California King (zh)

Count: 0 **Wall:** 4 **Level:** Intermediate/Advanced
Choreographer: Debbie McLaughlin (UK) - 2011年02月
Music: California King Bed - Rihanna : (Album: Loud)

前奏： After 16 counts on lyrics 'Chest to chest...'
PART A A部份, 32拍

第一段 LUNGE, SPIN, SIDE, BEHIND TURN SIDE, ROCK & WALK, WALK

1 2 3 Lunge L to L side (slightly bending L knee), Take weight back onto R and make a full clockwise spin over R shoulder, Step L to L side
左足左曲膝踏(左膝略彎), 右足回復順時針右轉圈, 左足左踏
* This spin can be replaced with a small hitch of the L knee
簡易版, 轉圈改成左膝抬

4& Cross R behind L, Make ¼ turn left stepping L forward (9 o clock)
右足於左足後交叉踏, 左轉90度左足前踏(面向9點鐘)

5 6& Rock R out to R, Recover weight onto L, Step R beside L
右足右下沉, 左足回復, 右足併踏

7 8 Walk forward L, R towards R diagonal (11 o clock)
左足前走, 右足前走(面向斜角11點鐘)

第二段 STEP, TURN, SPIRAL, STEP LOCK STEP, ROCK & SIDE, BACK ROCK

1 2 3 Step forward on L, Pivot ½ turn R taking weight forward onto R, Step forward on L and spiral a full turn over R shoulder keeping weight on L (you will still be on the diagonal and end facing 5 o clock)
左足前踏, 右軸轉180度重心在右足, 左足前踏右螺旋轉圈 (面向5點鐘)

4&5 Step R forward, Lock L behind R, Step R forward (5 o clock)
右足前踏, 左足於右足後鎖踏, 右足前踏(面向5點鐘)

6&7 Rock forward on L, Recover back onto R, squaring up to side wall take large step to L side (3 o clock)
左足前下沉, 右足回復, 左足左一大步(轉正面向3點鐘)

8& Rock back on R, Recover weight back onto L
右足後下沉, 左足回復

第三段 SIDE, BEHIND, SHUFFLE ¼ TURN, STEP TURN STEP, TURN, TURN

1 2 Step R to R side, Cross L behind R
右足右踏, 左足於右足後交叉踏

3&4 Step R to R side, Step L beside R, Make ¼ turn right stepping forward on R (6 o clock)
右足右踏, 左足併踏, 右轉90度右足前踏(面向6點鐘)

5&6 Step L forward, Pivot ½ turn R taking weight forward onto R, Step L forward
左足前踏, 右軸轉180度右足前踏, 左足前踏

7 8 Make ½ turn L stepping back on R, Make ½ turn L stepping forward on L (12 o clock)
左轉180度右足後踏, 左轉180度左足前踏(面向12點鐘)

第四段 SWEEP, CROSS SIDE BEHIND, BEHIND TURN STEP, TURN, CROSS TURN TURN CROSS

1 2&3 Make ¼ turn L whilst sweeping R foot around, Cross R over L, Step L to L side, cross R behind L whilst sweeping L around (9 o clock)
左轉90度右足繞向前, 右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏左足向後繞

4&5 6 Cross L behind R, make ¼ turn R stepping forward on R, Step L forward, Pivot ¼ turn R taking weight onto R
左足於右足後交叉踏, 右轉90度右足前踏, 左足前踏, 右轉90度重心在右足

7& Cross L over R, make ¼ turn L stepping back on R,
左足於右足前交叉踏, 左轉90度右足後踏

8& Make ¼ turn L stepping L to L side, Cross R over L (end facing 9 o clock)
左轉90度左足左踏, 右足於左足前交叉踏(結束在9點鐘)

PART B B部份, 16拍

第一段 SIDE, BACK ROCK, SIDE, BACK ROCK, TURN, STEP TURN SIDE,

1 2& Step L to L side, Rock back on R, Recover weight forward on L
左足左踏, 右足後下沉, 左足回復

3 4& Step R to R side, Rock back on L, Recover weight forward on R
右足右踏, 左足後下沉, 右足回復

5 6 Make ¼ turn L stepping forward on L, Step forward on R
左轉90度左足前踏, 右足前踏

7 8 Pivot ¾ turn L taking weight onto L, Step R to R side
左轉270度重心在左足, 右足右踏

第二段 BEHIND & CROSS & BEHIND & STEP TURN SIDE, BEHIND SIDE CROSS

1&2& Cross L behind R, Step R to R side, Cross L over R, Step R to R side
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏, 右足右踏

3&4 Cross L behind R, Make ¼ R stepping R forward, Step L forward
左足於右足後交叉踏, 右轉90度右足前踏, 左足前踏

5 6 Pivot ¾ turn R taking weight onto R, Step L to L side
右轉270度重心在右足, 左足左踏

7&8 Cross R behind L, Step L to L side, Cross R over L
右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏

TAG 1: Danced facing 6 o clock

SIDE, BEHIND, SIDE, CROSS

1 2 3 4 Step L to L side, Cross R behind L, Step L to L side, Cross R over L
左足左踏, 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏

TAG 2: Danced facing 6 o clock (ends facing 12 o clock)
面向6點鐘起跳, 結束時面向12點鐘

SIDE, BACK ROCK, SIDE, BACK ROCK, TURN, STEP TURN CROSS

1 2& Step L to L side, Rock back on R, Recover weight forward on L
左足左踏, 右足後下沉, 左足回復

3 4& Step R to R side, Rock back on L, Recover weight forward on R
右足右踏, 左足後下沉, 右足回復

5 6 Make ¼ turn L stepping forward on L, Step forward on R
左轉90度左足前踏, 右足前踏

7 8 Pivot ¼ turn L taking weight onto L, Cross R over L
左軸轉90度重心在左足, 右足於左足前交叉踏
