Barbados' Carol (zh)

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Joyce Nicholas (MY) - 2008年09月
Music: Oh Carol - Barbados : (CD: Rosalita)

前奏： Count in: 32 counts – Start on vocals

第一段 Right Side Chasse, Back Rock, Recover, Left Side Chasse, Back Rock, Recover 右追步, 後下沉 回復, 左追步, 後下沉 回復

1&2 Step R to right side, Close L beside R, Step R to right side
右足右踏, 左足併踏, 右足右踏

3-4 Cross rock back on L, Recover onto R
左足於右足後交叉下沉, 右足回復

5&6 Step L to left side, Close R beside L, Step L to left side
左足左踏, 右足併踏, 左足左踏

7-8 Cross rock back on R, Recover onto L (12.00)
右足於左足後交叉下沉, 左足回復(面向12點鐘)

第二段 Kick Ball Step X 2, Pivot ¼ Turn, Right Shuffle Forward
踢 併 踏 2 次, 踏 轉1/4, 前交換

1&2 Kick R forward, Step R beside L, Step forward L
右足前踢, 右足併踏, 左足前踏

3&4 Kick R forward, Step R beside L, Step forward L
右足前踢, 右足併踏, 左足前踏

5-6 Step forward on R, pivot1/4 turn L
右足前踏, 左軸轉90度

7&8 Shuffle forward RLR (9.00)
前交換-右, 左, 右(面向9點鐘)

第三段 Rock Recover, Coaster Step, ¼ Turn Paddle X 2
下沉 回復, 海岸步, 划槳步 2 次

1-2 L rock forward, Recover onto R
左足前下沉, 右足回復

3&4 Step back on L, Close R beside L, Step forward on L
左足後踏, 右足併踏, 左足前踏

5-6 Step forward on R, pivot ¼ turn L transferring weight to L
右足前踏, 左軸轉90度重心在左足

7-8 Step forward on R, pivot ¼ turn L transferring weight to L (3.00)
右足前踏, 左軸轉90度重心在左足(面向3點鐘)

第四段 Step Back, Touch, Clap X 4 後踏 點(拍手) 4 次

1-2 Step back slightly, diagonally on R, Touch L beside R (clap)
面向斜角右足略後踏, 左足併點(拍手)

3-4 Step back slightly, diagonally on L, Touch R beside L (clap)
面向斜角左足略後踏, 右足併點(拍手)

5-6 Step back slightly, diagonally on R, Touch L beside R (clap)
面向斜角右足略後踏, 左足併點(拍手)

7-8 Step back slightly, diagonally on L, Touch R beside L (clap) (3.00)
面向斜角右足略後踏, 左足併點(拍手) (面向3點鐘)

ENDING: Dance will end facing front wall. After the first 4 counts (Chasse to R, Rock back, Recover), take a Big step to L, dragging R to L and pose!
結束：面向前面牆, 跳前面4拍(右追步, 後下沉 回復)後, 左足左一大步, 右足拖併, 擺個姿勢結束