換, 第5拍左足繞右轉90度

6,7 Cross Left Across Right. Step Right Back.
左足於右足前交叉踏, 右足後踏

8&1 Step Left To Left Side. Step Right Beside Left. Step Left To Left Side.
左足左踏, 右足併踏, 左足左踏

第二段 Touch, Walk, Walk, Sycopated Weave, Press Recover Sweep.

2 Touch Right Beside Left. 右足併點

3,4 Walk Right, Walk Left Making ½ Turn Right. (In An Arc)
右足前走, 右轉180度左足前走

5&6& Step Right Across Left. Step Left To Left Side. Step Right Behind Left. Step Left To Left Side.
右足於左足前交叉踏, 左足左踏, 右足於左足後踏, 左足左踏

7,8 Press Right Across Left, Recover On Left. Sweep Right Out.
右足於左足前交叉壓踏, 左足回復, 右足繞至後

第三段 Sailor 1/4 , Twist, Twist, Full Spiral Sweep, Behind Side Cross, Sway

1&2 Step Right Behind Left. Step Left Beside Right Making ¼ Turn Right. Step Right Forward. 右足於左足後踏, 右轉90度左足併踏, 右足前踏

3,4 Pivot On Balls Of Feet ½ Turn Left. Pivot On Balls Of Feet ½ Turn Right. (Weight Even) 左軸轉180度, 雙腳右轉180度

5 Spin On Ball Of Right Foot A Full Turn Left, Sweeping Left Out And Around.
重心在右足左轉圈, 左足繞向後
Easier Option (Sweep Left Forward Out And Around Leaving Full Turn Out)
簡易版:左足繞向前左轉圈

6&7 Step Left Behind Right. Step Right To Right Side. Step Left Across Right.
左足於右足後踏, 右足右踏, 左足於右足前交叉踏

8 Sway Right To Right Side. 右足右踏右擺臀

Restart And Tags
On Wall 5 Dance 24 Counts. Add Following 4 Counts And Restart The Dance.
第五面牆跳至第三段結束, 加下面4拍後, 從頭起跳

1,2,3,4 Sway Left, Sway Right, Sway Left, Sway Right.
擺臀-左, 右, 左, 右

第四段 Sway, Touch & Touch, Ball Cross, Ball Cross, Unwind ¾ Turn, Side Rock Recover.

1 Sway Left To Left Side. 左足左踏左擺臀

2&3 Touch Right Beside Left. Step On Right. Touch Left Beside Right.
右足併點, 右足踏, 左足併點

&4&5 Making ¼ Turn Right. Step Left To Left Side. Step Right Across Left. Step Left To Left Side. Step Right Across Left.
右轉90度左足左踏, 右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

6 Unwind ¾ Turn Left. Weight Ends On Right. 左繞轉270度重心在右足

7,8 Rock Left To Left Side. Recover On Right. 左足左下沉, 右足回復

第五段 Dorothy Steps With ½ Turns.

1,2& Step Left To Left Diagonal. Lock Right Behind Left. Step Left To Left Diagonal. 左足左斜角前踏, 右足於左足後鎖踏, 左足左斜角前踏

3,4& Step Right To Right Diagonal. Lock Left Behind Right. Unwind ½ Turn Left. Weight On Right. 右足右斜角前踏, 左足於右足後鎖踏, 右足右斜角前踏

5-8 Repeat Above 4 Counts. 重覆前面4拍

第六段 Side Rock Recover, Sailor Step, Sycopated Rock Steps.

1,2 Rock Left To Left Side. Recover On Right. 左足左下沉, 右足回復

3&4 Step Left Behind Right, Step Right To Right Side. Step Left Slightly Forward. 左足於右足後踏, 右足右踏, 左足略前踏

5,6& Rock Forward On Right. Recover On Left. Step Right In Place.
右足前下沉, 左足回復, 右足踏

7,8 Rock Forward On Left. Recover On Right. 左足前下沉, 右足回復

Tags At The End Of Wall 2 There Is An 8 Count Tag. 第二面牆結束時, 加8拍

Rock Recover, Shuffle Forward, Rock Recover, Shuffle Back.

1,2 Rock Back On Left. Recover On Right. 左足後下沉, 右足回復

3&4 Step Left Forward. Step Right Beside Left. Step Left Forward.
左足前踏, 右足併踏, 左足前踏

5,6 Rock Forward On Right. Recover On Left. 右足前下沉, 左足回復

7&8 Step Right Back. Step Left Beside Right. Step Right Back.
右足後踏, 左足併踏, 右足後踏