Af En Af (zh)

Count: 0 **Wall:** 2 **Level:** Improver
Choreographer: Gudrun Schneider (DE) - 2011年02月
Music: Af en Af - Kurt Darren

前奏： Start dancing on lyrics (after 16 count)
Part A: 32 count A部份 32拍

第一段 Side Strut, Cross Strut, Side Rock, Cross, Side

1-2 Step right toe side, drop right heel 右足趾右點, 右足踵踏
3-4 Cross left toe over right, drop left heel
左足趾於右足前交叉點, 左足踵踏
5-6 Rock right to side, recover to left (weight to left)
右足右下沉, 左足回復(重心在左足)
7-8 Cross right over left, step left side
右足於左足前交叉踏, 左足左踏

第二段 Behind Strut, Side Strut, Rocking Chair

1-2 Cross right toe behind left, drop right heel
右足趾於左足後交叉點, 右足踵踏
3-4 Step left toe side, drop left heel 左足趾左點, 左足踵踏
5-6 Rock right forward, recover (weight to left)
右足前下沉, 左足回復(重心在左足)
7-8 Rock right back, recover (weight to left)
右足後下沉, 左足回復(重心在左足)

第三段 Step ¼ Turn L, Cross Strut, Vine Left With ¼ Turn, Touch

1-2 Step right forward and ¼ Turn left 右足前踏, 左轉90度
3-4 Cross right toe over left, drop right heel
右足趾於左足前交叉點, 右足踵踏
5-6 Cross step Left behind Right, turn ¼ left
左足於左足後交叉踏, 左轉90度右足踏
7-8 step left forward, touch right together 左足前踏, 右足併點

第四段 ½ Montery Turn 2x

1-2 Touch right to side, step right by left while making ½ turn right on ball of left 右足右點, 右轉180度右足併踏
3-4 Touch left to side, step left together 左足左點, 左足併踏
5-6 Touch right to side, step right by left while making ½ turn right on ball of left 右足右點, 右轉180度右足併踏
7-8 Touch left to side, step left together 左足左點, 左足併踏

TAG: (16 count) 加拍：16拍

第一段 Vine Right, Vine Left

1-2 Step right to side, cross left behind right
右足右點, 左足於右足後交叉踏
3-4 step right to side, touch left together
右足右踏, 左足併點
5-6 step left to side, cross right behind left
左足左踏, 右足於左足後交叉踏

7-8 step left to side, touch right together
左足左踏, 右足併點

第二段 Step Touch Forward With Clap, Step Back Touch With Clap, ¼ Right With Scuff 2x

1-2 step right diagonally right forward, touch left together and clap
右足斜角前踏, 左足併點(拍手)

3-4 step left diagonally left back, touch right together and clap
左足斜角後踏, 右足併點(拍手)

5-6 turn ¼ right, step right forward, scuff
右轉90度右足前踏, 左足前擦踢

7-8 turn ¼ right, step left forward, scuff
右轉90度左足前踏, 右足前擦踢

Part B: 32 count B部份, 32拍

第一段 Out, Out, Back, Close, Side R + L, Close R + L

1-2 Step right slightly forward (out), step left to side (out) (shoulder width) 右足略右前踏, 左足略左前踏(與肩同寬)

3-4 Step right back (in), step left together (in)
右足回踏, 左足併踏

5-6 step right to right, step left to left (shoulder width)
右足右踏, 左足左踏(與肩同寬)

7-8 step right to the middle, step left together
右足回踏, 左足併踏

第二段 Side, Flick, Side, Touch, Step ¼ Turn R, ¼ Hitch Turn R, Step ¼ Turn R, Hitch

1-2 step right, flick left back 右足右踏, 左足後勾

3-4 step left, touch right together 左足左踏, 右足併點

5-6 turn ¼ right, step right forward, turn ¼ right , hitch left knee
右轉90度右足前踏, 右轉90度左膝抬

7-8 turn ¼ right,step left forward, hitch right knee
右轉90度左足前踏, 右膝抬

第三段 Walk 3x, Hitch L, Back 4x

1-4 walk - right - left - right, hitch left knee
前走-右, 左, 右, 左膝抬

5-8 walk back - left - right - left – right
後走-左, 右, 左, 右

第四段 Back, Close, Step, Hold, Step Turn 2x

1-4 step back left, right together, step left forward,- hold
左足後踏, 右足併踏, 左足前踏, 候

5-8 step right forward, ½ turn left, step right forward, ½ turn left
右足前踏, 左轉180度, 右足前踏, 左轉180度

ENDING: last 11 count Part B 結束:B部份最後11拍

Walk 3x, Hitch L, Back 4x

1-4 walk - right - left - right, hitch left knee
前走-右, 左, 右, 左膝抬

5-8 walk back - left - right- left – right
後走-左, 右, 左, 右

Back L, Close, Step

1-2	step back left, right together 左足後踏, 右足併踏
3	Step left forward 左足前踏